

FAMILY BULLETIN #3.4

September 22, 2019

www.nsd.org/northcreek

northcreekpts.com/

Running Calendar (please note - this is the best info we have but dates do change on occasion)

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
22	23	24	25 *Block Day (2,4,6) *Senior Class Photo during Tutorial	26 *Block Day (1,3,5,7) *Curriculum Night/Open House @ 6 PM	27	28
29	30 *HC Tickets go on sale *9th Grade Family University (6 PM) *Financial Aid Night (6 PM)	October 1	2 *Block Day (2,4,6)	3 *Block Day (1,3,5,7)	4	5
6	7	8 *Principal Coffee - 7 AM (Main Office)	9 *Block Day (2,4,6)	10 *Block Day (1,3,5,7)	11 *Theater Department Show (7 PM)	12 *Theater Departm ent Show (7 PM)
13	14	15	16 *PSAT Day (Special Schedule)	17 *Regular 1-7 Day (no blocks)	18	19 *Homeco ming Dance (8-11)

ACTION ITEMS

1. Curriculum Night / Open House (Mark Your Calendars)!

Our annual Curriculum Night / Open House is **Thursday September 26 from 6:00 PM to 8:45 PM**. This is a great opportunity to get to meet each and every one of your student's teachers and to learn a little bit about what your child experiences in class each day.

Please remember, with 1700+ students at NCHS, we won't remotely have enough parking (no high school in America has a parking lot large enough to accommodate all their families), so please consider walking if you live close by and carpooling if you live in a neighborhood with other Jaguar families. Overflow parking will be available at Fernwood Elementary (about a 3-block walk from NCHS).

Please remember: you need either ParentVue or the attached form (filled out) to find your student's classes on Curriculum Night!

2. Two Important Events Next Week

Families with 9th Graders (especially if this is your first high schooler):

- ☐ North Creek Counseling is proud to partner with the NCHS PTSA to present to you our very first 9th Grade Family University. At this event, families will learn about the transition to high school, how to help your student be successful in 9th grade, why getting involved in clubs, activities and sports is so important for 9th graders, how to check on your student's grades and attendance, and lots of other important information.
- ☐ **Superintendent Dr. Michelle Reid** will be joining us for this inaugural event!
- ☐ This event is on **Monday September 30 from 6 PM to 8 PM** in the North Creek Commons.

Families with 10th, 11th and 12th graders:

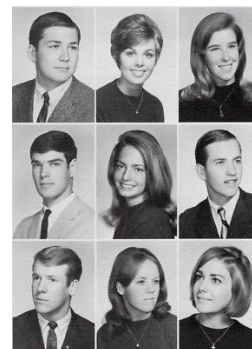
- ☐ North Creek Counseling is proud to present our 3rd annual Financial Aid Night. At this event, families will learn about the FAFSA, scholarships, grants, other forms of financial aid and the financial realities of going to college or university. Our guest presenter is Gina Anderson and she is a Financial Planner with lots of experience helping families get ready for the financial realities that come with sending a student to college. You will not be disappointed.
- ☐ This event is on **Monday September 30 from 6 PM to 8 PM** in the North Creek Theater.

Please do mark your calendars for these events! You will want to be there to get the important information.

3. Senior Portrait Deadline Fast Approaching - October 25, 2019

The deadline for receipt of senior portrait photos for the yearbook (those not taken by Dorian) is Friday, October 25, 2019.

Submission requirements are listed on the North Creek website: <https://northcreek.nsd.org/activities/class-of-2020> (look on the left navigation bar for Yearbook Photos and Yearbook Senior Ads). Families must follow the quality and sizing guidelines which are given to us by our printing company.



NEWS and INFORMATION

1) We have amazing kids at North Creek!

