

# Leona Libby Middle School Volleyball

2019

## Player/Parent Expectations



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### I. PHILOSOPHY

- Our goal is to help instill the love of volleyball in each of our players.
- Athletic experiences should provide an opportunity for both athletic skill improvement and character growth.
- To have FUN! Our goal is not simply 'To Win', our goal is to improve and prepare athletes for the next level of the sport.

#### A. PLAY TIME

- 'B' Teams will have Equal Playtime. Coaches will do their best to ensure equal playtime, please keep in mind these teams may have numerous athletes per squad.
- 'A' Teams will have Fair Playtime. These players are only guaranteed one game out of 3. Earning a second game will be based on skill, work in practices, attitude, and performance in games.

NO CUT Policy~ Every player will be placed on a team. To have full consideration for placement on any desired squad, you will need to attend every day of tryouts and as many days of open gym as possible. You **MUST** complete the Family ID registration, have a current Sports Physical turned in, AND have all Sports/ASB fees paid before participating.

#### B. PARENT EXPECTATIONS

- Demonstrate outstanding positive sportsmanship toward the other team, their coaches and fans.
- It is the coach's job to interact with the officials, scorekeepers, etc.
- Please be ON TIME to pick your daughter up from practice and games! "To be early is to be on time, to be on time is to be late."

### II. TEAM STANDARDS/EXPECTATIONS

#### A. Team Selection

- Tryouts will be Mon. Aug 26<sup>th</sup> – Wed Aug. 28<sup>th</sup> Please note tryouts start the day **BEFORE** school begins!  
Monday Aug 26<sup>th</sup> ~8<sup>th</sup> graders 3:30-5pm / 7<sup>th</sup> graders 5-6:30pm  
Tues & Wed Aug. 27-28 ~8<sup>th</sup> graders 2:45-4:45pm / 7<sup>th</sup> graders 4:45-6:30pm

**(ALL PAPERWORK/FEES/FAMILYID REGISTRATION MUST BE IN TO PARTICIPATE NO EXCEPTIONS)**

- No spectators are allowed during tryouts or practices.
- We hope to have team selections made and announced at the end of tryouts on Wednesday. Regular team practices will start Thursday Aug. 29<sup>th</sup> (No practice Monday/Labor Day).

#### B. Grades/Attendance

- WIAA requirements deem athletes who are failing 2 or more classes to be ineligible to compete. Players can practice, and are expected to come to home games to support and sit with their team on the bench (not dressed down.)
- Players are expected to follow the school guidelines regarding tardies, attendance and behavior. Failing to do so may affect playing time or the ability to remain part of the program. Students first, Athletes second. Academics should be the most important focus.
- If an athlete is assigned ISS for the day, they may not participate in practice or games that day.
- All players are expected to be present at every practice and match. Athletes must be in attendance at school **ALL DAY** to be eligible for practice or games. Exceptions would be a scheduled appointment or family emergency, which can take no longer than half the school day to be eligible for practice or games that day.

- **If you are going to miss all or any part of the school day, please inform the attendance office. In addition, please contact Coach Anderson via phone or email, and I will notify the appropriate coach. Practice and game plans are formed on the assumption that all players will be present. Coaches need time to adjust their practice/game plan for a player absence.**
- If a player misses practice the day before a game, that player will NOT play in that game. Players are encouraged to come and sit with their team if game is at LMS.
- **If unexcused absences continue to be a problem, this may result in dismissal from the program. Being tardy to practices or games will affect playing time.**

