

		Meatless Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
<i>Main Plate</i>	No	Potato Gnocchi Tossed in Marinara Sauce	Chicken & Vegetable Potstickers with Soy Dipping Sauce	Baked Fish Sticks	Oven Baked Fried Chicken	
	School	Dinner Roll	Asian Rice	Baked Shoestring Fries	Buttermilk Biscuits	
	Rosh Hashanah	Roasted Squash & Zucchini	Fresh Steamed Broccoli	Housemade Coleslaw	Fresh Steamed Mixed Vegetables	
		Gluten-Free and Vegan Options Available	Gluten-Free and Vegan Options Available	Gluten-Free and Vegan Options Available	Gluten-Free and Vegan Options Available	
		A selection of Lean Deli Meats, Protein Salads, Cheeses, Peanut Butter & Jelly & Assorted Breads including Gluten-Free	A selection of Lean Deli Meats, Protein Salads, Cheeses, Peanut Butter & Jelly & Assorted Breads including Gluten-Free	A selection of Lean Deli Meats, Protein Salads, Cheeses, Peanut Butter & Jelly & Assorted Breads including Gluten-Free	A selection of Lean Deli Meats, Protein Salads, Cheeses, Peanut Butter & Jelly & Assorted Breads including Gluten-Free	
		Mixed Greens Fresh, Organic and Local Vegetables Chef made Composed Salads Variety of Regular and Low-Fat Dressings	Mixed Greens Fresh, Organic and Local Vegetables Chef made Composed Salads Variety of Regular and Low-Fat Dressings	Mixed Greens Fresh, Organic and Local Vegetables Chef made Composed Salads Variety of Regular and Low-Fat Dressings	Mixed Greens Fresh, Organic and Local Vegetables Chef made Composed Salads Variety of Regular and Low-Fat Dressings	
<i>duJour</i>		Housemade Lentil Soup	Housemade Egg Drop Soup	Housemade Chicken & Rice Soup	Housemade Spinach & White Bean Soup	
<i>Just Desserts</i>		Fresh Honeydew Slice	Fortune Cookie	Diced Pears	Chocolate Chip Cookies	

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item
- Denotes Organic
- Denotes Local

Thoroughly cooking meats, seafood, shellfish and eggs reduces risk of food borne illness.