

Monday	Tuesday	Wednesday	Thursday	Friday
	WG Tortilla ¹ Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Fresh Watermelon Slices	WG Penne Pasta ² Meatballs Marinara or Cheese Sauce Garlic & Herb Breadstick Steamed Carrots Apples	Popcorn Chicken ³ Mashed Potatoes Corn Gravy Dinner Roll Fresh Berry Cups	Assorted Homemade Pizza ⁴ Crisp Romaine Salad Grape Tomatoes Fresh Strawberries with Whipped Topping
Meatless Monday ⁷ Cheese Bites Marinara Sauce Crisp Romaine Salad Apple Grin Slices 100% Juice	WG Nacho Chips ⁸ Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Orange Wedges	WG Rotini Pasta ⁹ Meatballs Marinara or Alfredo Sauce Garlic & Herb Breadstick Broccoli Diced Pears	French Toast Sticks ¹⁰ Hash Brown Chicken Sausage or Bacon Egg Patty 100% Juice	French Bread Pizza ¹¹ Cucumber Dippers Grape Tomatoes Apples
Columbus Day No School ¹⁴	Chicken or Cheese ¹⁵ Quesadilla Cheddar Cheese Sauce Brown Rice Refried Beans Fresh Pineapple	Twisted Mozzarella ¹⁶ Breadsticks Marinara Sauce Steamed Carrots Diced Pears	Cherry Blossom ¹⁷ or Firecracker Chicken Vegetable Fried Rice Oriental Blend Vegetables Cantaloupe & Honeydew Slices	Assorted Homemade Pizza ¹⁸ Crisp Romaine Salad Grape Tomatoes Frozen Strawberries with Whipped Topping
Meatless Monday ²¹ Italian Combo Marinara Sauce Garlic & Herb WG Breadstick Seasoned Broccoli Fruit Cocktail	WG Tortilla ²² Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Fresh Watermelon Slices	Early Release ²³ School Conferences No Lunch Served	Early Release ²⁴ School Conferences No Lunch Served	French Bread Pizza ²⁵ Cucumber Dippers Grape Tomatoes Apple Grin Slices
Meatless Monday ²⁸ Waffle Cut Fries 3-Bean Chili & Cheese Seasoned Broccoli Dinner Roll Canned Pineapple	WG Nacho Chips ²⁹ Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Orange Wedges	Pancakes ³⁰ Hash Brown Chicken Sausage or Bacon Egg Patty 100% Juice	Cackling Chicken Tenders ³¹ Tasty Tater Toes Rattling Roll Ghoulish Green Beans Scary Strawberries	

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 Cup fruit, 1 Cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: PB&J, PB&Fluff, Deli Sandwiches, Bone Builder Yogurt Plate, or Munchables
- Menu subject to change as needed without notice.
- Applications for free and reduced meals can be submitted at any time during the school year!
- WG=Whole Grain, WW=Whole Wheat
- This institution is an equal opportunity provider