

Rankin County School District

Nov 1, 2019 thru Nov 30, 2019

Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

Page 1

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Fri - 11/01/2019 | | |
| 9-12 High School Self Serv | Total | |
| Cheeseburger 2.5 oz PattyMS728 | 1 each | 33.82 |
| Mozzarella Cheese Sticks #1300 | 5 Sticks | 43.4 |
| Crinkle Cut Fries Baked MS1088 | 1/2 cup | 12.15 |
| Vegetable Juice, 6 oz., CRU,MS | 3/4 cup | 23.0 |
| Pineapple Tidbits MS1286 | 1/2 cup | 18.87 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 1.0 |
| Mustard, PC, MS1538 | 1 packet | 0.29 |
| Ketchup PC MS1528 | 1 packet | 3.0 |
| Vanilla Pudding MS1486 | 1/2 cup | 27.43 |
| Weighted Daily Average | | 114.84 |
| % of Calories | | 58.3% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Mon - 11/04/2019 | | |
| 9-12 High School Self Serv | Total | |
| Roasted Chicken USDA | 1 serving | 0.0 |
| Roll, Enriched Mer 2oz MS13 | Roll - 2 oz. | 31.0 |
| Tuna Salad Croissant | 1 each | 29.97 |
| Mashed Potatoes MS1078 | 1/2 cup | 15.12 |
| Brown Gravy, Package MS1506 | 2 ounces | 5.18 |
| Broccoli w/Cheese Sauce MS1012 | 1/2 cup | 7.67 |
| Field Peas, Frozen MS1068 | 1/2 cup | 21.17 |
| Mandarin Fruit Cup MS1254 | 1/2 cup | 16.28 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Chocolate Pudding MS1474 | 1/2 cup | 23.78 |
| Weighted Daily Average | | 104.89 |
| % of Calories | | 63.5% |
| Nutrient Guideline | | |

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Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

Page 2

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------|---------------|----------|
| Tue - 11/05/2019 | | |
| 9-12 High School Self Serv | Total | |
| Spaghetti&MeatSauceRCSD MS178 | 1 serving | 27.33 |
| Toast, Garlic WW MS1351 | 1 slice | 15.0 |
| Chef Salad, Elementary, MS601 | 1 salad | 15.7 |
| Croutons, Enriched, MS1317 | 1 ounce | 14.0 |
| Saltine Crackers, 2 grain | 4-count packs | 9.0 |
| Pizza, Stuffed Crust MS304 | 1 slice | 36.0 |
| Tossed Salad w/Drsg | 1/2 cup | 21.32 |
| Pasta Salad (Ranch) | 1/2 cup | 20.64 |
| Turnip Greens, Southern MS1046 | 1/2 cup | 3.43 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Apple and Orange Wedges MS1240 | 1/2 cup | 13.45 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Fruit Crisp MS1412 | 1 serving | 45.51 |
| Weighted Daily Average | | 123.16 |
| % of Calories | | 58.5% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Wed - 11/06/2019 | | |
| 9-12 High School Self Serv | Total | |
| Southern Chicken Sandwich | 1 | 42.0 |
| Hot Ham and Cheese Croissant | 1 each | 29.89 |
| Baked Sweet Potato/Marg.MS1076 | 1 each | 26.16 |
| Chips, Nacho | Bag | 20.0 |
| Broccoli Salad (Ranch)MS1106 | 1/2 cup | 6.54 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Strawberries, Frozen MS1294 | 1/2 cup | 12.12 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 1.0 |
| Mustard, PC, MS1538 | 1 packet | 0.29 |
| Cinnamon Rolls 2gr WG FRZ-OVN | 1 roll | 45.15 |
| Weighted Daily Average | | 140.83 |
| % of Calories | | 58.2% |
| Nutrient Guideline | | |

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Rankin County School District

