

# PPACA NO COST-SHARE PREVENTIVE MEDICATIONS

## by drug category

At Cigna, your health and well-being is important to us. We want you to live life to the fullest. Taking your preventive medications regularly can help you get – and stay – healthy.

### Health care reform requires coverage of certain preventive medications at no cost-share to you

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires plans to cover certain preventive medications and products at 100%, or no cost-share (\$0) to you.\* The U.S. Preventive Services Task Force and the Institute of Medicine provides guidance on which drug classes should be covered. These recommendations are meant to help prevent disease, as well as meet women's unique health care needs.

### Preventive medication coverage

This drug list shows the prescription medications and over-the-counter medicines (available without a prescription) and products available to you at no cost-share (copay, coinsurance and/or deductible). This list is updated as the U.S. Preventive Services Task Force makes new recommendations.

You should log into the **myCigna**® website or app or check your plan materials to learn more about how your plan covers preventive medications. You can also use the Drug Cost tool to estimate how much your medications may cost.

\*This is a list of the medications and other products covered at 100% under the plan's pharmacy benefit at this time, based on existing legal requirements, and is subject to plan terms like limitations and exclusions. For example, if legal requirements for preventive coverage changes, then this list may change.

**Together, all the way.®**



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**This drug list shows the prescription medications and over-the-counter medicines and products available to you at no cost-share under PPACA. This list is updated as the U.S. Preventive Services Task Force makes new recommendations.**

## **Aspirin Products**

Aspirin 81  
aspirin  
aspirin EC  
Aspirin-Low  
Bayer Chewable Aspirin  
Bufferin  
Ecotrin  
EcPirin  
Low Dose Aspirin EC  
Tri-Buffered Aspirin

## **Breast Cancer Prevention**

raloxifene  
tamoxifen

## **Barrier Contraception**

Caya Contoured  
FC2 Female Condom  
FemCap  
Today Contraceptive Sponge  
VCF  
Wide Seal Diaphragm

## **Bowel Prep Products for Colorectal Cancer Screenings**

**Available to adults  
50-75 years of age**

Alophen Pills  
bisacodyl tablet  
Bisa-Lax  
Clearlax  
CoLyte With Flavor Packets  
Correctol  
Ducodyl  
Dulcolax tablet  
Gavilax  
Gavilyte-C  
Gavilyte-G  
Gavilyte-N  
GentleLax  
Gialax  
Glycolax  
GoLytely  
Healthylax  
LaxaClear  
Miralax  
MoviPrep

Natura-Lax  
Nulytely With Flavor Packs  
OsmoPrep  
PEG 3350-Electrolyte  
PEG 3350  
PEG-Prep  
Powderlax  
Prepopik  
Purelax  
Smoothlax  
Suprep  
Trilyte With Flavor Packets

## **Cholesterol Medications**

**Available to adults  
40-75 years of age**

atorvastatin 10mg, 20mg  
fluvastatin 20mg, 40mg  
fluvastatin ER 80mg  
lovastatin 20mg, 40mg  
pravastatin 10mg, 20mg, 40mg,  
80mg  
rosuvastatin 5mg, 10mg  
simvastatin 10mg, 20mg, 40 mg

## **Emergency Contraception**

Aftera  
Econtra EZ  
Econtra One-Step  
Ella  
My Choice  
My Way  
Opcicon One-Step  
Option 2

## **Folic Acid Supplementation**

**Only includes products containing  
0.4 mg-0.8 mg of folic acid**

Fa-8  
folic acid  
KPN  
Perry Prenatal  
Prenatal  
Prenatal Multi + DHA  
Prenatal Multivitamin  
Prenatal Vitamin  
Right Step Prenatal Vitamins  
Urosex

