

LPISD September 19, 2016
Meeting Minutes

Minutes from the May 2016 meeting were unanimously approved.

Welcomes and introductions were made by Ralph Wilkins and attendees. Ralph Wilkins accepted role district staff role of SHAC co-president for 2016-2017.

Ralph Wilkins reported on the performance of the August 12, 2016 wellness fair. It had the highest attendance (631 personnel) of all recent LPISD wellness fairs, despite nutrition and maintenance personnel not attending. It was reported that all gifts were handed out and the staff were very appreciative. The campus attendance % award went to Heritage Elementary. It was agreed that the timing of the date was a significant factor in attendance, but the length of the fair itself should be reduced from 4 hours to 3. Many vendors had to leave early.

Jill Gonzales reported on behalf of the PE committee, which suggested that PE minutes/week be no less than 135 for applicable grade levels. The committee recommended the district pursue either of two recess options. One option is 2 15-minute recess sessions/day, morning and afternoon. One of these would be available for teachers to use as a study hall. The other option is a single 20 minute recess which is not scheduled directly after a PE class. It was recommended that there be bathroom breaks between recess and PE sessions.

An attendee suggested that a fundraiser be held so that students could have better PE equipment.

Ralph Wilkins read a report of behalf of the health services committee. Points included: LPISD nurses provided vision screenings during the wellness fair; coordination of flu vaccine clinics, Glo-Germ interactive handwashing during the La Porte Health and Safety Fair, and that the La Porte Lions Club donated \$2,000 to the student healthcare voucher fund.

On behalf of Laura Lynch, Ralph Wilkins read the report from the Lean, Mean, and Screen initiative. It stated that nearly 400 UIL students were provided low-cost EKGS at the end of the 15-16 SY, and that one student was found to have a serious defect that was corrected by subsequent surgery.

Student also have received 25 free vision screening vouchers as a donation. The La Porte Optimist Club sponsored LPISD school nurse memberships in the National Organization of School Nurses again this year. As a part of the NASN benefits packets each campus will receive unlimited VSP vision vouchers which provide free eye exams and glasses for students in need

Attendees requested that the nutrition department explore Vegan meal options for high school students, as well as fruit/dairy vending machines.