Nov 1, 2019 thru Nov 30, 2019

Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

Page 3

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Thu - 11/07/2019 | | |
| 9-12 High School Self Serv | Total | |
| Vegetable Beef Soup MS816 | 1 cup | 12.27 |
| Grill Cheese Sand 1 oz MS762 | sandwich | 28.46 |
| All American Sub Sandwich | 1 sandwich | 34.3 |
| Mexican Pizza MS302 | 1 slice | 30.0 |
| Whole Kernel Corn, CND, MS1032 | 1/2 cup | 19.66 |
| Green Beans, Canned, MS1036 | 1/2 cup | 4.45 |
| Raw Veggies w/Dip | 1/2 cup | 21.34 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Chilled Blushing Pears, MS1276 | 1/2 cup | 18.91 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Assorted Gelatin w/ Top MS1450 | 1/2 cup | 19.38 |
| Weighted Daily Average | | 118.75 |
| % of Calories | | 63.1% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|-----------------|----------|
| Fri - 11/08/2019 | | |
| 9-12 High School Self Serv | Total | |
| Bacon Burger 2 oz PattyMS702 | 1 each | 33.45 |
| Corn Dog MS744 | 1 each | 0.0 |
| Spicy Fries, Baked MS1100 | 1/2 cup | 20.76 |
| Tomatoes&Carrots w/Dip, MS1131 | 1/2 cup serving | 22.93 |
| Chilled Peach Slices MS1274 | 1/2 cup | 17.49 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 1.0 |
| Mustard, PC, MS1538 | 1 packet | 0.29 |
| Ketchup PC MS1528 | 1 packet | 3.0 |
| Cookie,Oatmeal RaisinPurMS1432 | 1 cookie | 16.0 |
| Weighted Daily Average | | 102.50 |
| % of Calories | | 52.0% |
| Nutrient Guideline | | |

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9-12 High School Self Serv

Portion Values - Detailed

Page 4

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Mon - 11/11/2019 | | |
| 9-12 High School Self Serv | Total | |
| Chicken Pieces/Honey BBQ Sc MS | 1 Serving | 31.0 |
| Biscuit, 2 ENR, MS1626 | 1 biscuit | 28.0 |
| Hot Ham and Cheese Croissant | 1 each | 29.89 |
| Green Beans, Canned, MS1036 | 1/2 cup | 4.45 |
| Baked Beans MS1000 | 1/2 cup | 36.85 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Fruit Juice, Assort, 4, MS1246 | 1 4-oz. cup | 16.3 |
| Fresh Oranges MS1268 | 1 each | 15.22 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Cookie,Oatmeal RaisinPurMS1432 | 1 cookie | 16.0 |
| Weighted Daily Average | | 120.68 |
| % of Calories | | 55.0% |
| Nutrient Guideline | | |

| | | |
|--------------------------------|---------------|--------|
| Tue - 11/12/2019 | | |
| 9-12 High School Self Serv | Total | |
| Cheesy Chicken Over/Rice MS516 | 1 serving | 29.37 |
| Roll, Enriched Mer 2oz MS13 | Roll - 2 oz. | 31.0 |
| Chicken Tender Chef Salad | 1 salad | 23.98 |
| Saltine Crackers, 2 grain | 4-count packs | 9.0 |
| Croutons, PC, .5 Gram,PC,#1318 | 1 packet | 9.0 |
| Pizza, Stuffed Crust MS304 | 1 slice | 36.0 |
| Mixed Vegetables MS1060 | 1/2 cup | 15.08 |
| Broccoli w/Cheese Sauce MS1012 | 1/2 cup | 7.67 |
| Lima Beans, Frozen MS1004 | 1/2 cup | 16.32 |
| Strawberries, Frozen MS1294 | 1/2 cup | 12.12 |
| Chilled Blushing Pears, MS1276 | 1/2 cup | 18.91 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Southern Mud MS1416 | 1 square | 44.64 |
| Weighted Daily Average | | 111.35 |
| % of Calories | | 57.3% |
| Nutrient Guideline | | |

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Rankin County School District

Nov 1, 2019 thru Nov 30, 2019

Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

Page 5

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Wed - 11/13/2019 | | |
| 9-12 High School Self Serv | Total | |
| Italian Rotini CasseroleMS148 | 3/4 Cup | 29.56 |
| Bread/Mozz. Cheese Stic 1MS924 | 1 breadstick | 15.0 |
| Ranch Club Wrap Mer MS772 | 2 halves | 30.11 |
| Pinto Beans MS912 | 1/2 cup | 26.17 |
| Mexicali Corn MS1030 | 1/2 cup | 30.26 |
| Tossed Salad w/Drsg MS1126 | 1/2 cup | 21.32 |
| Chilled Peach Slices MS1274 | 1/2 cup | 17.49 |
| Fresh Bananas MS1220 | 1 each | 26.95 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Cookie,Chocolate ChipPurMS1428 | 1 cookie | 16.0 |
| Weighted Daily Average | | 118.08 |
| % of Calories | | 56.1% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|----------------|----------|
| Thu - 11/14/2019 | | |
| 9-12 High School Self Serv | Total | |
| Chicken & Sausage Gumbo MS800 | 2/3 cup w/rice | 33.38 |
| Toast, Garlic WW MS1351 | 1 slice | 15.0 |
| Yogurt/Brfst Bread Plate | plate | 58.0 |
| Mexican Pizza MS302 | 1 slice | 30.0 |
| Squash, Summer: MS1127 | 1/2 cup | 6.26 |
| Carrots, Baby w/ Dip, MS#1017 | 1/2 cup | 25.24 |
| Green Peas, Canned MS1071 | 1/2 cup | 14.26 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Fruit Cocktail MS1248 | 1/2 cup | 14.91 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Banana Pudding MS1466 | 1/2 cup | 36.62 |
| Weighted Daily Average | | 121.21 |
| % of Calories | | 63.4% |
| Nutrient Guideline | | |

