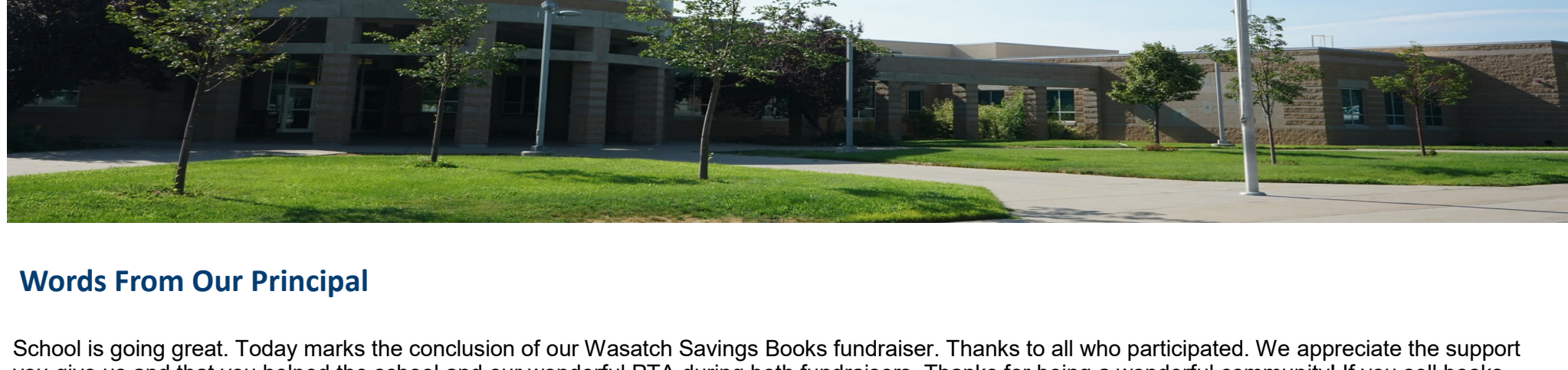




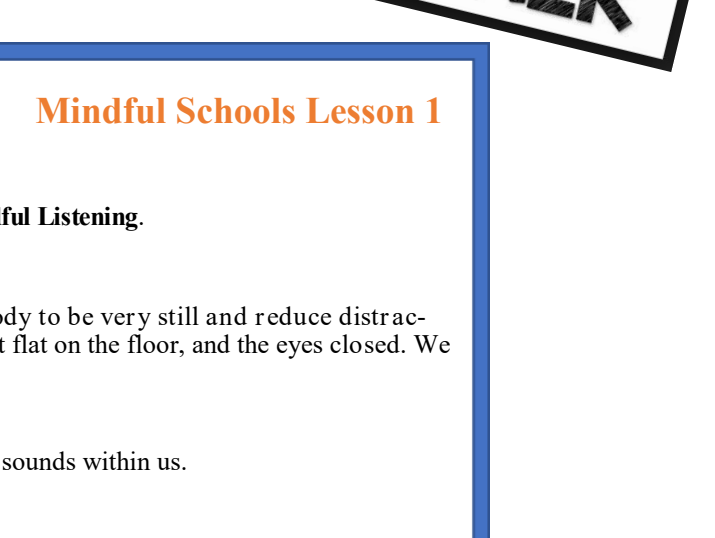
SEPTEMBER 20, 2019

HUSKYGRAM



Words From Our Principal

School is going great. Today marks the conclusion of our Wasatch Savings Books fundraiser. Thanks to all who participated. We appreciate the support you give us and that you helped the school and our wonderful PTA during both fundraisers. Thanks for being a wonderful community! If you sell books throughout the weekend, of course we will gladly accept your money on Tuesday.



Dear Parent,

Mindful Schools Lesson 1

Today was our first mindfulness lesson! We learned about **Mindful Bodies** and **Mindful Listening**.

Mindful Bodies is a way of preparing to practice mindfulness by bringing the body to be very still and reduce distractions (in school, by clearing off the desk). The hands can be placed in the lap, the feet flat on the floor, and the eyes closed. We practiced sitting like this for one minute.

Mindful Listening is all about practicing noticing sounds—sounds around us and sounds within us.

*Invite your child to teach you how to have a **Mindful Body** and practice sitting with them in a **Mindful Body** for one minute.

*Invite your child to teach you **Mindful Listening** and practice **Mindful Listening** during many moments of the day—in the car, waking up in the morning, during dinner, outside on a walk, etc.

