

# McCALLIE SPORTS CAMP

500 Dodds Avenue, Chattanooga, TN 37404 (423)493-5886 [mccalliesportscamp.com](http://mccalliesportscamp.com) [sportscamp@mccallie.org](mailto:sportscamp@mccallie.org)

## INFORMATION SHEET/WHAT TO BRING TO CAMP

### DEPOSITS/REFUNDS

**The balance of each camper's fees and release forms are due by April 1.**

Before April 1, the camp will refund the initial deposit minus a \$50 registration fee. After April 1<sup>st</sup> refund of all money paid minus the \$150 deposit. On April 1<sup>st</sup> we will charge your method of payment on file for balance due, if any.

### ACTIVITIES – All included in the camp tuition

Camper's participate in team and individual sports, white-water rafting, Six Flags, paintball, a Braves game, and much more!

### HEALTH

The camp has an infirmary on campus with a nurse on duty 24 hours a day. Three professionally staffed hospitals are available within five minutes of campus. We also have a NATA-approved athletic trainer and quality training facilities available during the daytime hours. In the rare case of a medical emergency, the nurse will call you – it is very important that we have an emergency phone number for you. Otherwise you will not hear from us except for occasional administrative questions. **There is a 2-sided mandatory Health Form for you and your physician due May 1 and we MUST have a clear copy, front and back, of your insurance card.**

### LAUNDRY SERVICE and PERSONAL HYGIENE

Camper's are required to shower daily and have dirty clothes prepared for washing in mesh bags (which we provide) to be washed by the laundry service every other day at no extra charge.

### INSURANCE

McCallie Sports Camp supplies each camper with supplemental accidental medical insurance coverage. This coverage is designed to take care of remaining expenses if a family's primary insurance coverage does not cover all expenses. Your insurance is the primary coverage. Please let us know if you have no health insurance.

### DORM/TEAM ASSIGNMENTS/ROOMMATES

The boys live and spend most of their time with their team. They sleep in air-conditioned school dorm rooms, their counselors are on the same floor. Due to highly organized age level activities and competition, camper's are assigned to roommates/teams/leagues and dorm floors according to age. There are 2 or 3 boys to a dorm room, 8 boys on a team, and 3-4 leagues, depending on the amount of boys in a certain age group. **All parents must update their online account with their roommate requests.** We try to honor all parent team and roommate requests. We notify parents via email of roommates/leagues/teams Friday before the camp session begins.

### CAMP VISITS

To prevent homesickness, there is no scheduled visiting period during camp.

### USE OF PHONES/LETTERS/EMAIL/PHOTOS OF CAMP

To prevent homesickness, there are no pay phones located in the dorms. The commissioner of each age group league will have a phone in his room for use during emergencies or to relay important messages. Unless flying, please do not send cell phones to camp – all phones must be turned in at check-in. If you would like your son to write to you, we recommend that you send self-addressed stamped envelopes which will make it easier for him to write home. **You may email your camper at any time;** due to time constraints the camper's will not have time to email back. **Email to: [campers@mccallie.org](mailto:campers@mccallie.org).** Put the boy's name and team in the Subject line. You may send care packages; our policy is no nuts or other allergy foods. You can also purchase a "Camp Mom" gift bag. We do try to post photos often during camp, although it does take a few days. The links to the camp photo page are on our web site: [mccalliesportscamp.com](http://mccalliesportscamp.com)

### HOMESICKNESS

Homesickness is sometimes a part of the camp experience. Please talk to your son before coming to camp to explain that it can be a normal, natural process. Please do not tell him that he can call you and/or that you will pick him up if he is homesick. 99% of the boys who suffer from homesickness work through it quickly with our counselors and staff who are trained to deal with this issue; and the camper's become stronger and more self-assured young men because of the process.

