

All School

## Upcoming Parents' Auxiliary Events

Tuesday, October 1 - LS Parenting Roundtable

Thursday, October 3 - US/MS Parenting Roundtable

Friday, October 4 - PA meeting in LS library

Wednesday, October 9 - Wildcat Roundup

Friday, October 25 - Homecoming Tailgate

October 28 - LS Trunk or Treat

## Concession Stand Volunteers Needed!

Dear Episcopal Collegiate School Families, It's that time again to support our students by serving as concession and gate volunteers for fall sports. [You can sign up here via Sign-Up Genius.](#)

We ask each family to sign up for a shift or two, because the revenue from concessions and tickets benefits the general budget. This means that it impacts all students, not just those who choose to play sports. The Sign-Up Genius platform will send you a confirmation email with a calendar link, and it will also remind you two days before your shift for convenience. If your schedule changes, no sweat! We only ask that you trade with another family or find someone to take your original shift and make the change in Sign-Up Genius.

Students in grades 6-12 may sign-up for shifts to earn Community Service Hours; however, you must be 16 years of age to work without an adult. In addition, due to the small confines of the concession stand, we ask that no more than two students of any age be in the work area at any given time.

And finally, when possible, please sign up for the earliest calendar dates first. Go, Wildcats!

## Wildcat Roundup

Please save the date for Wednesday, October 9, 2019, 5:00 - 7:00 p.m.

If you would like to volunteer at the Wildcat Roundup, please contact Jamie Jones at [jjones@fridayfirm.com](mailto:jjones@fridayfirm.com).

#### **Lower School**

### **A Note from Mrs. Schuhmacher**

Students enjoyed the most fun Chapel this week with our Lower School counselor, Betsy Abbott. Mrs. Abbott shared her love of games shows with us as we played "Episcopal Collegiate Game Show, Counselor Edition." Cue the Family Feud theme song now in your heads!

Mrs. Abbott quizzed students on times when she might be helpful or not. Should you come to her when bleeding? No. Have a problem in math? No. But, do you have a problem with stress or concern around math? Absolutely see Mrs. Abbott. Are you struggling with a friendship issue or worry over something at home? This is a perfect time to talk with Mrs. Abbott. Students and faculty laughed and learned as Mrs. Abbott shared the ways she can serve as a resource to us all. [Check out a photo here!](#)

We hope you will join our PSL football players, and cheerleaders as they play Holy Souls on Saturday morning at Episcopal at 9 a.m. Or catch the PSL volleyball game at CAC as they take on the PA Blue team at 10:45 a.m. Go, Wildcats!

Sincerely,

Catherine Schuhmacher  
Head of Lower School

### **Thea Paves the Way Designers**

On Saturday, September 21, the Thea Foundation will host its annual sidewalk chalk event, Thea Paves the Way, at the Clinton Center from 8:00 a.m. until noon, and Ms. McSpadden needs help designing the Lower School square! If you are a fourth or fifth grade student and will be able to attend the event on Saturday, September 21, you're invited to help design the square at the last Friday planning session on **Friday, September 20**. This session will be held in Ms. McSpadden's room from 3:15 p.m. - 3:45 p.m.

Students need not have attended all planning sessions to participate in the event, but they will need to commit to be at the event on Saturday, September 21. To sign your student up or if you have any questions, please contact [Ms. McSpadden](#).

## Co-Curricular News - Visual Arts

Pre-K3, Pre-K4, and Kindergarten Wildcats are having a roaring good time in Art! As students explored and became familiar with the materials in the Art room, they also learned about their first element of art - line. Students have learned that they are all artists, and how important it is to believe in themselves. Even if something is difficult and they think they cannot do it, they have learned that if they try and do their best, the results will surprise them!