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Base Menu Spreadsheet

9-12 High School Self Serv

Portion Values - Detailed

Page 6

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Fri - 11/15/2019 | | |
| 9-12 High School Self Serv | Total | |
| Cheeseburger 2.5 oz PattyMS728 | 1 each | 33.82 |
| Grilled Chicken Sandwich MS764 | 1 each | 33.21 |
| Spicy Fries, Baked MS1100 | 1/2 cup | 20.76 |
| Whole Kernel Corn, CND, MS1032 | 1/2 cup | 19.66 |
| Pineapple Tidbits MS1286 | 1/2 cup | 18.87 |
| Mandarin Oranges | 1/2 cup | 21.45 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 1.0 |
| Mustard, PC, MS1538 | 1 packet | 0.29 |
| Ketchup PC MS1528 | 1 packet | 3.0 |
| Brownies, Mix, Enriched MS1400 | 1 piece | 26.01 |
| Weighted Daily Average | | 126.93 |
| % of Calories | | 56.5% |
| Nutrient Guideline | | |

| | | |
|--------------------------------|-----------|--------|
| Mon - 11/18/2019 | | |
| 9-12 High School Self Serv | Total | |
| Hot Ham and Cheese Croissant | 1 each | 29.89 |
| Breaded Chicken Sandwich | 1 each | 45.38 |
| Chips, Nacho | Bag | 20.0 |
| Lima Beans Dried CanMS1005 | 1/2 cup | 21.65 |
| Baked Beans MS1000 | 1/2 cup | 36.85 |
| Chilled Pears MS1282 | 1/2 cup | 18.23 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 1.0 |
| Mustard, PC, MS1538 | 1 packet | 0.29 |
| Ketchup PC MS1528 | 1 packet | 3.0 |
| Cookie, Sugar, Pur WGR, MS1436 | 1 cookie | 17.0 |
| Weighted Daily Average | | 122.20 |
| % of Calories | | 58.0% |
| Nutrient Guideline | | |

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Portion Values - Detailed

Page 7

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Tue - 11/19/2019 | | |
| 9-12 High School Self Serv | Total | |
| Chili w/o beans w/corn chips | 1/2 cup | 19.52 |
| Bread/Mozz. Cheese Stic 1MS924 | 1 breadstick | 15.0 |
| Spicy Chicken Sand MS736 | 1 each | 50.17 |
| California Vegetables MS1054 | 1/2 cup | 5.67 |
| Green Peas, Canned MS1071 | 1/2 cup | 14.26 |
| Tossed Salad w/Drsg | 1/2 cup | 21.32 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Fresh Oranges MS1268 | 1 each | 15.22 |
| Strawberries, Frozen MS1294 | 1/2 cup | 12.12 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Assorted Gelatin w/ Top MS1450 | 1/2 cup | 19.38 |
| Weighted Daily Average | | 105.40 |
| % of Calories | | 51.3% |
| Nutrient Guideline | | |

| | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Wed - 11/20/2019 | | |
| 9-12 High School Self Serv | Total | |
| Hot Dog WG MS778 | 1 each | 2.0 |
| Pizza, Stuffed Crust MS304 | 1 slice | 36.0 |
| Glazed Carrots MS1018 | 1/2 cup | 9.28 |
| Broccoli w/Cheese Sauce MS1012 | 1/2 cup | 7.67 |
| Field Peas, Frozen MS1068 | 1/2 cup | 21.17 |
| Fruit Cocktail MS1248 | 1/2 cup | 14.91 |
| Fresh Fruit Bowl VarietyMS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt.PF MS1700 | 1/2 pint | 19.0 |
| Milk, FFStrwbr,1/2 pt.PFMS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van,1/2 pt.Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt,PFMS1708 | 1/2 pint | 11.0 |
| Southern Mud MS1416 | 1 square | 44.64 |
| Weighted Daily Average | | 96.09 |
| % of Calories | | 63.5% |
| Nutrient Guideline | | |

