

St. Anthony-New Brighton School District News with Community Activities & Classes



St. Anthony  New Brighton
INDEPENDENT SCHOOL DISTRICT 282



Early
Childhood



Wilshire Park
Elementary



St. Anthony
Middle School



St. Anthony
Village High School

Community
Engagement



Dear Community Members



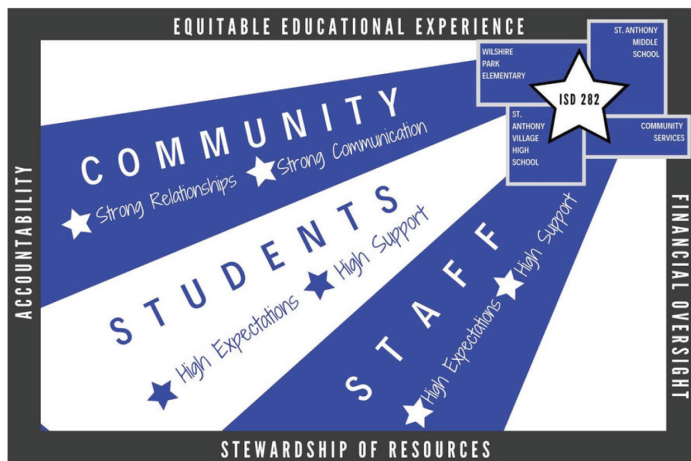
The State of Our Schools

In May, I shared a presentation on the State of our Schools. As I prepared for the event, I reviewed documents from School Board meetings in 1954. I'm a former history teacher and was intrigued to learn that at one particular meeting the School Board formulated Policy 1.1, its first written policy which states, "We believe that the school exists for the benefit of the student and society. Consistent with the ideals of democracy, the school should provide the opportunity for each student to discover and develop his interest and abilities for useful and happy life in our society. This school shares this responsibility with the home, church, and other community institutions."

In 2019, 65 years later, our mission remains the same in many ways. As a community, we came together five years ago to create an updated mission and vision for our school district. We hosted several events for our community members to learn what they value about our school district and changes they recommend. The data collected from our community members helped a committee determine our mission and vision:

- ★ Mission: To educate, prepare, and inspire a community of lifelong learners in our small, caring environment.
- ★ Vision: We are committed to the success of all learners. We will engage, inspire and support each learner through innovation and collaboration.

Dr. Renee Corneille, Superintendent



students and staff to be held to high expectations while provided support and our community desires both strong relationships and communication.

As a school district, we will continue to:

- ★ Hold our students to high expectations while providing relevant and rigorous instruction as well as the support needed for all learners to be successful.
- ★ Have high expectations for all staff in our school district and will provide a spectrum of professional development to continuously learn how to meet the diverse needs of our learners to ensure their success.
- ★ Be committed to, and will continue, creating and maintaining strong relationships and communication with our community.

In both Policy 1.1 from 1954 and our current mission and vision, the goal is to change the trajectory of the students' lives in positive ways. While the language might seem more reflective, the ideals are the same: The purpose of education is to add value to both society and the lives of individual students.

In my first year as superintendent, I surveyed a random sample of parents in our school community to learn what they are most proud about our schools, the significant challenges facing our school district, how they would define a successful education for their child, and how I can best support them and our schools. As our administrative team analyzed the survey data, we determined three strategic directions for our school district which focus on Students, Staff, and Community. Our stakeholders aspire for our



Renee Sbrocco Corneille
@SANB282

What a joy to be their middle school, and high school principal and their superintendent. I just love them all so much. [#ilovemyjob](#) [#happiness](#) [#SUPERintendent](#) [@jsawyerSAVHS](#) [@ABSKujawski](#) [@WP282](#) [@Mwendywebster](#)





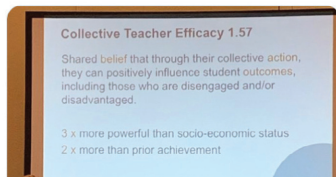
What's Happening in Our Schools



The purpose of this publication is to help keep our community informed about the St. Anthony-New Brighton School District. Published three times a year, you will find information on awards and recognitions of our students and staff as well as information on classes and activities for families and community members of all ages.



ABS Kujawski @ABSKujawski · 6/25/19 ✓
Collective Teacher Efficacy.
3x more impactful than socio-econ
status on Stu Achievement. 3x 3x 3x!
In what ways can I principal in a way that
invites & encourages grown-ups to
support one another & collaborate?
THREE TIMES.
#MSC2019 @lpjanowski



St. Anthony Village @Cityo... · 6/18/19 ✓
Great team building exercise between
the School District and the City!



