

# King Chronicle

Tricia Bentley, Principal  
Linda Donelson, AP



Cynthia Stebbins, Counselor  
Main: (719) 391-3455  
Attendance: (719) 391-3456  
Text to Excuse (719) 482-6446

*"At King Our Lives Have Strong Beginnings."*

October, 2019



The Book Fair will be open October 14th - October 18th. Each classroom 1st - 5th will get a chance to come during their library times. It will also be open during Parent/Teacher conferences. Below are the hours that the Book Fair will be open outside of school times. Kindergarten parents, please shop with your student during your conference time. It's an overwhelming experience for our Kinder students to shop as a classroom. Thank you for your understanding.

## October 14 - 16, 2019

### Before School

7:45am - 8:15am

### After School

3:20pm - 3:45pm

## Parent/Teacher Conference Days

### Thursday, October 17

7:45am - 11:30am

12:00pm - 5:00pm

6:00pm - 7:15pm

### Friday, October 18

8:00am - 11:00am

## **Red Ribbon Week October 21-25**

**Monday: Team Up Against Drugs**

***(Wear favorite sports shirt)***

**Tuesday: Too Smart for Drugs**

***(Dress like a scholar)***

**Wednesday: Lay off Drugs**

***(Wear Pajamas)***

**Thursday: King Vows to Be Drug Free**

***(Wear Blue & Gold or a King Shirt)***

**Friday: Put a Cap on Drugs**

***(Crazy Hat Day)***



## Student Led Parent/Teacher Conferences

Parent/Teacher/Student Conferences will be held on Thursday, October 17th from 7:40 a.m. to 7:20 p.m. and on Friday, October 18th, from 7:30 a.m. to 11:30 a.m. Conference scheduling will be done online this school year, a website link will be sent out via class DOJO. Please keep an eye out for information next week. **Please bring your child to conferences! Your child will play a very big role in guiding the discussion.**

Each conference will be 20 minutes long. If you have more than one student attending King Elementary, we suggest you schedule them to follow one another. We ask that you try to keep the scheduled time as it is very important for our teachers to tend to all families. **Any rescheduling after Oct 16th will need to be done through the front office.**

### Classroom Treats Reminder

All treats for birthdays and designated school-wide celebrations must be store purchased and brought to the Front Office 24 hours in advance. Food items must have both an Ingredients label and a Nutrition Facts label on the packaging. There must be 0g Trans Fat in the product. This is accordance with WSD3's Student Wellness Policy.



Thank you

### FUNd RUN Times October 10th

9:00am-9:30am-5th Grade  
9:40am-10:10am-1st Grade  
10:15am-10:45am-2nd Grade  
1:00pm-1:30pm-Kinder  
1:35pm-2:05pm 3rd Grade

### From the Nurse

Greetings King students and families!

I hope everyone had a happy and healthy September! Cold and flu season is right around the corner. Please continue to encourage frequent handwashing with your families. In Colorado, the 2018-19 influenza season had the second highest number of influenza-associated hospitalizations reported in a season. (Colorado Dept. of Public Health and Environment) Two of the best ways to prevent the flu are frequent handwashing and getting a flu shot. For help finding flu shots in your area, you can visit [www.vaccinefinder.org](http://www.vaccinefinder.org). And for more information about the flu you can visit <https://www.cdc.gov/flu/prevent/index.html>. I'm also always happy to hear from you and answer questions.

5th grade parents: Please look for a permission slip coming home soon with your students to participate in the growth and development video and discussion we have with our 5th graders every year. This is a great opportunity for our students to learn valuable information and serves as a stepping stone to questions and discussions they can have at home with their families.

Warm Regards,

Janine Kappelmann BSN, RN  
School Nurse Consultant  
Widefield District 3  
Office: 719-391-3455  
Cell: 719-290-6423



### How to Have Good Mornings and Avoid the "Struggle Bus"

- Wake your student early to allow them enough time to get ready.
- Eat breakfast with them
- Great conversation starters:

- \* What are you looking forward to today?
- \* What are you going to learn today?
- \* How can I help you succeed today?

