

La Porte ISD School Health Advisory Council Meeting
Meeting Minutes
February 27, 2017

Present: Cynthia Anderson, David Knowles, Ralph Wilkins, Jo Johnson, Val Fleming, Carole Henehan, Amber Buras, Ashley Schilling, LaShawn Wilburn, Jordan Mitchell

Ralph Wilkins opened the meeting at 4:00pm

The minutes from the November 2016 meeting were read and accepted. It was noted that attendance at the SHAC meeting has declined and efforts to restore attendance were discussed.

David Knowles presented a PowerPoint sharing the LPISD specific vs overall state results of last school year's State Survey of Student Drug and Alcohol Use. Discussion followed regarding causes and possible solutions.

Carole Henehan shared information regarding LPHS's involvement in *Shattered Dreams* and a program new to our district called *Power to the Parent*. She explained that *Power to Parent* was aimed at facilitating dialogue about alcohol use between parents and teens. This program is to be presented at LPHS shortly before Prom.

Amber Buras shared that peer led efforts are very successful in reaching students with drug abuse prevention information. HOSA was suggested as an ideal group for this initiative. Laura Lynch volunteered to connect the HOSA Coordinator with Amber Buras of BACODA for ideas.

Jo Johnson presented recent student surveys regarding *Its Your Game* (IYG). The results were very positive and are attached. Jo shared with the council that *IYG* is no longer free and that we are awaiting the associated fees from its new distributor.

Cynthia Anderson shared that there is now an additional LLSP at LPHS. She states that administrators and some teachers were recently trained in *Restorative Justice*. Ms. Anderson reported that a new AP has been hired at the LPHS who will facilitate *Restorative Justice* there.

Ms. Anderson said that a current focus is on finding ways to sustain mental health support at all campuses and change ISS rooms to Restorative Justice rooms.

Laura Lynch presented the SHAC Health Services Committee report, sharing that LPISD obtained 100% student compliance with state immunization laws this school year.

Jill Gonzales presented the Recess Recommendations from the SHAC PE Committee.

- At least 15 minutes of recess for all students daily
- Recess is to be held at the opposite part of the day than the student's PE is scheduled so that PE and recess are never back to back (i.e. PE in Am, and Recess in PM).

The SHAC voted to accept these recommendations and ask SHAC liaison, Cynthia Anderson to present them to the Cabinet for investigation of feasibility and if possible implementation next school year.

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Ralph Wilkins presented the SHAC Nutrition Committee Report, sharing that LPISD Nutrition has begun partnering with the Department of Defense to obtain safe, lower cost fruits (primarily berries) for use in LPISD lunches. The news was received with enthusiasm from the SHAC.

Cynthia Anderson shared some news from the SHAC Employee Wellness Committee that grant money will soon be available from HCPHES for use in support of sustainable employee wellness outreaches.

The meeting adjourned at 5:45PM.

Minutes taken by Laura Lynch.