



Eton Porny C. of E. First School

Lunch Menu: September 2019 – February 2020

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	MEAT/FISH	Beef Lasagne with Mixed Salad	Chicken and Vegetable Pie	Roast Turkey with Roast Potatoes and Stuffing	Chicken Goujons With Potato Wedges	Battered Fish Fillet and chips
	VEGETARIAN	Sweetcorn Pizza with Mixed Salad	Vegetarian Burger in a Bun with Herb Diced Potatoes	Vegetable Frittata	Tomato and Vegetable Pasta with Garlic Bread	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Green Beans	Sweetcorn	Cabbage & Carrots	Sweetcorn	Peas or Baked Beans
	DESSERT	Banana Sponge	Strawberry Jam Flapjack	Fresh Fruit	Apple Crumble and Custard	Cheese and Biscuits
WEEK 2	MEAT/FISH	Chicken Curry with Yellow Rice	Cottage Pie	Roast Gammon, Pineapple and Roast Potatoes	Pork Sausages with Mashed Potatoes and Gravy	Battered Fish Fillet and Chips
	VEGETARIAN	Cheese and Tomato Pizza With Mixed Salad	Quorn Goujons with Herb Diced Potatoes	Cheesy Vegetable Enchilada	Vegetarian Sausages with Mashed Potato and Gravy	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Broccoli	Green Beans	Carrots & Peas	Peas	Peas or Baked Beans
	DESSERT	Cocoa and Beetroot Sponge	Ice Cream	Fresh Fruit	Oat Cookie	Orange and Mandarin Jelly
WEEK 3	MEAT/FISH	Salmon Fish Fingers with Mixed Salad	Beef Burger with Herb Diced Potatoes	Roast Chicken with Roast Potatoes and Stuffing	Chicken Pasta Bake with Garlic Bread	Battered Fish Fillet and Chips
	VEGETARIAN	Pepper Pizza with Mixed Salad	Vegetable Curry with Yellow Rice	Cheese and Tomato Quiche	Macaroni Cheese	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	VEGETABLES	Coleslaw	Sweetcorn	Cabbage & Carrots	Peas	Peas or Baked Beans
	DESSERT	Jam Sponge and Custard	Apple and Berry Flapjack	Fresh Fruit	Pear Crumble and Custard	Cheese and Biscuits

Available Daily: Fresh Fruit



Yogurts



Salad



Bread

