



**ASTHMA**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

According to your child’s health records, he/she has had asthma or symptoms of asthma in the past. It would be helpful if you could provide us with more information by completing the following questions each year and returning this form to your child’s school. Thank You.

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Asthma Physician’s Name: \_\_\_\_\_ Phone: \_\_\_\_\_

When was your child diagnosed with asthma? \_\_\_\_\_

When was the last asthma occurrence? \_\_\_\_\_

What triggers an asthma episode (check all that applies)?

Irritants (specify) \_\_\_\_\_ Allergies (specify) \_\_\_\_\_  
Exercise \_\_\_\_\_ Infections \_\_\_\_\_ Food \_\_\_\_\_  
Seasonal \_\_\_\_\_ Animals \_\_\_\_\_ Environment \_\_\_\_\_  
Drugs \_\_\_\_\_ Other \_\_\_\_\_

What medications does he/she use?

Name \_\_\_\_\_ Dose \_\_\_\_\_ Frequency \_\_\_\_\_  
Name \_\_\_\_\_ Dose \_\_\_\_\_ Frequency \_\_\_\_\_  
Name \_\_\_\_\_ Dose \_\_\_\_\_ Frequency \_\_\_\_\_  
Name \_\_\_\_\_ Dose \_\_\_\_\_ Frequency \_\_\_\_\_

Does your child use a peak flow meter? Yes No

What is the normal reading? \_\_\_\_\_

What signs or symptoms are present when your child is having an asthma “episode”?  
\_\_\_\_\_

How much school did your child miss last year because of asthma? \_\_\_\_\_

How often does your child see the physician because of asthma? \_\_\_\_\_

Has your child been hospitalized due to asthma? Yes No When? \_\_\_\_\_

**Please complete Asthma Action Plan on the back of this form.**

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent/Guardian Name

(R-02-14)

**DISTRICT 20 HEALTH SERVICES**

**Greenbrook Elementary School  
& Early Childhood Center**  
630-894-4409 Nurse Phone  
630-894-4544 Main Office  
630-289-6183 Fax

**Waterbury Elementary School**  
630-894-4211 Nurse Phone  
630-893-8180 Main Office  
630-539-2316 Fax

**Spring Wood Middle School**  
630-894-4044 Nurse Phone  
630-893-8900 Main Office  
630-894-9658 Fax