

# DRAFT

## La Porte ISD SHAC Minutes November 14, 2016

**Present:** Cyndi Anderson, Ralph Wilkins, Lyndley Marlar, Amanda Rose, LaShawn Wilburn Jo Johnson, Ashley Shilling, Laura Lynch

Ralph Wilkins opened the meeting at 4:00pm with greetings and introductions of those present.

### Old Business

The *meeting minutes* from September 19<sup>th</sup>, 2016 were read. Cyndi Anderson moved to strike the words “and toys” and Laura Lynch moved that the second to the last sentence be changed to read “The La Porte Optimist Club sponsored LPISD school nurse memberships in the National Organization of School Nurses again this year. As a part of the NASN benefits packets each campus will receive unlimited VSP vision vouchers which provide free eye exams and glasses for students in need.” Jo Johnson moved that the minutes be accepted as amended and Cyndi Anderson seconded the motion. The council voted to accept the minutes as amended.

The Employee Wellness Fair was discussed with the council agreeing that vendors (such as the T shirt vendor) were very well received and decided to pursue other vendors such as a teacher supply vendor, Scentsy and craft vendors for next year.

### New Business

**Health Services Committee:** Laura Lynch reported from that four nurses were out the first day of school with serious medical and family issues. Due to a high degree of focus and cooperation among district department enough substitute nurses were brought on board to cover most days of absences. In anticipation of the high number of nondiscretionary nurse absences, Cyndi Anderson also spearheaded an effort among principals to train more than one campus clinic back up and UDCA. This effort was highly successful. Ms. Lynch reports that all campus nurses are back on duty.

**PE Committee:** *The PE* chairperson was ill and unable to present her report today.

**Pregnancy Prevention Committee:** Jo Johnson reported that she trained 6 LPISD teachers as IYG instructors this fall. Five hundred 8<sup>th</sup> graders have completed the IYG curriculum this school year with only 6 students at each junior high being opted out by their parents.

**LPISD Wellness Policy:** Ralph Wilkins presented a bulleted summary of the goals and asked that SHAC members offer feedback for achieving those goals. La Porte ISD. (Note: They are attached to these minutes and ideas are solicited from all SHAC members). Some ideas for meeting the goals were discussed. The state will release wellness requirements for the campus level in January and will audit our district on the Wellness Policy compliance as early as August 2017. Mr. Wilkins informed the council of the collegiate style furniture now in the LPHS cafeteria and its popularity with students.

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Cyndi Anderson asked if Nutrition could provide short wellness facts for use in campus announcements. Ralph Wilkins responded positively to that suggestion.

**Floor opened to other topics:** LaShawn Wilburn expressed the need for staff awareness of student vulnerability to fear due to a recent LPHS student fight and general societal issues. Cyndi Anderson outlined the district's recent efforts to address student safety concerns.

- 2 more security guards to be hired for LPHS
- Full time LSSP on campus at LPHS
- Annual training of staff in recognizing and responding to student emotional distress
- Possible hiring of a full time professional to work with students with high needs
- Increased presence of upper levels administrators at LPHS

Ralph Wilkins mentioned how positively the LPHS students have responded after the fight by putting up encouraging posters for each other. Ms. Wilburn suggested that in addition to nutrition facts, that mental health information could be mentioned in campus announcements. The council voiced support of that idea.

Ralph Wilkins asked for other comments from members. None were voiced.

Laura Lynch motioned that the meeting be adjourned and the motion was seconded by Jo Johnson. Meeting adjourned at 5:10pm.

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