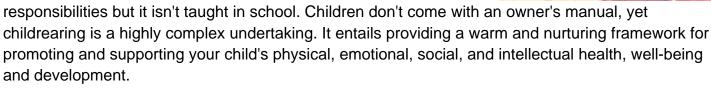


Introducing a New Online Self-Help Tool:

The Parenting Resource Center

Parenting - the business of raising children from infancy to adulthood – is one of life's single most important



The Parenting Resource Center is a new EAP information benefit designed to help you access the best online resources on a dozen parenting topics. Whether it is following your baby's development week-by-week during your pregnancy, child-proofing your home, raising kids with your ex, or finding the right school, you can have resources at your fingertips 24 hours a day, 7 days a week. Here are some of the issues that are covered:

- Prenatal and Birth
- Infancy
- Parenting and Early Childhood Development
- Kids Health & Safety
- Work-life Parenting Issues
- Problems and Special Needs

- Kids Nutrition & Diet
- Just for Dads
- Childcare & Schooling
- Teen Years
- Financial Resources
- Safe Online Sites for Kids

To access these resources, simply log on to our website

www.theEAP.com

- Click on the "Employee/Family" Login button
- Click on "Register here" (or sign in if you have previously registered)
- Enter Your **Employer** and click on the **Continue Button** your employer's name will appear; select the button and click **Continue**
- Create your own username and password on the Registration Form and then click Continue

Or you can call one of our counselors who can mail the information to you.

800-252-4555