Kari Page @WP282 · 6/18/19
Student safety and student learning
are our priority. Today we focused on
student safety.



Justin Sawyer
@jsawyerSAVHS

SAVHS students doing Chemistry
demonstrations at Wilshire Park today.
Thanks @Principal_KPage for letting
us visit! #HuskiesPride



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Here are other ways you can keep connected to St. Anthony-New Brighton School District:

Our website: www.isd282.org

Follow us on Twitter

Dr. Renee Corneille, Superintendent	@SANB282
Justin Sawyer, St. Anthony Village High School Principal	@jsawyerSAVHS
Amy Kujawski, St. Anthony Middle School Principal	@abskujawski
Kari Page, Wilshire Park Elementary School Principal	@WP282
Wendy Webster, Community Services Director	@mswendywebster
St. Anthony Village High School Athletics/Activities	@SAVHSActivities

Visits To Our Schools

As a small district, we have been fortunate to have our elected officials take time to learn about each of our schools and how they can best advocate for our schools and district's needs. We value our partnership with our elected officials at the state and national level. Congresswoman Omar visited St. Anthony Middle School on April 26, 2019. In addition, on April 2, 2019, State Senator Laine and Representative Kunesh-Podein attended our School Board meeting to share an update on the 2019 legislative session and its potential impact on schools. U.S. Senator Klobuchar visited Wilshire Park Elementary School in January 2018 and, in October 2016, Congressman Ellison met with students at St. Anthony Village High School.



What is Early Childhood Family Education?

Early Childhood Family Education (ECFE) is a program for all Minnesota families with children between the ages of birth to five years (before kindergarten entrance).

Family provides a child's first and most significant learning environment and parents are a child's first and most important teachers. The goal of ECFE is to enhance the ability of all parents to provide the best possible environment for their child's growth and learning. ECFE classes are a fun, informal way to meet and learn with other parents. Our goal is to ensure all families are welcomed into our school district, parents are supported in their parenting journey, and children are ready for Kindergarten at Wilshire Park Elementary School.



Fall Class Schedule

Day/Time/Dates	Ages	FEE
Mondays 9:30-11:30 a.m. Sept. 9-Oct. 21 (No Class Oct. 14) Oct. 28-Dec. 9 (No Class Nov. 25)	Parents & Children Birth-5 yrs.	A
Tuesdays 9:30-11:30 a.m. Sept. 10-Oct. 22 (No class Oct. 15) Oct. 29-Dec. 10 (No Class Nov. 26)	Parents & Children Birth-5 yrs.	A
Tuesdays 5:30-7:00 p.m. Sept. 10-Oct. 22 (No class Oct. 15) Oct. 29-Dec. 10 (No Class Nov. 26)	Parents & Children Birth-5 yrs.	A
Wednesdays 9:30-11:30 a.m. Sept. 11-Oct. 23 (No Class Oct. 16) Oct. 30-Dec. 11 (No Class Nov. 27)	Parents & Children 2-3 yrs.	A
Thursdays 9:30-11:00 a.m. Sept. 12-Oct. 24 (No Class Oct. 17) Oct. 31-Dec. 12 (No Class Nov. 28)	Parents & Children Birth-2 yrs.	B
Friday & Saturday Drop-in Class 9:30-11:00 a.m. Fridays, Sept. 13-Oct. 11 Saturdays, Oct. 26-Nov. 30 (no class Nov. 23)	Parents & Children Birth-5 yrs.	Drop-In Fees Pay at the door: \$10 (1 child) \$15 (2 children) \$20 (3 children)

fall

ECFE Tuition Sliding Fee Scale

Register each child separately; class fee is indicated on the sliding fee scale. Parents pay the class fee for the first child and receive a 25% discount for each additional child (ages 9 months to pre-kindergarten).

Call the Community Services office at 612-706-1166 to receive the discount when you register. All parents, legal guardians, and grandparents are welcome to attend at no extra charge.

	Fee A	Fee B
Under \$10,000	\$36	\$27
\$10,001-\$20,000	\$36	\$27
\$20,001-\$40,000	\$36	\$27
\$40,001-\$60,000	\$60	\$45
\$60,001-\$80,000	\$84	\$63
\$80,001-\$110,000	\$108	\$81
\$110,001 +	\$132	\$99
Non Resident surcharge	\$18	\$14

This Sliding Fee Scale is for residents of District 282. *Scholarships and transportation are available! No one will be turned away because of an inability to pay.