## **Hormonal Contraception<sup>^\*</sup>**

Altavera  
Alyacen  
Amethia  
Amethia Lo  
Amethyst  
Apri  
Aranelle  
Ashlyna  
Aubra  
Aviane  
Azurette  
Balziva  
Bekyree  
Blisovi 24 FE  
Blisovi FE  
Briellyn  
Camila  
Camrese  
Camrese Lo  
Caziant  
Chateal  
Cryelle  
Cyclafem  
Cyred  
Dasetta  
Daysee  
Deblitane  
Delyla  
desogestrel-ethinyl estradiol  
drospirenone-ethinyl estradiol  
Elinest  
Emoquette  
Enpresse  
Enskyce  
Errin  
Estarylla  
ethynodiol-ethinyl estradiol  
Falmina  
Fayosim  
Femynor  
Gianvi  
Heather  
Introvale  
Isibloom  
Jencycla  
Jolessa  
Jolivet  
Juleber  
Junel

## Hormonal Contraception<sup>^\*</sup>

(continued)

Junel FE  
Junel FE 24  
Kaitlib FE  
Kariva  
Kelnor 1-35  
Kelnor 1-50  
Kurvelo  
Larin  
Larin 24 FE  
Larin FE  
Larissia  
Leena  
Lessina  
Levonest  
levonorgestrel-ethinyl estradiol  
levonorgestrel-ethinyl estradiol-  
ethinyl estradiol  
Levora-28  
Lillow  
Loryna  
Low-Ogestrel  
Lutera  
Lyza  
Marlissa  
Melodetta 24 FE  
Mibelas 24 FE  
Microgestin  
Microgestin FE  
Mili  
Mono-Linyah  
Mononessa  
Myzilra  
Necon  
Nikki  
Nora-Be  
norethindrone  
norethindrone-ethinyl estradiol  
norethindrone-ethinyl estradiol-FE  
norgestimate-ethinyl estradiol  
Norlyda  
Norlyroc  
Nortrel  
Nuvaring  
Ocella  
Orsythia  
Philith

Pimtreea  
Pirmella  
Portia  
Previfem  
Quasense  
Rajani  
Reclipsen  
Rivelsa  
Setlakin  
Sharobel  
Sprintec  
Sronyx  
Syeda  
Tarina FE  
Tilia FE  
Tri Femynor  
Tri-Estarylla  
Tri-Legest FE  
Tri-Linyah  
Tri-Lo-Estarylla  
Tri-lo-Marzia  
Tri-Lo-Sprintec  
Tri-Mili  
Trinessa  
Trinessa Lo  
Tri-Previfem  
Tri-Sprintec  
Trivora-28  
Tri-Vylibra  
Tulana  
Tydemy  
Velivet  
Vienna  
Viorele  
Vyfemla  
Vylibra  
Wera  
Wymzya FE  
Xulane  
Zarah  
Zenchent  
Zovia 1-35e

<sup>^</sup> If your doctor feels these medications aren't right for you, ask him/her to call us. There may be other brands available at no cost-share to you

\* Generic hormonal contraceptives are available at no cost-share to you, even though they may not be listed here

## Pediatric Multivitamins Containing Fluoride and Fluoride Supplements

Available to children  
six months – sixteen years of age

Escavite  
Escavite D  
Floriva  
Fluorabon  
fluoride  
Fluoritab  
Flura-Drops  
Ludent Fluoride  
multi-vitamin with fluoride-iron  
multivitamin with fluoride  
MVC-fluoride  
Poly-Vi-Flor  
Poly-Vi-Flor With Iron  
Polyvitamins with Fluoride  
Quflora  
Sodium Fluoride  
Tri-Vi-flor  
Tri-Vitamin with fluoride

## Smoking Cessation<sup>^\*</sup>

Quantity limits apply

bupropion SR 150mg tablet  
Nicoderm CQ  
Nicorelief  
Nicorette  
nicotine gum  
nicotine lozenge  
nicotine patch  
Quit 2  
Quit 4

<sup>^</sup> If your doctor feels these medications aren't right for you, ask him/her to call us. There may be other brands available at no cost-share to you

\* Generic nicotine replacement therapy (known as "store-brands" are available at no cost-share to you, even though they may not be listed here)



Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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