### Pre-K3

After a discussion about what we do in art class, the kinds of materials we use, and our class rules, students were ready to begin creating! In our first class we read I Like Me and talked about how important it is to like ourselves. We then talked about parts of our bodies and what we would need to include if we were drawing a self-portrait. Students were given a black marker and a white piece of paper and were asked to draw a picture of themselves. In the next class, students learned about liquid tempera paint and how to correctly use a paintbrush. Pre-K3 students were given a large sheet of paper and were directed to paint a background for their self-portrait. Each one was colorful and unique, and they were all very proud of their work. Most recently, we discussed International Dot Day, which is on September 15. We read The Dot and talked about being brave and believing in ourselves and each other. Students then used dot markers to make dots on a sheet of paper that had a paper circle taped in the middle. When they finished using the dot markers and took the paper circle off, there was a giant white dot in the middle of the page, which amazed them! In the coming weeks, we will begin discussing the elements of art, the first being line.

### Pre-K4

After talking about what we do in Art class and reviewing the rules, Pre-K4 began the year by drawing a self-portrait. We discussed the parts of the body that we would include and different ways to draw them. Students set to work drawing their self-portrait using a black marker. The following week we discussed what a background is and looked at the background of several famous paintings. We also discussed the proper way to use tempera paint and a paintbrush. Pre-K4 painted some beautiful, colorful backgrounds for their self-portraits! Most recently students learned about International Dot Day, which is September 15. We read The Dot and discussed the importance of believing in yourself and others and that each of us is special and unique. Students then used watercolors to paint dots. Some used a variety of colors and others chose to mix colors while painting their dots. Each dot was unique and beautiful, just like the students who created them!

## **Kindergarten**

Kindergarteners began the year with a project on following directions. They did a great job and created some wonderful self-portraits using shapes! Students then learned about International Dot Day and about making their mark on the world. We looked at artwork by Wassily Kandinsky and created a “dot” picture in the likeness of his Squares with Concentric Circles. We then jumped into our first element of art - line. Students learned about different types of lines and practiced drawing them. Kindergarteners created a painting using India ink to paint their lines and filled the empty space with tempera paint. They worked very hard and the results were fantastic! In the coming weeks we will continue to learn about lines and create some fun artwork using a variety of materials.

All of the students are learning so much and having so much fun exploring the art materials! It's a joy to experience their enthusiasm and to observe them creating and experimenting with new ideas. We will continue working through our elements of art and learning about master artists as we move through the year.

## **Ms. McSpadden's Upstairs Art Studio**

One of my favorite books is “The Dot” by Peter H. Reynolds. As an artist of any kind, the hardest part is staring at a blank paper and making that first mark. “The Dot” encourages artists of every age to “Make a Mark” to see where it takes you and takes the anxiety out of facing a blank sheet of paper. Every year around September 15th, we celebrate “Dot Day” by creating projects inspired by the book. Read on to find out what “The Dot” inspired art the Wildcat Artists have been creating in the upstairs art studio and be sure to check out the artwork displayed in the hallways. Also, don’t forget to mark your calendars for Thea Paves the Way on Saturday, September 21st from 8:00 a.m. - noon at the Clinton Center!

First graders reviewed their lines by creating a painting using black ink, bingo daubers, and tempera paint. Once we filled their paper with designs and color, we used templates to trace circles to make flowers. We talked about how cutting a circle in half makes a semi-circle or a half circle and we used those to make our petals. They finished their dot flowers with metallic markers for an extra touch! Next, we will be working on a lesson that brings their Fables and Stories unit from the classrooms into the art studio.

Second graders took inspiration from artist, Wassily Kandinsky, for their Dot Day project. Last year, we learned about Wassily Kandinsky when we read “The Noisy Paintbox” for our Caldecott series before we created abstract paintings. This year, we revisited Kandinsky and his circle paintings that make a perfect Dot Day project! We also used to iPads to bring dots to life with the augmented reality program “Quiver”. They colored the sheets provided and were able to see their dots float around the room, bounce and run through a maze. Next, we will be creating dragons to go along with the Ancient Asian Civilization unit they are studying in their classrooms.