Recently, the officials of the National Merit Scholarship Corporation (NMSC) announced the names of approximately 16,000 Semifinalists in the 65th annual National Merit Scholarship Program. These academically talented high school seniors have an opportunity to continue in the competition for some 7,600 National Merit Scholarships worth more than \$31 million that will be offered next spring. These students were selected from over 1.5 million students in 21,000 high schools who took the 2018 PSAT. Congratulations go out to North Creek's four (4) Semifinalists:

- ★ Deepthi Chandra
- ★ Sophia Chiesa
- ★ Daniel Da
- ★ Chandni Rajasekaran

Additionally, the NMSC named 34,000 students as Commended Scholars. While not continuing on in the Scholarship Competition, being named a Commended Scholar is a great honor as these students scored in the top 3% of all students taking the PSAT. North Creek is proud to have nine (9) Commended Scholars:

- ★ Corinne Bromagen
- ★ Sofia Decoteau
- ★ Jeffrey Hablewitz
- ★ Oliver Huang
- ★ Nicky Pack
- ★ Solomon Song
- ★ Shradha Sreeprakash
- ★ Allie Thomas
- ★ Jeffrey Wu



Congratulations to all our Semifinalists and our Commended Scholars!

2) Fall Sports Results - So Far....

- Boys Football: 2-0-1
- Boys Golf: 2-1
- Boys Tennis: 1-2
- Boys X-Country: 0-1
- Girls Soccer: 2-2-0
- Girls Swim & Dive: 0-1
- Girls Volleyball: 2-2
- Girls X-Country: 0-0



Please come out to support all our student-athletes! Go Jaguars!

3) AVID Volunteer Tutors Needed!

AVID is an elective class that gives determined students who need extra support just that as they prepare for college. AVID, which stands for Advancement Via Individual Determination, is a college readiness program designed to help students develop the skills they need to be successful students. The program places special emphasis on growing writing, math, critical thinking, teamwork, organization and reading skills. Volunteers would be working with students in the AVID classroom under the direction of the teacher. The AVID motto is "Proven Achievement. Lifelong Advantage."

AVID Volunteers support the learning environment in classroom and small group settings during school. Teachers and Volunteers work together to improve students' problem solving skills, sense of belonging, and confidence.

Avid Tutor Volunteers will support high school youth by:

1. Facilitating to enhance students' problem solving and organizational skills
2. Provide guidance, strategies, and constructive feedback that compliment personal strengths
3. Assist students with ability to collaborate together for learning and growth
4. Provide students with encouragement, identifying strengths and barriers, and provide students with a positive role model
5. Ask questions and engage in discussion with students about their projects
6. Coach students without doing students' work for them.



If you would like to be an AVID Volunteer tutor (and you know you want to!), please contact our Volunteer Coordinator Carol Anderssohn (CAnderssohn@nsd.org) as soon as you can!

4) Did you know that you can receive an email notice whenever a North Creek News item is posted?

If you would like to get an email when we post a news item on our website, subscribe to our School News webpage! Go to <https://northcreek.nsd.org/our-school/school-news> and click on the orange icon to the right that looks like a bell. It will bring up a list of news boards that you can subscribe to. The ones that we are primarily using are **Bulletin** (for Family Bulletins) and the **North Creek News** (which post on the North Creek website home page).



Click on the ones you want to subscribe to, and click Next at the bottom. It will ask you to fill in the email address you want the notice sent to. Once you fill that in and click Subscribe, you're all signed up! Each time something new is posted, you will get a brief email notice with the title of the new item, and a link directly to that news item on our website.

5) Principal Coffee!

Have you ever wanted to have coffee with the Principal (ok - don't groan). I welcome all our families to meet me on October 8 at 7 AM in the Main Office. This is a very informal time to have coffee, talk, ask questions and make connections in our community. Our Family Liaison, Mayala Martinez will be there too and Mayala's job is to connect all our families!

Future Principal Coffees will be on November 5 and December 10 (dates after Winter Break TBD).

6) Homecoming is right around the corner!