### TRAVEL

If your son is flying to/from camp, please contact Nina Keane at (423)493-5886. The airport is CHA (Chattanooga Airport)

**[McCalliesportscamps.com](http://McCalliesportscamps.com)**

**(423)493-5886**

**[camps@mccallie.org](mailto:camps@mccallie.org)**

**MSC CAMP ARRIVAL – all times are Eastern Standard Time**

**Camp begins on Monday – please plan on checking-in your camper between 10:00 a.m. and 12 noon.**

**There are four separate check-in stations in the Sports and Activities Center that all parents/campers must go through:**

1. Counselors will give you the room number, locker number, and miscellaneous information.
2. Camper spending money (cash only-suggested \$100) (also Gift Bag money if you have ordered a “Camp Mom” Gift Bag)
3. **The nurse must check-in every camper, with or without medication. The nurse begins check-in at 10 a.m.**
4. Camper photo station

**MSC CAMP DEPARTURE**

**Camp ends on Saturday**

We urge parents to join us for the Awards Ceremony, where every camper receives an award, beginning at 10:00 a.m. (Eastern time)

During the Awards Ceremony in the McCallie Chapel the session video is also shown. It is a very exciting event!

A free B-B-Q Luncheon will be served in the McCallie Dining Hall after the Awards Ceremony, please join us!

**McCallie Sports Camp ends at 12 noon on Saturday.**

**CLOTHING AND EQUIPMENT**

Most clothing worn at home during the summer is acceptable at McCallie Sports Camp. No “expensive” clothing is necessary. Listed below are items to bring to camp. There is no extra charge for the 2 camp T-shirts we provide. T-shirts that advertise alcohol or tobacco products or are crude & rude cannot be worn at McCallie Sports Camp.

**Laundry goes out every other day to a laundry service at no extra charge.**

**We accept suitcases, duffel bags, or trunks, whichever you prefer.**

**All items must be labeled; please do not send anything that you might not want your son to lose.**

Shoes	Linens	Clothing
1 pair non-scuffing basketball shoes	2 sets long twin bed sheets (or sleeping bag)	6 pair underpants
1 pair water shoes for rafting trip - or old tennis shoes, something to wear in the river	1 pillow with 2 pillow cases	6 pair socks
1 pair running shoes	1 blanket/bedspread - the dorm rooms are air-conditioned (or sleeping bag)	4 pair athletic shorts
1 pair sandals (optional)	2 wash cloths, 4 bath towels	4 T-shirts - no questionable subjects on the shirts i.e. tobacco products, foul language, etc.
1 pair shower sandals (i.e. flip flops) (optional)	2 pair quick drying swimming trunks	Loose, long sleeved/legged clothing or camouflage clothing for paintball
<b>Toilet Articles</b> soap, shampoo, deodorant, toothbrush, toothpaste, chapstick, comb or hairbrush, hangers	1 warm up jacket/windbreaker	summer pajamas
<b>Spending Money</b> The camp gives each camper meal and snack money for off-campus excursions when appropriate. The refreshment and spending money costs are part of the base camp fee. You will not receive extra billing for these items. The only extra money a camper will need is for a souvenir/extra snacks at Six Flags, The Varsity, or the Braves game. We suggest \$100 in cash. The money is locked in the counselor’s room. It is returned to the camper at check-out if not spent.	<b>Please do not send: Any electronic devices including cell phones.</b>  Counselors are instructed not to allow parents or boys to bring electronic items into the dorms.  If your son is flying to camp please call us and we will arrange to lock up items if he needs them for the plane.	1 pair long pants - khaki or jeans (in case of cooler weather)  For the Dance with Camp Riverview: 1. nicer shirt with collar 2. 1 pair khaki shorts  ..... <b>SPORTS EQUIPMENT:</b> Although we provide all generic sports equipment, many boys bring their own equipment including personal protective gear, tennis racket, a few golf clubs, baseball mitt, etc. Please make sure that your son is responsible enough to keep up with all of his equipment. We are not responsible for any lost items. Please label all items and don’t send anything very expensive.
<b>Optional Items</b> ball cap, disposable camera, plain flashlight, swimming goggles, cheap alarm clock, inexpensive watch, self-addressed stationery with stamps, and appropriate reading material for quiet time.	McCallie is not liable for any lost items, and we do not ship any items home.	Thanks for your understanding. <b>mccalliesportscamp.com</b> <b>sportscamp@mccallie.org</b> <b>(423)493-5886 during camp</b>