If you haven't yet subscribed to the Parent Video Series that accompanies these lessons, please do so! Watch the video for Lesson 01 to help guide you through these practices:
www.dbhprevention.org/parentvideos



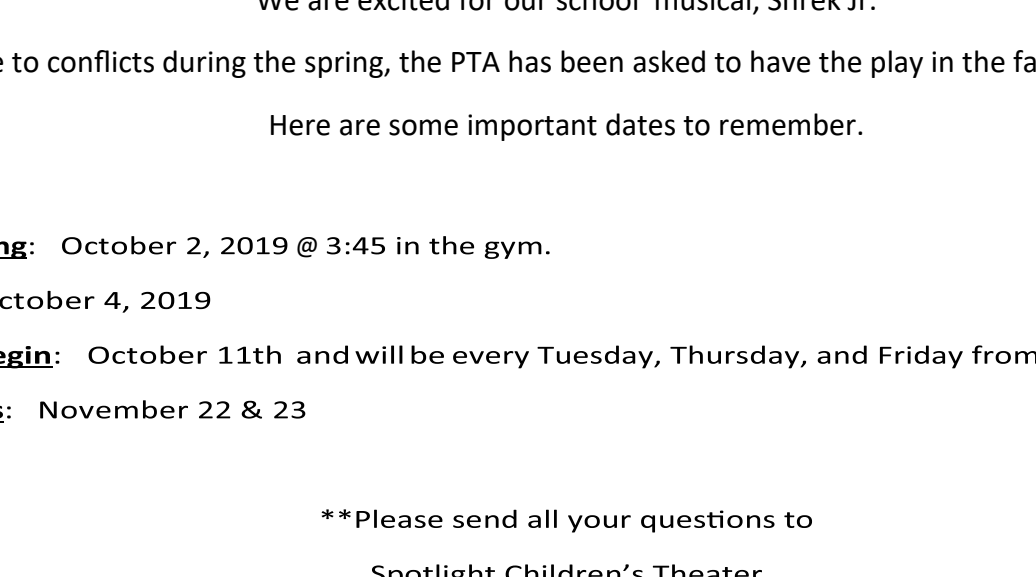
Screening will address social & emotional needs & strengths, depression, anxiety, trauma & suicide.

The screening is not a full psychological evaluation.

Clinical diagnosis will not be made. Parents must be present.

Meet mental health providers.
Learn about community resources.
Refreshments.

To schedule an appointment visit: www.dbhprevention.org/screening
or call Angie Smith @ 801-336-1742.



Participants must be in 3rd-6th grade

We are excited for our school musical, Shrek Jr.

Due to conflicts during the spring, the PTA has been asked to have the play in the fall this year.

Here are some important dates to remember.

Parent Meeting: October 2, 2019 @ 3:45 in the gym.

Auditions: October 4, 2019

Rehearsals begin: October 11th and will be every Tuesday, Thursday, and Friday from 3:30-5:30.

Performances: November 22 & 23

**Please send all your questions to
Spotlight Children's Theater
lara@spotlightct.org



Arts Categories

Dance Choreography - Film Production

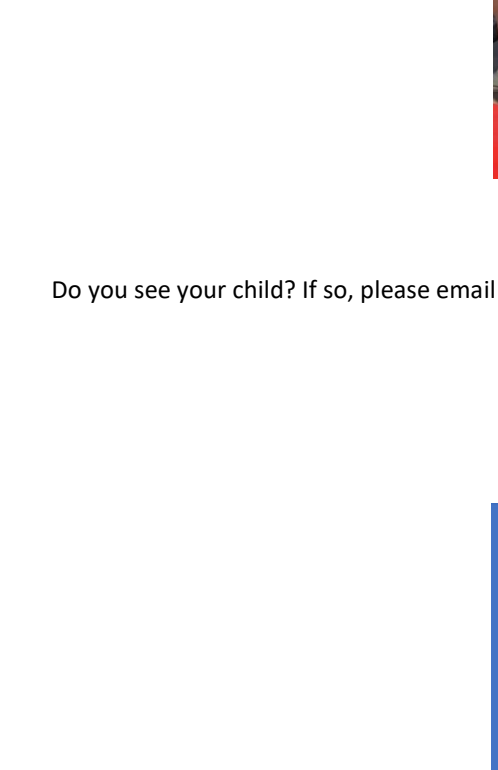
Literature - Music Composition

Photography -Visual Arts

We are excited to announce the Reflections Theme for this year is "Look Within."

