

1st Semester (15 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GATE 101 (1)	Gateway to University Life	Fall	
	ENG 110 (3)	University Writing & Research	Fall, Spring	If enrolled in ENG 100, 110 is still required
	GPS 110 or 120 (3)	Global Perspectives	Fall, Spring	110 & 120 can be completed in any order
	<b>AT 150 (2)</b>	<b>Introduction to Athletic Training</b>	Fall, Spring	Required to apply to AT program
	<b>AT 155 (1)</b>	<b>Introduction to Clinical Experience in AT</b>	Fall, Spring	Required to apply to AT program
	<i>PSYC 101 (3)</i>	<i>General Psychology</i>	Fall, Spring	
	Fine Arts (2)	University Foundations	Fall, Spring	See Catalog for course options

2nd Semester (15 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GPS 110 or 120 (3)	Global Perspectives	Fall, Spring	Enroll in the course not completed in the Fall
	<b>BIO 150 (4)</b>	<b>Cell and Molecular Biology</b>	Fall, Spring	Required to apply to AT program
	<b>AT 201 (3)</b>	<b>Practical and Emergency Techniques in AT</b>	Fall, Spring	Required to apply to AT program
	PE 101 (2)	Personal Fitness & Wellness	Fall, Spring	Required for University Foundations
	Math 209 (3)	Inferential Statistics	Fall, Spring	

3rd Semester (18 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GPS 210 or 220 (3)	Global Perspectives	Fall, Spring	210 & 220 can be completed in any order
	<i>Comm 101 (3)</i>	<i>Public Speaking</i>	Fall, Spring	
	<b>AT 220 (3)</b>	<b>General Medical Conditions and Evaluation</b>	Fall	
	<b>AT 230 (2)</b>	<b>Athletic Training Practicum</b>	Fall	Admission to AT program
	<b>AT 305 (3)</b>	<b>Care and Prevention of Athletic Injuries</b>	Fall	
	<b>BIO 311 (4)</b>	<b>Human Anatomy and Physiology I</b>	Fall	Grade of "C" or higher in BIO 150

4th Semester (16 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	<b>AT 235 (2)</b>	<b>Athletic Training Practicum II</b>	Spring	AT 230
	<b>AT 255 (3)</b>	<b>Applied Nutrition</b>	Spring	
	<b>AT 315 (3)</b>	<b>Anatomical Kiniesiology</b>	Spring	AT 312/BIO 311
	<b>AT 326 (4)</b>	<b>Therapeutic Modalities</b>	Spring	
	<b>BIO 312 (4)</b>	<b>Human Anatomy and Physiology II</b>	Fall	Grade of "C" or higher in BIO 311

## NOTES:

- 1 Bold courses must be taken in the semester listed.
- 2 Students should submit application to Athletic Training program by March 1st of Freshman year.
- 3 Italicized courses are required for the AT major.

5th Semester (16 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GPS 210 or 220 (3)	Global Perspectives	Fall, Spring	Enroll in the course not yet completed
	<b>AT 320 (4)</b>	<b>Rehabilitation Techniques in AT</b>	Fall	AT 315
	<b>AT 330 (2)</b>	<b>Athletic Training Practicum III</b>	Fall	AT 235
	<b>AT 422 (4)</b>	<b>Upper Extremity Athletic Injury Assessment</b>	Fall	AT 305
	<b>AT 310 (4)</b>	<b>Exercise Physiology</b>	Spring	AT 312/BIO 311

6th Semester (16 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	Lit/Writing (3)	University Foundations	Fall, Spring	200+ level ENGL course
	<b>AT 335 (2)</b>	<b>Athletic Training Practicum IV</b>	Spring	AT 330
	<b>AT 426 (4)</b>	<b>Lower Extremity Athletic Injury Assessment</b>	Spring	
	<b>AT 410 (3)</b>	<b>Organization and Administration of AT</b>	Spring	
	<b>PE 325 (3)</b>	<b>Principles of Strength and Conditioning</b>	Fall	AT 312/BIO 311

7th Semester (16 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GPS 310 or 320 (3)	Global Perspectives	Fall, Spring	310 & 320 can be completed in any order
	Foreign Language 101 (3)	University Foundations	Fall, Spring	
	General Elective (3)	General Elective	Fall, Spring	
	<b>AT 430 (2)</b>	<b>Athletic Training Practicum V</b>	Fall	AT 335
	<b>AT 480 (2)</b>	<b>Pathology and Pharmacology</b>	Fall	
	<b>PE 403 (3)</b>	<b>Research Methods in Sport Sciences</b>	Fall	

8th Semester (13 hrs.)		Course Title	Term Offered	Prerequisites & Notes
	GPS 310 or 320 (3)	Global Perspectives	Fall, Spring	310 & 320 can be completed in any order
	Foreign Language 102 (3)	University Foundations	Fall, Spring	
	<b>AT 400 (2)</b>	<b>Athletic Training Seminar</b>	Spring	Senior standing in AT program
	<b>AT 435 (2)</b>	<b>Athletic Training Practicum VI</b>	Spring	AT 430
	<b>AT 497 (0)</b>	<b>Exit Examination</b>	Fall, Spring	
	General Elective (3)	General Elective	Fall, Spring	

**Total Credit Hours earned through University CORE & Major = 125 - 126**

**Graduation Requirements:**

- 1 AT majors must maintain a minimum 2.75 cumulative GPA of 2.75.
- 1 Must earn a minimum of 125 credit hours for graduation, including a minimum of 40 credit hours at 300+ level.
- 2 Must maintain minimum cumulative GPA of 2.0 and minimum Major GPA of 2.0.

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**Athletic Training (2019-2020)**

- 3 Must complete the last 30 credit hours of degree at Wingate University.
- 4 Must fulfill Lyceum requirement as outlined in Academic Catalog.