

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1  
Trix Cereal  
Hot Grits  
Mini Pancakes in a Bag  
Sausage Patty  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

2  
Cinnamon Toast Cereal  
Strawberry Yogurt  
Z Breakfast Bread  
Cinnamon Rolls  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

3  
Frosted Flakes  
Strawberry Toaster Pastry  
Hot Grits  
Donuts, Powdered WGR  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

4  
Cinnamon Toast Cereal  
Mini Cinnis  
Sausage & Pancake on a Stick  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

7  
Fruit Loops Cereal Bag  
Lucky Charms Cereal Bag  
String Cheese  
Chocolate Covered Donuts  
Breakfast Sausage Pizza  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

8  
Trix Cereal  
Hot Grits  
Mini Pancakes in a Bag  
Sausage Patty  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

9  
Cinnamon Toast Cereal  
Strawberry Yogurt  
Z Breakfast Bread  
Cinnamon Rolls  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

10  
Frosted Flakes  
Strawberry Toaster Pastry  
Hot Grits  
Donuts, Powdered WGR  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

11  
Cinnamon Toast Cereal  
Mini Cinnis  
Sausage & Pancake on a Stick  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

14  
Student Holiday

15  
Trix Cereal  
Hot Grits  
Mini Pancakes in a Bag  
Sausage Patty  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

16  
Cinnamon Toast Cereal  
Strawberry Yogurt  
Z Breakfast Bread  
Cinnamon Rolls  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

17  
Frosted Flakes  
Strawberry Toaster Pastry  
Hot Grits  
Donuts, Powdered WGR  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

18  
Cinnamon Toast Cereal  
Mini Cinnis  
Sausage & Pancake on a Stick  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

21  
Fruit Loops Cereal Bag  
Lucky Charms Cereal Bag  
String Cheese  
Chocolate Covered Donuts  
Breakfast Sausage Pizza  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

22  
Trix Cereal  
Hot Grits  
Mini Pancakes in a Bag  
Sausage Patty  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

23  
Cinnamon Toast Cereal  
Strawberry Yogurt  
Z Breakfast Bread  
Cinnamon Rolls  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

24  
Frosted Flakes  
Strawberry Toaster Pastry  
Hot Grits  
Donuts, Powdered WGR  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

25  
Cinnamon Toast Cereal  
Mini Cinnis  
Sausage & Pancake on a Stick  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

28  
Fruit Loops Cereal Bag  
Lucky Charms Cereal Bag  
String Cheese  
Chocolate Covered Donuts  
Breakfast Sausage Pizza  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

29  
Trix Cereal  
Hot Grits  
Mini Pancakes in a Bag  
Sausage Patty  
Southern Biscuit  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

30  
Cinnamon Toast Cereal  
Strawberry Yogurt  
Z Breakfast Bread  
Cinnamon Rolls  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

31  
Frosted Flakes  
Strawberry Toaster Pastry  
Hot Grits  
Donuts, Powdered WGR  
Assorted Fruit Juices  
Fresh Fruit Bowl  
Assorted Milks

Menus are subject to change due to product availability.

This institution is an equal opportunity provider.

*October 7-11 is Farm to School Week*  
*October 14-18 is National School Lunch Week*

