

Lower School Lunch Menu

October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Contact FORDS Catering Office/Home/Parties Call Maria Faracchio x1373 mfaracchio@haverford.org	1	2	3	4
	Chef's Choice of Soup Taco's Rice & Beans Veggie Tacos Water Ice	Chef's Choice of Soup Meatball Subs Curly Fries 3 Bean Ragout Jello	Chef's Choice of Soup Grilled Cheese Tater Tots Grilled Portobello Sandwich Brownies	Chef's Choice of Soup Pizza Pepperoni Pizza Veggie Pizza Cookies
7	8		10	11
Chef's Choice of Soup Bacon Breakfast Potatoes French Toast Sticks Strawberry Gogurt	Chef's Choice of Soup Hot Dogs Crinkle Cut Fries Veggie Couscous Chocolate Mousse		Chef's Choice of Soup Roasted Sesame Chicken Steamed Brown Rice Veggie Chili Bowl Pudding	Chef's Choice of Soup Pizza Pepperoni Pizza Veggie Pizza Cookies
14	15	16	17	<div style="background-color: yellow; border: 2px solid black; padding: 10px; text-align: center;">  Parent Teacher Conferences </div>
Chef's Choice of Soup Braised Beef Stew Buttermilk Biscuit Greens & Beans Ice Cream Cup	Chef's Choice of Soup Cheeseburger Tater Tots Garden Burger Cake	Chef's Choice of Soup Roasted Turkey Mashed Potatoes Veggie Quiche Lucky Charms Treat	Chef's Choice of Soup Cheese Ravioli Meatballs Tofu Noodle Bowl Brownies	
21	22	23	24	25
Chef's Choice of Soup Chicken Pasta Bowl Garlic Bread Stick Grilled Veggie Pasta Pudding	Chef's Choice of Soup Pepper steak Steamed Brown Rice Eggplant Parm Ice Cream Cup	Chef's Choice of Soup Apricot Mustard Chicken Spicy Potato Wedges Veggie Bowl Cake	Chef's Choice of Soup BBQ Pulled Pork Snd Mac & Cheese Veggie Gyro Water Ice	Chef's Choice of Soup Pizza Pepperoni Pizza Veggie Pizza Cookies
28	29	30	31	Contact THE FORDS STORE For your uniforms, apparel, spirit, & performance wear! Call Lona, ext. 1242 alamaj@haverford.org
Chef's Choice of Soup Chicken Fingers Tater Tots Veggie Steak Sandwich Strawberry Gogurt	Chef's Choice of Soup Cheesesteaks Curly Fries Quinoa Primavera Rice Krispy Treat	Chef's Choice of Soup Chicken Parmesan Penne Pasta Veggie Tacos Ice Cream Cup	Chef's Choice of Soup Mummy Dogs Skinny Fries Pumpkin Ravioli Birthday Cupcakes	

*Remember: We strive to be 100% Peanut/Nut Free when packing lunches from home.