

# Verbatim

*adjective* | ver·ba·tim | 축 어적으로 | literalmente | 逐字 | doslovně | 逐語的 | từng tiếng một  
: being in or following the exact words : WORD-FOR-WORD  
// a *verbatim* report of life at Cardigan

<b>Monday</b> <i>September 22<sup>nd</sup></i> <b>Verbatim Staff</b> Franklin Chow <i>Editor-in-Chief</i> Deegan Blasko <i>Reporter</i> Diego Escalante <i>Reporter</i>	<b>Verbatim Staff</b> Victor Zhu <i>Reporter</i> Mike Lee <i>Photographer</i> Pi Mongkhonvanit <i>Formatter</i> Ms. Kidder <i>Faculty Advisor</i>
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## Walking the Caminos

Diego Escalate  
*Reporter*

Mrs. Brondel:

### What is the History of the Camino and what does it symbolize in Europe?

The pilgrimage of the Camino actually goes back to the middle ages. It really started was that the catholic church had this as a pilgrimage once they brought back the remains of the cathedral, St. James. People could absolve their sins by walking all the way to Santiago de Compostela and think about what sins they had committed. This is how it started. This is history. For a long time even while I was growing up south of Europe it was always something that was associated with religion, specifically the Catholic religion. So I never really considered doing it until I figured out that nowadays, it is more of a spiritual or emotional journey for most people rather than a religious one.

### What was your favorite part of this experience?

I enjoyed a lot of it actually. Geographically speaking, I would say Nevada. Spiritually speaking, I think just the fact that you have this entire long daily walk to really do some internal soul searching is great. At the same time, if you want to be social there is always somebody there to talk to. What's amazing about this is that pretty much everybody that I have talked to on the Camino had something new to teach me. Whether or not I necessarily had something in common with them was almost irrelevant. It was if you really listen to what people have to say there is always something to learn from almost everybody. So those are probably my favorite pieces. Architecturally, I really like Spain. It's interesting to see when you are walking it at a slower pace than... say a car for example. Seeing the changes in the landscape and also just the changes in architecture depending on where you are on the Camino is great.

### What kinds of people were on the trail?

We met everyone from Americans to Australians to people from anywhere in Europe. I met many Italians and also a Canadian. There were people literally from all walks of life and all geographic areas of the globe.

### Did you get to walk any portions of the Camino with your family?

So I didn't walk any portions with them but the interesting piece is my sister-in-law's sister lives in León. León has a very famous and large cathedral. Obviously, I already knew León because we've been there multiple times to visit. We ended up meeting up with her and staying an extra night in León. We really had a beautiful time there in the antique portion of the city. So we did a little bit of sightseeing that we hadn't done before with her. Then we just enjoyed what the Capital of Castilla has to offer, which was a very good time. It just so happens that it was right in the middle of the Camino so we stayed an extra day there and didn't walk on that Sunday, but it split the journey quite nicely. The interesting piece is that my brother, who had never really been much of a hiker, lived it through us by receiving pictures and kind of hearing about our experience, is now thinking about doing the trip next summer with us.



Mr. Salamone

Photo Smugmug/Mr Salamone

Mr. Salamone:

### Describe your experience on the Camino's?

The first Camino I walked was the Camino Francés from southern France to Santiago in 2017. In the year 2018, I walked the Camino Portugués from Porto in Portugal to Santiago. The one I walked this last summer was entirely in Spain. That's the shortest one I've walked so I've gone down in mileage. The Camino is great, it fostered a sense of community. You wake up in the morning and you really only have the goal of essentially making it as far as you can go, physically and mentally. The Camino also provides a lot of diversions. When you meet different people, you might want to stop with them for that night. You might pass through a small town that you weren't anticipating stopping in. You didn't really plan for it but you end up doing so anyway because it is so interesting. There's a lot of freedom that comes with walking the Camino so its liberating in that sense.

### Which of the three Camino's that you've walked was your favorite?

I would say by far my favorite was the Camino Francés in 2017, it was the longest one I've walked. It's also considered the classical route. One of the original routes. It's also probably the most popular. It's the one that a lot of people have walked. It's featured in films and talked about in poetry and a lot of different books. It was the first one I did and it is definitely my favorite because I think it is has the most historical elements of that particular region of Spain. Each one is a little bit different with a different flavor literally and figuratively, because the food changes as you move along. It was definitely my favorite one.

### What kind of people did you meet? Is there anyone that you really connected with?

Sure absolutely. I mean there's a lot of people. It's kind of hard to narrow it down. I would say on my first Camino in Francés, I met a gentleman from Ireland. It was totally by chance. I was walking a very long stage during very hot weather, so I took a break at about four o'clock in the afternoon. I sat in front of this little cafe and there was this guy with a very long beard from Northern Ireland and he had been walking the Camino for a while too. It turns out we had a connection because we both studied Irish history and his family was related to a famous family in Ireland that was connected with the movement for Irish independence in 1916. That just kind of goes to show you that when you want to stop you should probably stop, because you are going to find interesting people. You are going to have these experiences that you might not otherwise have. So, listen to your gut instincts and stop along the way.

# Culture

We want to hear your opinion about the Verbatim!

1. What can we improve on?

2. What do you like about the verbatim?

**How to submit?**

**Either write down your opinion on this edition of the Verbatim or send an email to Franklin.**



Autumn

Photo Mike Lee

Fall has always been the season related to growth. With Mid-Autumn rapidly approaching, the foliage becomes of a red, almost dark hue, which created a beautiful view. We as the Cardigan community are at the stage of maturing and thriving. After the first two weeks of school, most students in the community are already becoming familiar with Cardigan's life. Students are continuing to show improvements in the classes and on the fields, and showing no signs of fatigue from the new schedule. Brotherhood was established. With the upcoming Mountain Day, Lake Run, and many other surprising events, it is guaranteed that we are having an exciting future in front of us. Also as a side note, SAY GOODBYE TO SHORTS

## The World According to Mr. Gartner

Mr. Gartner  
PhD in Knowledge

- 1) Cats produce no milk
- 2) Hummingbirds can fly backwards
- 3) Montana once had a bison elected governor
- 4) Squinting improves vision
- 5) Bowling was originally played with people as the pins
- 6) Trees do not make a sound when they fall in the forest
- 7) Bill Gates originally made his fortune as an alpaca farmer
- 8) Mr. White doesn't have feeling in his right arm
- 9) People with two left feet are actually incredible dancers
- 10) If it's in the paper, you know it's true



### Fall Foliage

Victor Zhu  
Reporter

### First day of clubs!

"The club was at my house, but Ms. Park was in charge. I didn't really do anything. They didn't cook anything I liked..." ~Mr. Langetieg

"It was fun hanging out with friends and the food was great." ~Ethan Lo

"It was pretty fun. Cool to try something new" ~Charlie Knapp

"I felt engaged. Good to see new kids talking about the topic we chose, disagreeing and agreeing." ~Justin Lee

"It was very fun, and everybody was participating a lot and everyone was engaged." ~Andy Yoon

"It was fun." ~Teddy Stettinius

"It's really exciting, kids are already building rockets on the first day." ~Mr. Auerbach

"It was... ecstatic." ~Ved Bhat

"Nice." ~Cillian Clark

## Guess the Animal!

Here is a close-up picture of an animal. Take your best shot at guessing the name of this animal. **The answer** will be revealed in next week's issue!

**Good Luck!!!**