Third graders will be using printmaking to create their Dot Day project. They are designing a circle shaped pattern with radial balance on a sheet of paper. Then, they will transfer that design

onto a foam plate by pressing into the plate with a pen. When they finish transferring the design, they will color the plate with markers, then press the plate into a wet piece of paper to transfer the design. The fun part of this project is that they can make as many different prints as they would like and can change up the colors between transfers. Next, we will be visiting Mexico in our “World of Art” series to learn about the artists and cultures in this country.

Fourth graders have been mixing paper folding or origami with radial balance. They learned how to complete four different folds using small squares of paper. Now they are using those folds to build a design that demonstrates symmetry and radial balance. Next, we will be playing Art Bingo and creating a piece of artwork using the materials that are determined by the Bingo game.

Fifth graders have been learning how to use string to create their dot designs. First, we colored pieces of cardboard with oil pastels, painted over it with black paint, then scraped off the black paint to reveal the colors below. Then, we poked holes in the cardboard and made designs using colorful yarn to create the dot designs. The colorful yarn creates such a fun pop of color against the dark background! Next, we will start working on a Hispanic Heritage Month project where the students have researched a famous person in Spanish class and will create an artwork using their likeness. Be sure to look for our Hispanic Hall of Fame in the hallway during October!

## Study Skills in 4th and 5th Grade

We are excited to practice Study Skills with more intention and structure this year with our 4<sup>th</sup> and 5<sup>th</sup> graders. Each week, our students will focus on a different Study Skill that will help them maximize their time and energy with school work. This quarter, students are focusing on Organization and Time Management. During the first week of school, we talked about how to maximize the use of our calendars and planners. Our students talked about what goes best on a monthly calendar versus a weekly calendar, and how they can set intermediate due dates for themselves within a long assignment. Next, students participated in a self-assessment exercise to identify their own strengths and weaknesses. They compared their focus with reading fiction versus nonfiction text. They identified the time and settings where they are able to focus most easily. Knowing their own strengths and weaknesses with Study Skills can help students identify strategies to maximize success.

Students also explored with their classmates and families what a proper Study Space should look like in their homes. Identifying a consistent location to focus on homework and studying can make a big difference! Most recently, we are introducing the concept of SMART goals. Everyone can set goals, but are they all helpful goals? By making sure that our goals are Specific, Measurable, Achievable, Relevant, and Timely (SMART), we set goals that we are more likely to accomplish.

Our students are enjoying our Study Skills curriculum, and hopefully taking these conversations home to share with their families. Study Skills take a long time to master and have benefits that

will last a lifetime! Be sure to check out the 4<sup>th</sup> and 5<sup>th</sup> grade Haiku page for more details about our weekly Study Skills lessons and how you can reinforce these skills at home!

## Chapel News

In Godly play, we are exploring the Story of Moses; from his time as a baby all the way through to the burning bush. We are talking about how Moses discovers a God who is present in the most surprising ways, and how God calls Moses to help bring freedom to those in enslaved in Egypt.

In our upcoming community chapel, we will be exploring the theme of forgiveness that is found in the story of Joseph. Joseph is betrayed and sold into slavery by his brothers, yet God brings great good out of a terrible situation. Joseph is used by God to save many people from famine, including the very same brothers who betrayed him.

**Fifth Grade Chapel Readers:** Miles Dockery, Granger Colclasure, and Eli Dellimore

**Cantors:** Addie Kate Wood, Grant Glover and Gabriel West

Blessings+,

Mother Curtis

## Save the Date for Wildcat Roundup!

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If you would like to volunteer at the Wildcat Roundup, please contact Jamie Jones at [jjones@fridayfirm.com](mailto:jjones@fridayfirm.com).

## Carpool Reminders

Students should be dropped off in the carpool line and not in the parking lot. If you choose to walk your child in, please walk your child all the way in the building. It is extremely unsafe to drop your child in the parking lot and allow them to walk across by themselves, especially during high traffic times.