Homecoming is a great time for your student and family to connect and reconnect with others in our Jaguar community. There are several events in which all Jaguars can participate:

- ★ **Homecoming Community Dinner on Thursday October 17 @ 6 PM** - this event is for all Jaguar families (parents, guardians, grandparents, siblings, etc.). At this dinner, families share food and make connections in an informal setting at North Creek. Last year, we had a couple hundred community members come to the 1st Homecoming Community Dinner. This year, let's shoot for 500 community members coming to the 2nd Annual Homecoming Community Dinner!
- ★ **Homecoming Football Game on Friday October 18 @ 7 PM** - this event, like the Community Dinner, is for everyone in our community. Even if you don't love watching football, we all like seeing our friends and acquaintances in the community and this is a great event to do just that. Let's "Pack the Pop" for Homecoming and show our support of the Jaguar community!
- ★ **Homecoming Dance/Social on Saturday October 19 @ 8 PM** - this event, for the students, is a wonderful time for them to socialize and have fun in a safe, supervised location. While there is dancing and a DJ at the Homecoming Dance, there is also a non-dancing, more quiet space for students who want to socialize and see their friends, but who aren't so much into loud music or dancing. While lots of kids do dance, lots of kids hang out in the **non-dancing area** and play Jenga, take photos, play other games (like ping-pong) and generally just talk with their friends. Even if your student isn't a dancer or doesn't like loud music, all Jaguars are welcome at Homecoming! Last year, we had more than 800 kids at the Homecoming Dance! Let's shoot for 1,000 this year!

7) Senior Family Information Night

We invite all families of the Class of 2020 to an information night on **Monday October 28 @ 6:30 PM** in the Commons in Building 3. At this informational event, you will learn about:

- The Senior Timeline
- Commencement 2020 information
- Final week information
- Prom information
- College visit information
- Transcript information
- Etc.



We do hope to see all our families of "way-too-soon-to-be-graduating seniors" at this event!

One note for all Senior families: any student who wishes to participate in the Commencement Ceremony must be at school on Friday June 12th for a mandatory graduation rehearsal (as well as the Senior Breakfast and Salute to Seniors Assembly). Please do NOT make appointments for that day or plan any vacations for that day. Again, any senior who wishes to participate in Commencement must be in attendance on June 12, 2020.

8) College Visits to North Creek

One resource that can really help students in their journey to find the right "fit" for college is attending a college visit right here on campus. Various colleges come to campus, usually in the fall, to offer students an inside look at their respective campuses. Admissions representatives explain things like what degree programs are offered, what life on campus is all about, what there is to do in the surrounding area and much more! These visits are open to all grades, but are most beneficial to 11th and 12th graders. Students need to sign up for a college visit on Naviance, and it must be approved by their teacher (tests, quizzes, presentations, etc. come before attending a college visit).

For more information, check this page on the NCHS website regularly:

<https://northcreek.nsd.org/counseling/college-readiness/college-visits>

For example, the University of Portland and the University of Rochester are visiting this week!

9) Parent Volunteers NEEDED for Senior Pancake Breakfast

On October 16, we are offering our Seniors a special pancake breakfast (more details about the day to come). We need parent volunteers to help with actually grilling the pancakes and helping us provide the toppings (syrup, whipped cream, strawberries, blueberries, etc.). If you have a pancake griddle and want to help, please **contact PTSA President Lauren Lewis!** This will be a very fun event - and only goes from 7:30 to 8:30 - so not a huge commitment.

10) Check out the new PTSA Newsletter!

Click [HERE](#) to check out the new PTSA Newsletter! It's filled with great information for all Jaguar families!

READINGS & OTHER INTERESTING MEDIA

September is #NationalSuicidePreventionMonth

This week—and all month long—we join many groups in observing both #NationalSuicidePreventionWeek and #NationalSuicidePreventionMonth by sharing information about ways we can help to prevent suicide in our families, schools, and communities. We believe that everyone has a role to play in this effort.