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Portion Values - Detailed

Page 8

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|------------------------------------|---------------|----------|
| Thu - 11/21/2019 | | |
| 9-12 High School Self Serv | Total | |
| Turkey & Dressing Supreme MS568 | 1 Piece | 33.3 |
| Cranberry Sauce Portion MS1230 | 1 ounce | 11.29 |
| Roll, Enriched Mer 2oz MS13 | Roll - 2 oz. | 31.0 |
| Chef Salad, Elementary, MS601 | 1 salad | 15.7 |
| Croutons, PC, .5 Gram, PC, #1318 | 1 packet | 9.0 |
| Saltine Crackers, 2 grain | 4-count packs | 9.0 |
| Sweet Potato Casserole MS1128 | 1/2 Cup | 50.73 |
| Green Beans, Canned, MS1036 | 1/2 cup | 4.45 |
| Whole Kernel Corn, CND, MS1032 | 1/2 cup | 19.66 |
| Fresh Fruit Bowl Variety MS1244 | 1 each | 21.72 |
| Orange Kiwi Fruit Cup | 1/2 cup | 19.71 |
| Strawberries, Frozen MS1294 | 1/2 cup | 12.12 |
| Milk, FF Choc 1/2 pt. PF MS1700 | 1/2 pint | 19.0 |
| Milk, FF Strwbr, 1/2 pt. PF MS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van, 1/2 pt. Bo MS1704 | 1/2 pint | 32.0 |
| Milk, FF White 1/2 pt. PF MS1706 | 1/2 pint | 11.0 |
| Yellow Cake Cream Cheese Icing | Serving | 85.12 |
| Weighted Daily Average | | 200.22 |
| % of Calories | | 67.6% |
| Nutrient Guideline | | |

| | | |
|------------------------------------|-----------|--------|
| Fri - 11/22/2019 | | |
| 9-12 High School Self Serv | Total | |
| Cheeseburger 2.5 oz Patty MS728 | 1 each | 33.82 |
| Mozzarella Cheese Sticks #1300 | 5 Sticks | 43.4 |
| Crinkle Cut Fries Baked MS1088 | 1/2 cup | 12.15 |
| Baked Beans MS1000 | 1/2 cup | 36.85 |
| Pineapple Tidbits MS1286 | 1/2 cup | 18.87 |
| Fresh Fruit Bowl Variety MS1244 | 1 each | 21.72 |
| Milk, FF Choc 1/2 pt. PF MS1700 | 1/2 pint | 19.0 |
| Milk, FF Strwbr, 1/2 pt. PF MS1702 | 1/2 pint | 22.0 |
| Milk, FF, Van, 1/2 pt. Bo MS1704 | 1/2 pint | 32.0 |
| Milk, LF White 1/2 pt. PF MS1708 | 1/2 pint | 11.0 |
| Mayonnaise PC Reduce Ft MS1534 | PC Packet | 1.0 |
| Mustard, PC, MS1538 | 1 packet | 0.29 |
| Ketchup PC MS1528 | 1 packet | 3.0 |
| Vanilla Pudding MS1486 | 1/2 cup | 27.43 |
| Weighted Daily Average | | 116.35 |
| % of Calories | | 58.4% |
| Nutrient Guideline | | |

| | | |
|----------------------------|-------|--------|
| Mon - 11/25/2019 | | |
| 9-12 High School Self Serv | Total | |
| HOLIDAY | 1 | *N/A* |
| Weighted Daily Average | | *N/A* |
| % of Calories | | *N/A%* |
| Nutrient Guideline | | |

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9-12 High School Self Serv

Portion Values - Detailed

Page 9

Generated on: 10/2/2019 3:35:24 PM

| | Portion Size | Carb (g) |
|--------------------------------------|--------------|-----------------|
| Tue - 11/26/2019 | | |
| 9-12 High School Self Serv HOLIDAY | Total 1 | *N/A* |
| Weighted Daily Average % of Calories | | *N/A* *N/A%* |
| Nutrient Guideline | | |

| | | |
|--------------------------------------|------------|-----------------|
| Wed - 11/27/2019 | | |
| 9-12 High School Self Serv HOLIDAY | Total 1 | *N/A* |
| Weighted Daily Average % of Calories | | *N/A* *N/A%* |
| Nutrient Guideline | | |

| | | |
|--------------------------------------|------------|-----------------|
| Thu - 11/28/2019 | | |
| 9-12 High School Self Serv HOLIDAY | Total 1 | *N/A* |
| Weighted Daily Average % of Calories | | *N/A* *N/A%* |
| Nutrient Guideline | | |

| | | |
|--------------------------------------|------------|-----------------|
| Fri - 11/29/2019 | | |
| 9-12 High School Self Serv HOLIDAY | Total 1 | *N/A* |
| Weighted Daily Average % of Calories | | *N/A* *N/A%* |
| Nutrient Guideline | | |

| | | |
|------------------|--|----------------|
| Weighted Average | | 92.31 58.7% |
|------------------|--|----------------|

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 92.31 | 58.72% | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.