



Spring Woods HS Breakfast Menu 2019-2020

Breakfast Prices

- Students (Full Price) \$0.75
- Students (Reduced Price) \$0.30
- Students (2nd Breakfast) \$1.95
- Adult & Staff Breakfast \$2.10

Weekly Options

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage Breakfast Pizza w/Tator Tots or Breakfast Pastry Bar or Choice of Cereal or Pop Tarts Apple OR Grape OR Orange Juice Choice of Fruit 1% White Milk or Nonfat Chocolate Milk	Sausage Eggs & Waffle Platter or Cinnamon Burst Bread or Choice of Cereal or Yogurt Parfait w/granola Apple OR Grape OR Orange Juice Choice of Fruit 1% White Milk or Nonfat Chocolate Milk	Cinnamon Glazed Pancakes w/Tator Tots or Chicken & Beef Kolache w/Tator Tots or Choice of Cereal or Pop Tarts Apple OR Grape OR Orange Juice Choice of Fruit 1% White Milk or Nonfat Chocolate Milk	Turkey Sausage & Cheese Breakfast Sandwich Or Cinnamon Burst Bread or Choice of Cereal or Yogurt Parfait w/granola Apple OR Grape OR Orange Juice Choice of Fruit 1% White Milk or Nonfat Chocolate Milk	Glazed WG Donut or French Toast Sticks w/turkey sausage link Or Choice of Cereal or Pop Tarts Apple OR Grape OR Orange Juice Choice of Fruit 1% White Milk or Nonfat Chocolate Milk

NO ITEMS CONTAIN PORK
Menus are subject to change

2019

- 8/15 School Year Begins - Students
- 9/2 Holiday Students and Staff
- 10/11 Holiday Students only
- 10/14 Holiday Students and Staff
- 11/25-11/29 Holiday Students and Staff
- 12/23-12/31 Holiday Students and Staff

2020

- 1/1-1/3 Holiday Students and Staff
- 1/6 Holiday Students only
- 1/20 Holiday Students and Staff
- 2/17 Holiday Students only
- 3/16-3/20 Holiday Students and Staff
- 4/10-4/13 Holiday Students and Staff
- 5/25 Holiday Students and Staff
- 5/28 School Year Ends - Students



Spring Woods HS Lunch Menu 2019-2020

Lunch Prices

- Students (Full Price) \$2.25
- Students (Reduced Price) \$0.40
- Students (2nd Lunch) \$3.50
- Adult & Staff Lunch \$3.75

Monday	Tuesday	Wednesday	Thursday	Friday
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WEEKLY OPTIONS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Line	Boneless Wings w/Texas Toast OR Crisпитos w/Cheese Sauce Choice of Fruit Curly Fries and/or Celery Sticks 1% White Milk or Chocolate Milk	Chicken Fried Steak Sandwich OR Oven Baked Chicken Choice of Fruit Mashed Potatoes and/or Baby Carrots 1% White Milk or White Whole Milk	Chili Cheese Dog OR Mini Corn Dog Choice of Fruit Baked Beans and/or Sweet Potato Fries 1% White Milk or White Whole Milk	Mandarin Chicken w/rice & Eggroll OR Beef Nachos w/rice Choice of Fruit Roasted Broccoli and/or Street Corn 1% White Milk or White Whole Milk	Lasagna OR Fiesta Pizza Choice of Fruit Roasted Vegetables and/or Baby Carrots 1% White Milk or White Whole Milk
Grab & Build	Chicken & Cheese Wrap OR Garden Salad OR Baked Potato OR Yogurt Parfait w/granola Choice of Fruit Celery Sticks or/and Baby Carrots 1% White Milk or Chocolate Milk	Chicken Burrito Bowl OR Ham or Turkey Sub OR Yogurt Parfait w/granola Choice of Fruit Tossed Side Salad or/and Veggie Dippers 1% White Milk or Chocolate Milk	Chicken & Cheese Wrap OR Garden Salad OR Baked Potato OR Yogurt Parfait w/granola Choice of Fruit Baked Beans or/and Baby Carrots 1% White Milk or Chocolate Milk	Chicken Burrito Bowl OR Ham or Turkey Sub OR Yogurt Parfait w/granola Choice of Fruit Broccoli Florets or/and Street Corn 1% White Milk or Chocolate Milk	Chicken & Cheese Wrap OR Garden Salad OR Baked Potato OR Yogurt Parfait w/granola Choice of Fruit Tossed Side Salad or/and Cucumber Coins 1% White Milk or Chocolate Milk
Snack Bar	Hamburger or Cheeseburger OR Regular Chicken Sandwich or Spicy Chicken Sandwich OR Cheese Pizza or Pepperoni Pizza or Buffalo Chicken Pizza Choice of Fruit Lettuce Stack or/and Curly Fries 1% White Milk or Chocolate Milk	Hamburger or Cheeseburger OR Bosco Stick OR Personal Cheese Pizza or Personal Pepperoni Pizza Choice of Fruit Baby Carrots or/and Lettuce Stack or/and Veggie Dippers 1% White Milk or Chocolate Milk	Hamburger or Cheeseburger OR Regular Chicken Sandwich or Spicy Chicken Sandwich OR Cheese Pizza or Pepperoni Pizza or Buffalo Chicken Pizza Choice of Fruit Baked Beans or/and Sweet Potato Fries 1% White Milk or Chocolate Milk	Hamburger or Cheeseburger OR Bosco Stick OR Personal Cheese Pizza or Personal Pepperoni Pizza Choice of Fruit Lettuce Stack or/and Broccoli Florets or/and Veggie Dippers 1% White Milk or Chocolate Milk	Hamburger or Cheeseburger OR Regular Chicken Sandwich or Spicy Chicken Sandwich OR Cheese Pizza or Pepperoni Pizza or Buffalo Chicken Pizza Choice of Fruit Lettuce Stack or/and Baby Carrots 1% White Milk or Chocolate Milk

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