



Tipton Rosemark Academy

October 2019 Lunch Menu for Grades 1-12

	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
The Classics		Crunchy or Walking Taco Chicken Enchiladas	Chick- Fil-a Nuggets	Chicken Spaghetti Chicken Fried Steak	BBQ Sandwich BBQ Chicken
Sides		Rice Pilaf Cheesy Refried Beans Corn Nuggets	Waffle fries	Mashed Potatoes Sweet Peas Mixed Veggies	Baked Beans Roasted Potatoes Baked Apples
Passport Café		Warm Cookies	Baked Potato Sweet Potato	Beef Ravioli	Angel Food Cake Day Strawberry Shortcake
Grille feature		Chicken Quesadilla	Chick-Fil-a Sandwich	Chicken Bacon Ranch	*****

	7	8	9	10	11
FALL BREAK					
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	14	15	16	17	18
The Classics	Poppy Seed Chicken Baked Ham	Soft Chicken Tacos Beef Enchiladas	Rebel Tenders	Catfish Fillets Baked Chicken	Marcos Pizza Cheese
Sides	Northern Beans Scalloped Potatoes Steamed Broccoli	Refried Beans Mexican Skillet Corn Roasted Vegetables	French Fries	Green Beans Hush Puppies Fried Okra	Sausage Pepperoni
Passport Café	BBQ Nachos Cheese Nachos	Stuffed Pretzel Sticks	Macaroni and Cheese	Bosco Sticks	Boneless Wings
Grille feature	Spicy Chicken Sandwich	Chicken Quesadilla	Homestyle Chicken Sandwich	Chicken Bacon Ranch	*****

	21	22	23	24	25
The Classics	Chicken Parmesan Spaghetti & Meatballs	Crunchy or Walking Taco Cheesy Taco Mac	Chick- Fil-a Nuggets	Herb Chicken Glazed Meatloaf	Rebel Dogs Rebel Burgers
Sides	Italian Noodles Sweet Peas Buttered Corn	Cheesy Refried Beans Homestyle Potatoes Corn Nuggets	Waffle Fries	Black Eyed Peas Mashed Potatoes Steamed Broccoli	Baked Beans
Passport Café	Angel Food Cake with Toppings	Baked Potatoes	Warm Cookies	Onion Rings Fried Pickles	FRY DAY- French Fry Bar Chili, Cheese, Various Fries, Sauces *****
Grille feature	Spicy Chicken Sandwich	Chicken Quesadillas	Chick-Fil-a Sandwich	Chicken Bacon Ranch	

	28	29	30	31
The Classics	Sweet & Sour Chicken Beef Broccoli	Chicken Cheese & Rice Asada Fajita Bowl	Rebel Tenders	Loaded Mashed Potato Bar
Sides	Lo Mein Fried Rice Veggie Spring Rolls	Pinto Beans Spanish Rice Creamy Mexican Corn	French Fries	Popcorn Chicken Gravy, Corn, Various toppings
Passport Café	Sub Sandwiches	Footlong Corn Dogs	Baked Potato	Beef ravioli
Grille feature	Spicy Chicken Sandwich	Chicken Quesadillas	Homestyle Chicken Sandwich	Chicken Bacon Ranch



Grab & Go	Every Wednesday!	Daily Grille Items	Twice A Month	Contact Us
Freshly-made Wraps, Hoagies, Parfaits Fruit Cups & MORE!! 	Baked Potatoes 	Hamburgers Hot Dogs & Corndogs Pizza Sticks Meal Deal 1 Entrée 2 Sides 16 oz Drink \$4.25	Marcos Pizza Chick-Fil-A Sandwiches 	Stacey Gutierrez Food Service Director 901-829-4225 tramanager@mmihg.com Pay online and view purchases www.mypaymentsplus.com

