

PRESENTATION CONTENTS

- Ideas for utilizing Positive Sport Parenting
- Course details, including The Parent Seat video
- Ordering instructions
- Parent self-assessment and results



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WAYS TO USE THE COURSE

- **Good:** Present this information at parent preseason meeting
- **Better:** Require a parent who has been ejected from a contest or has demonstrated inappropriate behavior at games to complete the course before he/she is permitted to return to games
- **Best:** Require every parent to complete Positive Sport Parenting before the first contest



HELPFUL TIPS

- Any course on www.nfhslearn.com can be ordered in bulk and distributed via an email address
 - Benefits – Allows instant tracking of course progress
- Upon course completion individuals will receive a certificate of completion
- Course completions can be searched via the User Lookup feature
- Need more help? Contact the NFHS Help Desk at 317-565-2023 or watch these short [tutorials](#)



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POSITIVE SPORT PARENTING MEETING PRESENTATION

Available on www.nfhslearn.com



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COURSE DETAILS: POSITIVE SPORT PARENTING

- Course developed by the National Federation of State High School Associations (NFHS)
- Provides information and resources to help educate you on the importance of proper behavior by parents in school sports and the role you must play to ensure your child has a positive sport experience
- Available on www.nfhslearn.com
- This is a FREE course that can be completed in as little as 20 minutes



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COURSE OUTLINE

1. Mission and Purpose of Interscholastic Athletics
2. What You and Your Child Want Out of the Sport
3. Having a Successful Educational Sport Experience
4. Making the Call
5. Plan for Improvement



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PREVIEW



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PARENT SELF-ASSESSMENT

Answer the following questions on a scale 1 to 5.

When finished, total your number values. Match your total points to the Parent Self-Assessment Results.



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QUESTION 1

I emphasize the development of my child
and having fun more than winning.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 2

I avoid trying to coach my child when
he or she has a coach.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 3

I provide love and support regardless
of the outcome of the game.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 4

I emphasize the importance of
hard work with my child.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 5

I hold my child accountable for poor or unsportsmanlike behaviors during a game.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 6

I avoid focusing most of my conversations
at home on my child's sport.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 7

I avoid considering my child's sport as an investment and that I should receive something in return.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 7

I avoid considering my child's sport as an investment and that I should receive something in return.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 8

I treat my child the same following wins and losses.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 9

I avoid critiquing my child immediately following the game or during the car ride home.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



QUESTION 10

I support all players on the team even
when my son or daughter is not playing.

Not Like Me		Somewhat Like Me		Very Much Like Me
1	2	3	4	5



PARENT SELF-ASSESSMENT RESULTS

Score 40-50: Model Parent

Great job! You are a model parent. You're parenting your child in sports very effectively. It is still important to talk to your child to make sure you are aware of any negative actions.

Score 30-39: Positive Parent

You are very effective in parenting your child in school sport. Set a goal to improve on the questions you answered 3 or below on. Talk to your child so you are aware of any negative actions.



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PARENT SELF-ASSESSMENT RESULTS

Score 20-29: Sometimes Positive Parent

At times you are effectively parenting your child in his or her sport, but there are some behaviors that may be negatively influencing your child's sport experience. Set a goal to improve on questions you answered below a 3. Talk to your child to learn more about where and when your actions might be negative or counterproductive.



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PARENT SELF-ASSESSMENT RESULTS

Score 11-19 : Some Work to be Done

Unfortunately, there is a good chance that you are negatively influencing your child's sport experience. Set a goal to improve on questions you answered below a 3. Talk to your child to learn more about where and when your actions might be negative or counterproductive. The course, Positive Sport Parenting, may help you think about how you can improve on these behaviors.



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PARENT SELF-ASSESSMENT RESULTS

Score 10 - Time for a Change

Unfortunately, you are negatively influencing your child's sport experience. Try not to make excuses for lower scores – instead think about what you could improve and still be yourself. Talk to your child about where and when your actions might be negative or counterproductive. It is important that you think about your child's goals and why he or she plays sports. Check out Positive Sport Parenting to learn about improving on these behaviors.



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HOW TO TAKE A COURSE

1. Sign In or register for an account on www.nfhslearn.com
2. Add Positive Sport Parenting to your shopping cart and select your state
3. Complete the ordering process and go to your Dashboard to begin the course



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