#### C. Practice

- Practice times:  
8<sup>th</sup> grade A & B, and 7<sup>th</sup> grade A Teams will practice from 2:45-4:45pm (M-TH)  
7<sup>th</sup> grade B Team will practice from 4:15-6pm (M-TH)  
**Friday Practice times:**  
8<sup>th</sup> grade A: 1:45-3pm  
8<sup>th</sup> & 7<sup>th</sup> grade B: 2:30-4pm  
7<sup>th</sup> grade A: 3:15-5pm
- Players must wear **T-SHIRTS WITH SLEEVES, SHORTS, KNEEPADS, AND APPROPRIATE SHOES** for practice **DAILY. YOU WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT ALL YOUR GEAR.**
- All practices/games are important. Make the commitment to be there every day.
- WIAA requires that all athletes compete in 8 practices before they are game eligible. (Please make sure all paperwork is complete prior to tryouts!)
- No spectators are allowed during practice time. Girls who practice late must leave school grounds after school and come back at practice time. After practice has ended girls are to leave grounds immediately. No hanging around.
- **Spandex~ Buy their correct size and try them on to make sure they are appropriate. Be mindful of your child's height and weight. What may work on one player, may not work on another. If they look inappropriate, they are inappropriate. Athletes need to be covered up. In the end, it's the Coach's judgment call whether the spandex/shorts are appropriate for practice/game. Everyone has an opinion, but the Coach is the one that counts.**

#### D. Behavior/Sportsmanship

- It is extremely important to me that all players demonstrate outstanding positive sportsmanship and behavior whenever they represent Leona Libby Middle School and the volleyball program. Poor behavior will have consequences.
- Treat the bus driver, the other team, their coaches and fans with respect.
- It is the coach's job to interact with the officials.

#### E. Travel/Game Days

- Be on time for the bus. The bus waits for nobody. Don't let your team down.
- The Richland School District will provide one-way transportation only to matches within Richland District. The school district will provide two-way buses for matches outside Richland District.
- If a parent is driving a player home from a game site where we have a two-way bus, a coach **MUST HAVE A SIGNED NOTE IN HAND BEFORE THE ATHLETE CAN LEAVE THE PLAYING SITE.** This is not negotiable. A player may only leave with an adult who is listed on their travel waiver in FamilyID.

#### F. Equipment/Uniforms

- Players will be issued a locker large enough to hold their volleyball gear. Players are responsible to keep their lockers closed and locked when they are not in the locker room.
- **CELL PHONES ARE NOT ALLOWED IN THE LOCKER ROOM. NO EXCEPTIONS. IF IT IS OUT AND A COACH SEES IT, THE PHONE WILL BE CONFISCATED.**
- Every player will be issued equipment and is expected to take good care of it. Athletes will be fined for equipment/uniforms that are lost or damaged.
- On our last match of the season, players will turn in their uniform jersey to their coach immediately following the match. Please plan accordingly.

#### G. Communication.

- As a coaching staff, we want to encourage our athletes to take control of their situation and the first step is to talk directly to her coach regarding any concern or question she might have.

- We want to encourage the athlete to learn how to communicate regarding their own needs, but if their parent would like to conference with a coach regarding an issue, an appointment can be set up with Coach Allen and the appropriate team coach.
- When necessary, an appointment can be arranged between the parent, coaches and the athletic director.

III. Injury Protocol

- If an athlete has an injury, they need to let the coach know as soon as possible. They may return to play/practice after a coach assessment.
- If an athlete is injured to the point that they need to be seen by a doctor, they must have a doctor's "Return to Participation" note before they are eligible to return to play/practice.

The RSD Head Injury Protocol will be followed for all head injuries (i.e. concussion)

**\*\*\*\*\*Fundraising\*\*\*\*\***

Fundraising is a necessary part of our program because it helps us purchase necessary equipment issued to all teams. This year the volleyball program will be selling 2019 LMS Volleyball Swag T-Shirts and Hoodie Sweatshirts for team players, parents, family members and friends. In order to make our volleyball program at LMS the most successful, your support in this fundraiser is appreciated! Wear our 2019 T-shirts and Hoodies to our games and around town to show our LMS Charger school spirit!!

**My Student Athlete and I have read and understand the expectations.**

Team \_\_\_\_\_

Student Athlete \_\_\_\_\_ Phone# \_\_\_\_\_

Email \_\_\_\_\_ Grade: 7<sup>th</sup> 8<sup>th</sup>

Parent Name \_\_\_\_\_ Phone # \_\_\_\_\_

Parent Email \_\_\_\_\_

Student Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_