

# Father-Son Weekend 2019

Check-In: Check in at the McCallie Lake between 5PM & 6PM

Friday Schedule:

5PM to 6PM – Dorm Check-In

6PM Pizza at McCallie Lake

6:30PM – 7:15PM **Free Swim & Open Gym**

**7:35PM – 9:30PM**                      **Rotate after 20 minutes**

**Football Spears Stadium (Joel Bradford), Tennis (Eric Voges) Indoor Tennis Center**

**CAVE Film Production (Dave Porfiri), ART (Merrion)**

9:30PM Gameroom Social

11PM Dad's Social at Ft. Wood (north end of Belk)

## FATHER / SON WEEKEND SATURDAY SCHEDULE

8:30AM Breakfast in the McCallie Dining Hall

**9:15AM – 11:15AM**                      **Rotate after 20 minutes**

**Baseball (Costo) Varsity Baseball Field / Golf (Riddle) Indoor Golf Center / Strength & Conditioning (Tyler Newman) / Rowing (Daughdrill) Indoor Track**

11:30AM – 12:15Noon                      **Free Swim**

12:30    Lunch in the McCallie Dining Hall (Must wear dry clothes!)

1PM – 2PM                                      Bookstore, Gameroom, Rest Time & Open Gym

**2:30PM – 3:30PM**                      **Rotate after 25 minutes**

**Speed (Wood) Indoor Track / Basketball (Conrady) Wood Floor**

4:30PM – 5:45PM                              Rest & Free Time

5:45PM – 7PM                                      **Cookout & Swimming at Lake**

7:30PM – 8:30PM                              Games at Spears Stadium (Flag Football, Ultimate, Soccer, etc)

9PM – 10PM                                      Gameroom & Ice Cream Party

## Sunday

8AM    Breakfast in the McCallie Dining Hall

Closing Photo and Walk Up Missionary Ridge

**Dad's please feel free to go at a relaxed pace. No activity is required and you are welcome to enjoy the McCallie gameroom during the day or simply return to the dorm and rest at any time. Please note that we have 3 free swim opportunities to relax by the McCallie Lake.**

## CLOTHING AND EQUIPMENT

No “expensive” clothing is necessary and camp is casual. Listed below are items to bring to camp. There is no extra charge for the camp T-shirt we provide. T-shirts that advertise alcohol or tobacco products or are crude & rude cannot be worn at McCallie Summer Camps.

**All items should be labeled.**

Shoes	Linens	Clothing
1 pair non-scuffing basketball shoes	Recommend sleeping bag or 2 sets long twin bed sheets	4 pair underpants
	pillow with pillow cases	3 pair socks
1 pair running shoes	blanket/bedspread - the dorm rooms are air-conditioned	4 pair athletic shorts
	2 wash cloths, 4 bath towels, 2 beach towels	4 T-shirts
1 pair shower sandals (i.e. flip flops) (optional)	<b>2 pair quick drying swimming trunks</b>	
<b>Toilet Articles</b> soap, shampoo, deodorant, toothbrush, toothpaste, comb.	1 sweatshirt	summer pajamas
		1 pair long pants - khaki or jeans (in case of cooler weather)
<b>Optional Items</b> Flashlight, swimming goggles	<i>McCallie is not liable for any lost items, and we do not ship items home.</i>	<b>SPORTS EQUIPMENT:</b> Although we provide all generic sports equipment, some boys prefer their own equipment including tennis racket, lacrosse equipment, baseball mitt, etc. Please label all items and don't send anything expensive.
	<b>mccalliesummercamps.com</b> 423-493-5886	

If needed we do have laundry facilities in the dorm.