All cars must have a green sign to pick up a child in carpool. If you do not have a green sign, we will ask you to pull up to the office and we will call your child to the office. We apologize for the

inconvenience this may cause but appreciate your understanding. Please email [Tonya Thomas](#) if you need additional signs.

Finally, please do use cell phones in the carpool line. We want all drivers to be highly alert for any children or adults who may be walking to the parking lot. As always, safety is our priority. Thank you for keeping our families safe and respecting these guidelines.

## Super Sessions

Super Sessions began this week and there's still time to register. Click [here](#) for more information.

Please contact [Morgan Dlouhy](#) or [Emma Daily](#) if you have any questions regarding Wildcat Club or Super Sessions. The Wildcat Club emergency contact number is 501.804.6649.

## Pride Patrol

Pride Patrol students assigned for next week, **Monday, September 16 - Friday, September 20** are:

**Pre-K Carpool:** Mary Evelyn May, Aubrey Morehead, Elli Roberts, Will Schuhmacher, Harper Staggs

**K-5 Carpool:** Emma McGraw, Sarah Cooper Riley, Naima Turner, Cate Whitbeck, Rhys Wolter

## Mark Your Calendar

### Monday, September 16

- Girls on the Run, 3:15-4:45pm
- Taekwondo (K-1), 3:30-4pm; (PreK) 4-4:30pm; (2-5) 4:30-5pm
- PSL Cheer Practice, 4:15-5:15pm

### Tuesday, September 17

- Tiny Tumblers, PreK3-K, 3:30-4pm
- PSL Football Practice, 3:45-5:15pm
- Cheer Time! Grades 1-5, 4-4:30pm

## **Wednesday, September 18**

- Community Chapels
  - PreK 3, 8:45am-9am
  - PreK 4, 8:25am-8:40am
  - Kindergarten, 9:10am-9:25am
  - 1st-5th, 10:45am-11:15am
- Tiny Dancers, PreK3-K, 3:30-4pm
- Wee Little Arts, PreK3-4, 3:20-4pm
- Wee Little Arts, K-2, 4:10-4:50pm
- Zumba Kids! PreK3 - 1st grade, 4-4:30pm

## **Thursday, September 19**

- Chess Club, 3:15-4:30pm
- Tiny Dancers, PreK3-4, 3:30-4pm
- Tiny Dancers, K-1, 4-4:30pm
- PSL 5th Grade Volleyball practice, LS gym, 3:30-5pm
- PSL Football Practice, 3:45-5:15pm
- Girls on the Run, 3:15-4:45pm

## **Friday, September 20**

- PSL Football Practice, 3:45-5pm

**Find the [LS Calendar](#) here.**

### **Middle School**

### **A Note from Dr. McCormick**

Dear Parents,

Part of our job at school is to partner with you in helping our children be good consumers, creators, and curators of technology. As you read in Mrs. Agee's letter from yesterday regarding our partnership with the Social Institute, we have chosen to use their gamified curriculum to facilitate discussions among our students about this important topic. Last Thursday in Advisory, we began with the first unit entitled, "Play to your core." Students and faculty in advisories were presented with different on-line scenarios supplied by students in their same grade level from other schools who also partner with

The Social Institute. I was very impressed with the quality of the ensuing student discussion in my advisory group, as well as the responsible manner in which they approached each scenario. On Monday during Advisory, we did a follow up activity, where students created and rolled dice to help fashion different scenarios around peer pressure and social media, including texting and gaming. Here again, students were engaged, and we all benefited from the group's collective thinking. We hope that some of you join us to "play the game of social" at Mrs. Agee's informational session on **Friday, September 20, at 8:00 a.m.** in the Middle School's Erwin Library.

Chuck McCormick  
Head of Middle School

## Athlete of the Week

**Seventh Grade Volleyball Player, Maggie Ransdell:** This is what Coach Parker had to say in her nomination of Maggie: "This volleyball player always plays with an amazing attitude and an enthusiastic spirit. She smiles even in the midst of struggles and always encourages others to be their best. Her commitment to excellence is unparalleled! In the first match of the season, she served nine consecutive serves to help lead her team to victory!! Way to go, Maggie! Go, Wildcats!"

