

PSHEE and Skills for Life

PRINCIPLES

Personal, Social, Health and Economic Education (PSHEE) encourages pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work in the modern world. PSHEE inspires and supports individuals to thrive, becoming happy and positive contributors to the St Dunstan's Community, British society, and the wider world. It is also an opportunity to enrich the SMSC life of the community.

The PSHEE curriculum is principally delivered across tutorial time and section assemblies, and within timetabled Skills for Life lessons in the Junior School and Senior School Lower School (Years 7-9). Its consistent integration into routine pastoral and tutorial time supports the pastoral care and personal development of each pupil as they learn about health and wellbeing, relationships, and living in the wider world in an environment where they are already understood and accepted. In addition, and since all teachers apart from Senior Leaders are normally also tutors, the delivery of PSHEE through tutorial time ensures its profile and important to all staff as well as pupils.

The PSHEE programme promotes fundamental British values (democracy, respecting the rule of law, individual liberty, mutual respect, and tolerance of those of other faiths and beliefs – or none). Integral to this is a commitment to countering the dangers of extremism and radicalisation, and to respect and include those with protected characteristics as set out by the 2010 Equality Act (age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief (including none), sex, and sexual orientation).

Relationships education is a thread that runs across all age groups too. Sex education is addressed in an age appropriate fashion. In the senior school, for example, Big Talk Education provide three days of pupil seminars, followed by parent events each evening, and tutorial time allows space for reflection and discussion.

Many subjects also independently address topics related to PSHEE and Skills for Life; for example, Biology (the effects of smoking and drugs), History (genocide and equality), PE (fitness and a healthy balanced lifestyle), Geography (sustainability and resource use). PSHEE and SMSC awareness and education is understood by the College not to be an education delivered only at certain times or in specific contexts, but to be integral to community life in general.

PROCESS

Junior School (Years 1-6):

PSHEE is delivered via Junior School Skills for Life lessons. The order of the topics taught acts as a guideline for teachers. A flexible approach is adopted in order that skills can be taught at a different time as relevant and appropriate for any given class or cohort of pupils. This personalised approach to our PSHEE programme enables us to effectively tackle issues and topics at the most appropriate time for the children. Please see our PSHEE Scheme of Work for more details.

Senior School (Years 7-13):

PSHEE – Years 7 - 13

In order to support PSHEE and SMSC enrichment via the tutorial programme, themes for the week are published in the calendar and are reflected upon in whole school Monday Assemblies in order to stimulate tutorial reflections across the week ahead. Please see our PSHEE Scheme of Work for more details.

This programme is further supplemented by a calendar of additional events. These include key stage or year group assemblies and appropriately researched visiting speakers. The College's counsellors also address pupils on relevant topics, and tutors and relevant subject specialists contribute to each programme. Presentations and/or workshops from external bodies for 2019-20 will include anti-bullying, mental health, sex and relationships, and e-Safety. The current schedule includes:

- Parents' eSafety Seminar 2/10/19
- Mental Health Conference Day 8/10/19 & themed week events
- Year 10 Futures Day & Careers Conference 11/11/19
- 'Power of One' Anti-bullying presentation 12/11/19
- 'Big Talk' Sex and Relationship Education 28/11/19 – 30/11/19 Y7-11, pupil sessions with parent presentations
- 'Elevate Education': Y7-13 study skills and exam preparation sessions with parent presentations, Michaelmas and Lent terms

This programme evolves across the year in response to feedback from pupils, parents and staff. In the academic year 2018-19, sessions were also held on drugs, LGBT+, gender equality, and building self-confidence.

Skills for Life – Years 7 - 9

Our Skills for Life curriculum and lessons support the delivery of PSHEE and SMSC enrichment, but actively seek to cover a broader set of skills (including practical ones) to prepare pupils for life. They are accessible, stimulating, and rewarding: they deliver knowledge about the wider world by looking at different themes of global significance and encourage students to question, evaluate, problem-solve, and synthesise different points of view. One teacher delivers each different topic with a class and the practical unit within each year, co-taught, is delivered on mindfulness, first aid, yoga and domestic and personal skills.

Study skills are advanced in: note-taking, summarising, analysis and synthesis of arguments from different sources, time management, target setting and deadline meeting, analysis and

communication of numerical data, organisation, collaboration. Analytical and communication skills are advanced through: public speaking and presenting, awareness of different perspectives, clear questioning, individual research, note taking, summarising, debating, evaluation of sources. These can be applied to encouraging an awareness of the world outside school, human rights, citizenship, our interaction with society and institutions and global issues generally.

The Skills for Life curriculum also includes modules from the CIE Global Perspectives course (that pupils can go on to choose to take as a Pre-University Qualification in the Sixth Form). In Year 9, this thread culminates in an end of year, pupil driven presentation and/or extended project of 800 to 1000 words based on an issue of global relevance of each pupil's own choosing. The current topics covered within this programme are outlined below.

Year 7	Family Humans and Other Species	Rights and Changing Communities	Mindfulness	Interpersonal Skills
Year 8	Digital World	Disease and Health	Yoga	First Aid
Year 9	Trade, conflict and peace	Changing Communities	Final Assessment	Domestic and personal skills

Quality assurance

The College takes seriously its responsibility to children, parents, and the wider community both to deliver a high quality, impartial and forward thinking PSHEE and SMSC enrichment in line with our responsibilities, including to the 2010 Equality Act.

Content is reviewed annually and delivery is scrutinised too. The Assistant Head (Curriculum) oversees the Global Perspectives threads of Skills for Life. Heads of Section (Pastoral Senior Leaders) work with Tutors to ensure consistent delivery and valuable, impartial, discussion of PSHEE and SMSC content during Tutorial time, including via Tutorial time 'learning walks' and section meetings.

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