More information will be in the office by the end of next week!

We are heading into BAD AIR SEASON



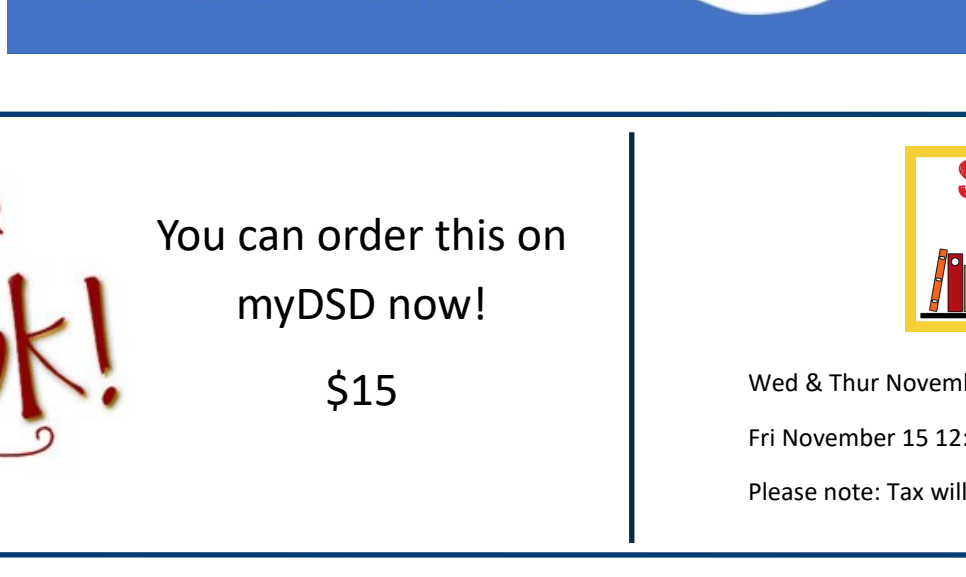
Idle-Free Ordinance:

The ordinance prohibits idling for more than two minutes on public streets or in private spaces that are open to the public (like parking lots). September is idle-free month to help raise awareness.

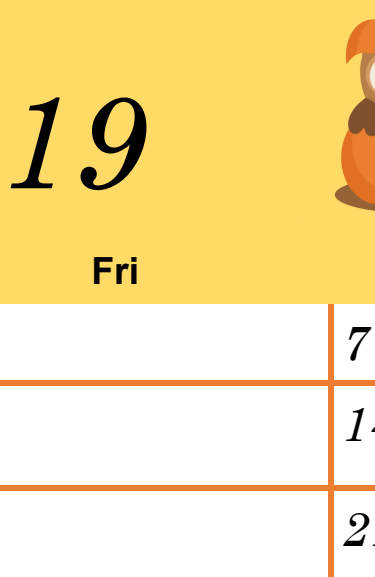
Here at Heritage Elementary we have many students who are affected by bad air quality. We can all do our part in helping our air improve by turning off our cars while parked. We really can make a difference.

<http://utahcleancities.org/idle-free/>

(live link in pdf)



You can order this on
myDSD now!
\$15



Wed & Thur November 13 & 14 12:00-7:00

Fri November 15 12:00-3:00

Please note: Tax will now be added to all purchase prices

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Fire Drill 1:30	17	18 PTA Board Meeting 11:30 Community Council Mtg 4:00	19	20 Wasatch Savings Fundraiser Ends	21
22	23 Prof. Learning Day for teachers NO SCHOOL	24	25	26	27 PTA BDay Table Box Tops Reward Pd Party	28
29	30 Custodian Week— We appreciate Janell, Gabby, Jeff & Jesse					