## Seventh Grade Seeking the Summit Awards

This past Monday, our seventh grade core teachers recognized the following students for effort, positive risk-taking, "constructive skepticism," and great overall attitudes for the month of August.

Congratulations to:

Math - Mrs. Lenfestey - **Oscar Vandiver**

Social Studies - Mrs. Jones - **Griffin Davis**

English - Ms. Lewis - **Lauren Grotte**

Science - Ms. Owen - **Tollie Tedford**

## **All MS Field Trip - Oct. 4, 12:30 - 2:30 p.m.**

On October 4, Middle School students and faculty will participate in a leadership and service event with the group, Tacos4Life, at the convention center. We will be serving our fellow community members by packing meals provided by Tacos4Life, and the experience will also afford us an opportunity to practice leadership and followership! Please let your child's advisor or Mrs. Britt know if your child will not attend.

## **Upcoming Events**

**Friday, September 20, 8:15am, MS Erwin Library - Social media parent program** hosted by Middle School Librarian, Jennifer Agee. All parents are welcome.

**October 4** - Middle School students/faculty will participate in an all Middle School service event with Tacos4Life and put on by the group "Feed My Starving Children." You should be receiving information and a permission slip about this very soon. As this will occur during the school day, 12:30 - 2:30 p.m., these hours will **not** count towards the five required community service hours that all Middle School students must earn.

**October 4 - Middle School Tailgate**, 4:00 - 7:00 p.m. We invite you to join us for a Middle School tailgate! Middle School parents and students are encouraged to come cheer on our Middle and Upper School football players, while enjoying snacks, drinks, and fellowship at the designated Middle School tents. We also need parents' help in contributing to the snacks, so stay tuned for information from your grade-level parent representative! Even if you are unable to contribute anything edible, we want you there!

**October 10, Thursday - Student-Parent-Teacher conferences** - Please see the [email](#) sent earlier this week regarding how to schedule these. Instructions are different for sixth graders versus seventh and eighth graders.

## **Calendar**

Wednesday, September 18 - Family Night

Friday, September 20 - Parent Social Media Program, 8:15 a.m. - MS Erwin Library

Friday, October 4 - Tacos4Life Service Project

Friday, October 4 - Middle School Tailgate - 4:30-7:30 p.m.

Thursday, October 10 - Family/Teacher conferences (No classes or activities, but students should participate in Middle School conferences with parents/guardians.)

**Find the [MS Calendar](#) here.**

**Upper School**

**A Note from Mr. Urquhart**

Last week, I shared a number of recent news articles and resources related to the dangers of electronic cigarette use with students and parents. At that time, two people had died from vaping-related illnesses, but since that time, the death toll related to electronic cigarette use has risen to six. The American Lung Association issued [a statement this week](#) warning against the use of electronic cigarettes and encouraging anyone who has used e-cigarettes to seek immediate medical attention if they experience signs of lung illness such as shortness of breath, coughing, or chest pain. The American Lung Association statement also points to the fact that the lungs of young people may be more easily damaged by the heavy metals, propylene glycol, and other harmful substances that electronic cigarettes contain.

The use or possession of e-cigarettes at school is a serious infraction of the school's policies, but our focus remains on making sure that our students are aware of the health risks associated with vaping and that if any of them are using electronic cigarettes, they are able to receive the help that they need (both to stop using these products and to diagnose and treat any resulting illness) without disciplinary consequences. If any of our students need help, they can speak with Ms. TerAvest without fear of disciplinary action from the

school--our focus will be on making sure that they receive the support and treatment needed to stop using e-cigarettes.

On Wednesday, we were pleased to share the news that two members of the Class of 2020 have been named as National Merit Semifinalists. From among the 1.6 million members of this graduating class nationwide who took the National Merit Scholarship Qualifying Test last fall, approximately 16,000--just less than 1%--were recognized as Semifinalists. Please join me in congratulating Ivan Messias and Jed Johnson for being named as Semifinalists, and in wishing them luck as they vie for a position as one of this year's National Merit Finalists.