-Affirmations: School can be challenging for students. Tell them you believe in them and think they are wonderful

-If there is family conflict, do not address it before school. Help your child have positive thoughts before the bell rings. Address conflicts after school.

-Let your child know about their after-school arrangements.

-Give your child a type of physical affection before parting for the school day. Intentional physical touch releases beneficial chemicals into our brains.

### How to Have Success After School:

-Instead of asking your child, "How was school?" ask them:

- \* What was the best part of your day?
- \* What part of the day was the hardest?
- \* What did you learn today?

-Have your child pack their backpack and/or lunch the night before school.

-Help your child with their homework; praise them for completing their homework.

### Fostering Growth Mindset

"In September, the NED show came to our school to discuss the importance of Growth Mindset. They taught students to never give up, encourage others, and do their best. When things get tough, it might be helpful to remind your student of this message to encourage them to continue pushing forward to grow their brains! A fun chant the kids love is, "Go, brain, go! Brain freeze no!"

We appreciate your continued support of King and your student, and encourage you to reach out to us with any questions or concerns.

Thanks!

Cynthia Stebbins  
King Elementary Counselor

### Attendance Information

Remember that King has a text line to report absences at anytime: 719-482-6446. This is ONLY a TEXT line, calls cannot be accepted.

After school messages need to be called in before 3:00pm to insure the message can be delivered on time.

We will not call students out of class prior to your arrival.

Please plan accordingly if you pick up your child during lunch and recess times, it may take longer to retrieve your student.


### Lunch Times:

Kinder 11:15am-11:50am  
1st Grade 11:25am-12:00pm  
2nd Grade 11:35am-12:10pm  
3rd Grade 11:45am-12:20pm  
4th Grade 12:05pm-12:40pm  
5th Grade 11:55 am-12:30pm



# October 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Blue</i>	2 <i>Gold</i>	3 <i>Cougar</i>	4 <i>Blue</i>	5
		<i>Choir 7:30am</i> <i>PTO Meeting</i>	<i>Choir 7:30am</i>			
6	7 <i>October Day</i> <b>No School</b>	8 <i>Gold</i>	9 <i>Cougar</i>	10 <i>Blue</i>	11 <i>Professional Development</i> <b>NO SCHOOL</b>	12
		<i>Choir 7:30am</i>	<i>Choir 7:30am</i>	<b>FUND RUN</b> <i>1st quarter ends</i>		
13	14 <i>Gold</i>	15 <i>Cougar</i>	16 <i>Blue</i>	17 <b>Parent/Teacher Conferences</b> <b>NO SCHOOL</b> <i>Report Cards Go Home</i>	18 <b>Parent/Teacher Conferences</b> <b>NO SCHOOL</b> <i>Report Cards Go Home</i>	19
	<i>Columbus Day</i> <i>Intramurals 3rd-5th</i> <i>2nd quarter begins</i>	<i>Choir 7:30am</i> <i>Intramurals 1st-2nd</i> <i>Student Picture Retakes</i>	<i>Choir 7:30am</i>			
20 	21 <i>Gold</i>	22 <i>Cougar</i>	23 <i>Blue</i>	24 <i>Gold</i>	25 <i>Cougar</i>	26
	<i>Intramurals 3rd-5th</i> <b>(Sports shirt day)</b>	<i>Choir 7:30am</i> <i>Intramurals 1st-2nd</i> <b>(Dress like a scholar)</b>	<i>Choir 7:30am</i> <b>(Wear Pajamas)</b>	<b>(Wear Blue &amp; Gold)</b>	<b>(Crazy Hat Day)</b>	
27	28 <i>Blue</i>	29 <i>Gold</i>	30 <i>Cougar</i>	31 <i>Blue</i> <i>Renaissance Assemblies</i> <i>K-2 9-10 am</i> <i>3-5 10-11 am</i> <b>Halloween</b>		
	<i>Intramurals 3rd-5th</i>	<i>Choir 7:30am</i> <i>Intramurals 1st-2nd</i>	<i>Choir 7:30am</i>			

