

October 2019

Mon	Tue	Wed	Thu	Fri
<p>30 Carrot Ginger</p> <p>Thai Basil Curry Tofu and Brown Rice</p> <p>Fruit</p>	<p>1 Tortilla Soup</p> <p>Taco Bar</p> <p>Churros</p>	<p>2 Miso Soup</p> <p>Chicken Teriyaki Brown Rice Steamed Edamame</p> <p>Magic Bar</p>	<p>3 Chicken Noodle</p> <p>Beef Gyro Greek Salad</p> <p>Cookies</p>	<p>4 Tomato Mushroom</p> <p>Turkey Ruebens Potato Salad and Roasted Vegetables</p> <p>Toll House Cookies</p>
<p>7 Kale and White Bean</p> <p>Mac and Cheese with Tomatoes Green Beans</p> <p>Brownies</p>	<p>8 Turkey and Rice</p> <p>French Dip Steamed Potatoes Roasted Mix Vegetables</p> <p>Mississippi Mud Bar</p>	<p>9 Broccoli Cheddar</p> <p>Roasted Salmon Caesar Salad</p> <p>Cake</p>	<p>10 Potato Leek</p> <p>Herb Chicken with Roasted Sweet Potatoes</p> <p>Berry Crisp</p>	<p>11</p> <p>School Closed Professional Development Day</p>
<p>14 Vegetable Tortilla</p> <p>Cheese and Black Bean Enchilada</p> <p>Churros</p>	<p>15 Chicken Gumbo</p> <p>Spicy Jambalaya With Chicken and Sausage Cornbread</p> <p>Cake</p>	<p>16 Beef Barley</p> <p>Italian Grinders Caesar Salad</p> <p>N.Y. Cheesecake</p>	<p>17 Spinach and Lentil</p> <p>Chicken Biryani Roasted Squash</p> <p>Jell-O</p>	<p>18 Cream of Asparagus</p> <p>Assorted Pizzas</p> <p>Brownies</p>
<p>21 Curried Sweet Potato</p> <p>Tortellini with Marinara Mixed Roasted Vegetables</p> <p>Fruit</p>	<p>22 Black Bean Chorizo</p> <p>Flora's Chicken Tinga</p> <p>Tres Leche Cake</p>	<p>23 Borscht</p> <p>Cheeseburgers Tater Tots Roasted Carrots</p> <p>Cookies</p>	<p>24 Chicken Basil</p> <p>Blackened Tilapia Chili Lime Butter Black Eyed Pea Salad</p> <p>Blueberry Crumble</p>	<p>25 Mulligatawny</p> <p>Chicken Vindaloo Cardamom Basmati Rice</p> <p>Mango Lassi</p>
<p>28 Tomato Basil</p> <p>Roasted Vegetables Israeli Couscous</p> <p>Toll House Cookie Bar</p>	<p>29 Beef Noodle</p> <p>Butter Chicken Steamed Rice Roasted Cauliflower</p> <p>Fruit</p>	<p>30 Cream of Mushroom</p> <p>Herb Pork Loin Red Quinoa Pilaf Steamed Green Beans</p> <p>Brownies</p>	<p>31</p> <p>Pumpkin Chili Bar Corn Bread</p> <p>Cinnamon Rolls</p>	