On September 25 and 26, all of our eleventh-grade students will be meeting in US 215 during their study hall period for training in CPR and in the use of an AED. Any of our seniors who haven't previously completed this training should attend as well. While this training fulfills a graduation requirement for the state of Arkansas, it's also great to know that so many members of our school community are prepared to help in the event of a health-related emergency. If you have questions, or if you're a student who doesn't have a study hall, please touch base with Nurse Hopkins.

Troy Urquhart  
Head of Upper School

## College Counseling News

### CAPS College Fair

The Central Arkansas Private Schools (CAPS) College Fair will take place on Monday, September 23 from 6:00 - 8:00 p.m. at the Jack Stephens Center on the UALR campus. All Upper School students and their families are invited to attend. This is a wonderful way to learn about more than 120 colleges all in one place. For more information on making the most of a college fair event, [please click here](#).

### Financial Aid Night

Do you have questions or fears about filling out financial aid information for college? Then, plan to attend the Financial Aid Night on Monday, October 1 at 6:30 p.m. in the MS/US Dining Hall. Kris Burford, Associate Vice President of Enrollment and Director of Financial Aid at Hendrix College, will be our guest speaker. Though students are welcome to attend, this may be most helpful to parents about to fill out the FAFSA and CSS Profile.

## **Mini Camp College**

This is a great opportunity for 9th and 10th graders to learn about the college application process! [See the flyer here.](#)

## **College Visits**

All juniors and seniors are encouraged to attend these college meetings in the College Counseling Office if interested in applying to the college. Students should sign up in Scoir beforehand. Also, if missing a class, students should have the teacher sign the College Meeting Permission Form found on the bookshelf of the College Counseling Office.

## **Upcoming Events**

Wednesday, September 18 - Family Night

**Find the [US Calendar](#) here.**

## **Athletics**

## **Upcoming Games**

**Saturday, September 14**

- 5th-6th Grade Football, 9:00 a.m. - HOME

## **Monday, September 16**

- Boys and Girls Varsity Golf - LRCA at CCA, 3:00 p.m.
- Boys and Girls Middle School Tennis - Anthony, Pinnacle View: Tri-Match, 3:30 p.m. - HOME
- Girls 7th Grade Volleyball vs. Mayflower, 4:30 p.m. - HOME
- Girls 8th Grade Volleyball vs. Mayflower, 5:30 p.m. - HOME
- Girls 9th Grade Volleyball vs. Mayflower, 6:30 p.m. - HOME

## **Tuesday, September 17**

- Boys and Girls Varsity Tennis vs. CAC, 4:00 p.m. - HOME
- Girls 9th Grade Volleyball vs. Ashdown, 4:30 p.m. - AWAY
- Girls Junior Varsity Volleyball vs. Ashdown, 5:30 p.m. - AWAY
- Girls Varsity Volleyball vs. Ashdown, 6:30 p.m. - AWAY

## **Thursday, September 19**

- Boys and Girls Varsity Tennis vs. Harding Academy, 4:00 p.m. - HOME
- Girls 9th Grade Volleyball vs. Baptist Prep, 4:30 p.m. - AWAY
- Girls 7th Grade Volleyball vs. Baptist Prep, 4:30 p.m. - AWAY
- Girls 8th Grade Volleyball vs. Baptist Prep, 5:30 p.m. - AWAY
- Girls Junior Varsity Volleyball vs. Baptist Prep, 5:30 p.m. - AWAY
- Girls Varsity Volleyball vs. Baptist Prep, 6:30 p.m. - AWAY

## **Friday, September 20**

- Junior High Football vs. Hermitage, 5:00 p.m. - AWAY
- Varsity Football vs. Hermitage, 7:00 p.m. - AWAY

Find the [Wildcat Athletic Calendar](#) here.