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Custodian Week— We appreciate Janell, Gabby, Jeff & Jesse	1 Lockdown Drill w/ Layton Police 1:30	2 Shrek Jr Parent Meeting 3:45	3	4 Shrek Jr Auditions	5
6	7 PTA Mathnasium Night 6-8 Box Top Clipping Collection	8 Accreditation Team Visit Boo to the Flu 3:30-7:00 Box Top Clipping Collection	9 Box Top Clipping Collection	10 Boo to the Flu 3:30-7:00 Box Top Clipping Collection	11 5th Grade Maturation 11:15 Box Top Clipping Collection	12
13	14 Picture Retakes	15 Vision Screening	16 PTA Board Meeting 11:30 Community Council Mtg 4:00	17 FALL BREAK NO SCHOOL	18 FALL BREAK NO SCHOOL	19
20	21	22	23	24 Martin Luther King Jr Tryouts	25	26
27	28	29	30	31 End of Term		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Professional Day NO SCHOOL	2
3	4	5	6	7	8	9
10	11	12	13 SEP Conferences Book Fair	14 SEP Conferences Book Fair	15	16
17	18	19	20	21	22 Shrek Jr Performance	23 Shrek Jr Performance
24	25	26	27 NO SCHOOL	28	29 NO SCHOOL	30



PAL and SPECTRUM PARENT INFORMATION MEETING

DATE: September 25, 2019

LOCATION: Kendell Building,
70 E 100 N, Farmington

TIME: 7:00 pm – 8:00pm

Come learn more about Davis District's Elementary programs for high-ability learners. An overview of the programs will be presented and time provided to have your questions answered by a panel of PAL and Spectrum students, parents and teachers.

[Davis School District](http://www.davis.k12.ut.us)

WHO SHOULD APPLY?

First through fifth grade students who consistently demonstrate above average academic ability, have uniformly high test scores and who would benefit from more challenging work at a faster pace.

WHAT DO THE PROGRAMS OFFER?

A challenging curriculum with an emphasis on critical and creative thinking skills, depth, rigor and complexity.

Testing Applications are accepted online at the link below:

<https://www.davis.k12.ut.us/s/academics/pifted-talented/elementary>

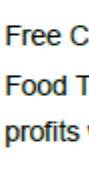
Application Deadline:
October 4, 2019

PAL SCHOOLS (Primary/Advanced Learners)

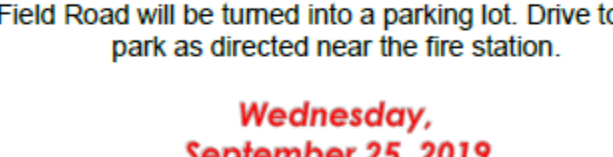
Grades 3-5
BOUNTIFUL ELEM.
KAYSVILLE ELEM.
MOUNTAIN VIEW ELEM.

SPECTRUM SCHOOLS

Grades 4-6
BURTON ELEM.
CENTRALE ELEM.
LAKEVIEW ELEM.
MOUNTAIN VIEW ELEM.
VALLEY VIEW ELEM.
W. BOUNTIFUL ELEM.



Layton Fire Department Open House



The Annual Kendall O. Bryant Fire Prevention Awareness Day Open House will be held on Wednesday September 25th

- Try your skills at the Junior Firefighter "Cute" in a fire hose at windows and door of a house.
- Watch firefighters and our Search Dog "Cole" in action as they simulate searching for victims in a collapsed building.
- Ride on a real Fire Engine (we are asking for a voluntary donation of canned food items for each ride, to go to the Family Connection Center Food Bank) our goal over 100 pounds!
- The two schools with the highest percentage attendance will win a Trophy to display for the year.
- Live Fire Demonstration of a room fire, Emergency Medical Scene Demonstration.
- Free to call Emergency Dispatchers and practice calling in a 911 emergency.
- Take real I.D. Packets by Layton City Police Department.
- Food Truck Vendors on site serving up their specialties for you to buy and enjoy! (A portion of the profits will be given to help fund the School Prevention Programs)

Join us for an evening of learning and fun for your whole family

A portion of West Hill Field Road will be turned into a parking lot. Drive to the bottom (2200 W.) and park as directed near the fire station.



Wednesday,
September 25, 2019
From 5:00 pm - 8:00 pm



At Layton Headquarters Fire Station
530 N. 2200 W.
<https://www.laytoncity.org/FC/Fire>

Distribution of these materials is in no way an endorsement of services, activities, and/or products by the Davis School District.

Sign up for Cellular Emergency Notification:
Smart 911 & Code Red
<https://www.laytoncity.org/LC/Emergency/Management/ENS>

City and Fire Department Social Media sites:



<https://www.facebook.com/LaytonCity/>
@laytoncityfirecorps

@LaytonFYI | General News and Events|
@LaytonPIO | Police & Fire Incident Reporting|
@LaytonEmergency | Public Safety Emergencies|

Keep informed by following us and receive great tips on Safety and Fire Prevention.