



Pre-K October Lunch Menu

Lunch Prices
 Paid: \$3.05
 Reduced: No Charge
 Adult: \$4.50
 Milk: \$0.50

V=Vegetarian
 * = Pork

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto www.schoolcafe.com.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Bosco Cheese Stuffed Breadsticks with Marinara Sauce (V) Sliced Cucumber Sliced Apples 1% White Milk or Nonfat White Milk	2 Roadrunner Pepperoni Pizza * or Cheese Pizza (V) Celery Sticks Banana 1% White Milk or Nonfat White Milk	3 Macaroni and Cheese (V) Green Beans Mixed Fruit 1% White Milk or Nonfat White Milk	4 No Program Today
7 Crispy Chicken Tenders Carrots Diced Pears 1% White Milk or Nonfat White Milk	8 All White Meat Chicken Nuggets Sliced Cucumber Sliced Apples 1% White Milk or Nonfat White Milk	9 Hot Dog Celery Sticks Banana 1% White Milk or Nonfat White Milk	10 Pasta with Meat Sauce Green Beans Mixed Fruit 1% White Milk or Nonfat White Milk	11 No Program Today
14 Brunch for Lunch Carrots Diced Pears 1% White Milk or Nonfat White Milk	15 Bean and Cheese or Beef and Cheese Soft Tacos Sliced Cucumber Sliced Apples 1% White Milk or Nonfat White Milk	16 Crispy Chicken Tenders Celery Sticks Banana 1% White Milk or Nonfat White Milk	17 Macaroni and Cheese (V) Green Beans Mixed Fruit 1% White Milk or Nonfat White Milk	18 No Program Today
21 Crispy Chicken Tenders Carrots Diced Pears 1% White Milk or Nonfat White Milk	22 All White Meat Chicken Nuggets Sliced Cucumber Sliced Apples 1% White Milk or Nonfat White Milk	23 Corn Dog Celery Sticks Banana 1% White Milk or Nonfat White Milk	24 Lasagna Roll Ups (V) Green Beans Mixed Fruit 1% White Milk or Nonfat White Milk	25 No Program Today
28 Peanut Butter and Jelly Sandwich (V) Carrots Diced Pears 1% White Milk or Nonfat White Milk	29 Bosco Cheese Stuffed Breadsticks with Marinara Sauce (V) Sliced Cucumber Sliced Apples 1% White Milk or Nonfat White Milk	30 Crispy Chicken Tenders Celery Sticks Banana 1% White Milk or Nonfat White Milk	31 Yogurt and Granola Green Beans Mixed Fruit 1% White Milk or Nonfat White Milk	

Are you interested in working for Beaverton School District Nutrition Services? This is fun, fast paced work you can do while your student is in school! Just go to <https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Openings.aspx?category=SUB+FOOD+SERVICE> click and apply!

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<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

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