

October 4, 2019

Dear Families,

We realize that raising a preschool child can provide you with many challenges. It is our hope to support you by providing regularly scheduled "Parent Chats" giving us all the opportunity to share successes and challenges we are experiencing at home. Our role is to facilitate and support you in developing strategies to help you and your child. We will provide you with lots of resources and ideas that are easily used at home. Come listen to other parents who are dealing with many of the same challenges and find ways to make life easier at home! Flyers will be sent out monthly as a reminder!

Topics can include, but are not limited to:

- *Why won't my child go to bed?
- *Why will my child only eat chicken nuggets and fries?
- *How can I get my children to stop fighting?
- *Why can't we seem to get out of the house in the morning?
- *How can I support my child's learning at home?

This year we will provide two opportunities monthly to participate! We will hold a chat monthly at New Lebanon School and Old Greenwich School. Please see the following dates for this school year!

Old Greenwich School

Tuesday, November 12, 2019
Tuesday, December 3, 2019
Tuesday, January 7, 2020
Tuesday, February 4, 2020
Tuesday, March 3, 2020
Tuesday, April 7, 2020
Tuesday, May 5, 2020

New Lebanon School

Friday, November 1, 2019
Friday, December 6, 2019
Friday, January 3, 2020
Friday, February 7, 2020
Friday, March 6, 2020
Friday, April 3, 2020
Friday, May 1, 2020

I look forward to seeing you!

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