## Important Dates

Tues., October 1 PTO Meeting  
**Monday, Oct 7 NO SCHOOL**  
 Thurs., October 10 King's FUN'd Run  
 Thurs., October 10 End of 1st Quarter  
**Friday, October 11 NO STUDENTS**  
 Tuesday, October 15 Picture Retakes  
**Thurs., October 17 NO SCHOOL FOR STUDENTS**  
**Parent/Teacher Conferences**  
**Friday, October 18 NO SCHOOL FOR STUDENTS**  
**Parent/Teacher Conferences**  
**October 21-25 Red Ribbon Week**  
**Monday-Sports Day-Team Up Against Drugs**  
**Tuesday-Scholar Day-Too Smart for Drugs**  
**Wednesday-Lay off drugs-Wear Pajamas**  
**Thursday-Blue & Gold Day-King Vows to Be Drug Free**  
**Friday-Crazy Hat Day-Put a Cap On Drugs**

Thurs. October 31 Renaissance Assemblies  
 Fall Parties, Students may dress up:  
**No make up, No face covering masks**  
**Nothing scary, No inappropriate accessories**  
 Come dressed - there will be no time to change

**\*\*Updated Times\*\***  
**Renaissance Assembly Times:**

*K-2: 9-10am*  
*3-5: 10-11 am*



**Please only send items for fall celebrations if requested by teacher! All snack policies should be followed.**

# King Elementary FUNd Run 2019 "Running for the FUNd of it" Thursday, October 10, 2019

**\$15,000 Goal**



**We Can Do It!!**

## **What is the FUNd Run?**

- *A school-wide event in which all students and staff participate.*
- *Participants will: 1) get pledges, 2) run or walk as many laps as they can in a 15 minute period, and 3) collect money based on laps completed or by flat donation*

## **What is the goal of the FUNd Run?**

- To include the entire King community in a fun, fitness-based fundraiser to support increasing technology in the classrooms, and school. As well as supporting our after school clubs and activities.

Every student will receive a FUNd Run t-shirt and a healthy snack. Students and staff will jog a one-tenth mile course for 15 minutes, doing as many laps as they can. All students will participate whether they have pledges or not. (The timed running/walking will take place during their "specials" time on that day.)

Sponsors can pledge per lap or a flat amount. Most kids are able to run between 10 and 20 laps in the allotted time. Please do not allow your children to go door-to-door alone to solicit pledges. If your family prefers not to solicit pledges for this fundraiser, please consider making a flat donation.

**Once laps are tallied, we will record lap totals on their pledge envelopes. Students should then go back to their sponsors to collect pledge money.  
(Please make checks payable to King Elementary School.)**

***This year donations can also be made online. Go to [king.wsd3.org](http://king.wsd3.org)***

**Each student was given an envelope with directions!!  
It was sent home on Sept 20th!**

**Last year we surpassed our goal...  
so we have set our goal to raise \$15,000 this year!!!**

**This breaks down to \$35.00 per student.**

**WE CAN DO IT!!**





# KING ELEMENTARY FUND RUN 2019

RAISE THE MOST MONEY AND WIN ONE OF THESE PRIZES!!!



\$100 Bill

6 Month Family Swim Pass to  
Widefield Community Center



New Bike and Helmet

Springs Trampoline Park



## RAFFLE PRIZES

Chick-Fil-A Meal Passes

Sunglasses  
Meals

Water Bottles  
Mugs

Frisbees

Gift Cards

School Principal/Librarian/PE Teacher Takeover

Jack in the Box Free

King Cougar Thermal

King Cougar Cups

Class Field Trips

And MUCH More!

## RAFFLE TICKETS FOR MONEY RAISED

\$25-\$49 = 1 Ticket

\$50-\$74 = 3 Tickets

\$75-\$99 = 5 Tickets

\$100+ = 10 Tickets

IF WE MEET OUR FUNDRAISING GOAL OF \$15,000...  
KING ELEMENTARY STAFF HAS A BIG SURPRISE FOR THE STUDENTS!