If you know someone that is struggling emotionally and needs support, or if you need support yourself, the Suicide Prevention Lifeline is available 24/7, online at suicidepreventionlifeline.org or by phone at 1-800-273-8255.

- [6 Myths About Suicide that Every Educator and Parent Should Know](#)
- [Why Do Adolescents Attempt Suicide?](#)
- [Seize the Awkward](#)
- [Suicide Prevention Awareness Month: Social Toolkit for Advocates](#)

ATHLETICS CALENDAR

All Athletics Schedules and Locations can be found on www.kingcoathletics.com Here are our athletic games for this week. Some athletes will need to leave class early. Please note "Dismiss" times below for our awesome Jaguar sports teams.

Time	Sport	Level	Home	Visitor	Location	Dismiss	Depart
Monday, September 23, 2019							
3:30 pm	Boys Tennis	Junior Varsity	Mountlake Terrace	North Creek	Mountlake Terrace High School	2:25 PM	2:40 PM
3:45 pm	Boys Tennis	Varsity	North Creek	Mountlake Terrace	North Creek High School		
5:15 pm	Volleyball	Junior Varsity	North Creek	Roosevelt	North Creek High School		
5:15 pm	Volleyball	C-Team	North Creek	Roosevelt	North Creek High School		
5:30 pm	Football	Junior Varsity	Kings	North Creek	Kings High School		4:15 PM
7:00 pm	Volleyball	Varsity	North Creek	Roosevelt	North Creek High School		
Tuesday, September 24, 2019							
3:00 pm	Boys Golf	Varsity	Woodinville	North Creek	Echo Falls Golf Course	1:30 PM	1:45 PM
3:45 pm	Boys Tennis	Varsity	North Creek	Redmond	North Creek High School		
3:45 pm	Boys Tennis	Junior Varsity	Redmond	North Creek	Redmond High School	2:05 PM	2:20 PM
5:30 pm	Girls Soccer	Junior Varsity	Redmond	North Creek	Redmond High School		3:45 PM
7:30 pm	Girls Soccer	Varsity	Redmond	North Creek	Redmond High School		3:45 PM
Wednesday, September 25, 2019							
3:45 pm	Boys Tennis	Varsity	North Creek	Mount Si	North Creek High School		
3:45 pm	Boys Tennis	Junior Varsity	Mount Si	North Creek	Mt. Si High School	1:55 PM	2:10 PM
4:00 pm	Boys Cross Country	Varsity	North Creek	(2) Inglemoor...	North Creek High School		
4:00 pm	Girls Cross Country	Varsity	North Creek	(2) Inglemoor...	North Creek High School		
5:15 pm	Volleyball	Junior Varsity	North Creek	Woodinville	North Creek High School		
5:15 pm	Volleyball	C-Team	North Creek	Woodinville	North Creek High School		
6:30 pm	Girls Soccer	C-Team	Woodinville	North Creek	Woodinville High School		5:15 PM
7:00 pm	Volleyball	Varsity	North Creek	Woodinville	North Creek High School		
Thursday, September 26, 2019							
3:00 pm	Girls Swim	Varsity	Redmond	North Creek	Juanita Aquatics Center	1:25 PM	1:40 PM
3:15 pm	Boys Golf	Varsity	North Creek	Inglemoor	Mill Creek Country Club		
3:45 pm	Boys Tennis	Varsity	Issaquah	North Creek	Issaquah High School	2:15 PM	2:30 PM
4:00 pm	Boys Tennis	Junior Varsity	North Creek	Issaquah	North Creek High School		
Friday, September 27, 2019							
7:00 pm	Football	Varsity	Bothell	North Creek	Pop Keeney Stadium		5:20 PM
Saturday, September 28, 2019							
8:00 am	Volleyball	Varsity	Ferris	North Creek	Ferris High School	8:15 AM	8:30 AM
6:00 pm	Girls Soccer	C-Team	Juanita	North Creek	Juanita High School		4:30 PM



Go, Jaguars!