Early Childhood Family Education (ECFE) Class Registration

Register online at www.isd282.org/cs

For more information, please call Community Services at 612-706-1166.



Can't Make it to an ECFE Class? A teacher can come to you!

Our early childhood family educators are available for coaching sessions with parents of children birth to age 5 who live in the St. Anthony-New Brighton School District. Our goal is to support parents in their parenting journey. Parenting coaching sessions are free and our early childhood family educators can meet over the phone or in person. Call 612-706-1170 to schedule a session.



Separating Classes

Mondays 9:30-11:30 a.m.

Tuesdays 9:30-11:30 a.m.

For parents & children birth to age 5

The Monday and Tuesday morning classes are for all families and especially helpful for those with more than one child. Siblings play with new friends while feeling the security of being with a brother or sister during the separation time.

Parent and Child Learning Time (45 minutes)— After arriving at 9:30 a.m., parents and children join in a gathering circle to welcome friends and hear about the learning goals and parent-child activities scheduled for class that day. Parents and children then explore the learning activities in the children's classroom which are facilitated by Anne-Marie, our Early Childhood Family Education teacher.

Parent Education Time (75 minutes of separation)— While parents transition into the parent education classroom, children enjoy play time in the gym, story time, learning activities, and a healthy snack in the children's classroom. Parents gain support and wisdom from group discussions about family relationships, child development, and parenthood facilitated by Claire, our Parent and Family Educator.

Non-Separating Classes

Tuesdays 5:30-7:00 p.m.

Thursdays 9:30-11:00 a.m.

For parents and children, birth to 5 years old

On Tuesday evenings, parents and children begin class with dinner, which is served by our staff. Parents and children then enjoy play time in the gym and transition into the children's classroom to explore the learning activities which are facilitated by Anne-Marie, our Early Childhood Family Education teacher. Once a month, parents will engage in group discussions with Claire, our Parent and Family Educator.

On Thursday mornings, parents and children join in a gathering circle to welcome friends and hear about the learning goals and parent-child activities for class that day. Parents and children explore the learning activities in the children's classroom and gym, which are facilitated by Anne-Marie, our Early Childhood Family Education teacher.

Come try an ECFE class

We invite families to try a free ECFE class. Parents and children birth to age 5 are welcome to explore the classroom, run in the gym, and meet our teachers.

Wednesday, Sept. 4, 2019

9:30-11:30 a.m. in CS12

Thursday, Sept. 5, 2019

9:30-11:00 a.m. in CS12



Terrific Twos and Early Threes

Wednesdays 9:30-11:30 a.m.

For parents & children 2 to 3 years old

This fun and structured learning environment will help your child prepare for preschool! Your child will practice separating from mom and dad, engage in learning activities in the classroom and gym, and develop social skills through interacting with peers.

Parent and Child Learning Time (45 minutes)— After arriving at 9:30 a.m., parents and children join in a gathering circle to welcome friends and hear about the learning goals and parent-child activities scheduled for class that day. Parents and children explore the learning activities in the children's classroom, which are facilitated by Anne-Marie, our Early Childhood Family Education teacher.

Parent Education Time (75 minutes of separation)— While parents transition into the parent education classroom, children enjoy play time in the gym, story time, learning activities, and a healthy snack in the children's classroom. Parents gain support and new perspectives from group discussions about parenting two- and three-year-olds facilitated by our Parent and Family Educator.

"ECFE has been the thing that connected me to my community, really, for the first time since we moved here 3 years ago."

Drop-In and Play

Friday & Saturday 9:30-11:00 a.m.

For parents and children, birth to 5 years old

Anne-Marie, our Early Childhood Family Education (ECFE) teacher, will have parent and child activities available in the gym and in the ECFE classroom--dramatic play, sensory experiences, science, art projects, and more.

Each week will be filled with creative and engaging learning activities for the whole family! Come when you can, registration is not required. We also know that, with young children, things can happen and your family will be welcomed regardless of what time you arrive.

Fridays, Sept 13 to Oct 11

Saturdays, Oct 26 to Nov 30 (no class Nov 23)

9:30-11:00 a.m.

Community Services Classroom CS 12 and Gym

Drop in fees (please bring cash):

Parent(s) and one child: \$10 per week

Parent(s) and two children: \$15 per week

Parent(s) and three or more children: \$20 per week

Saturday Open Gym

Saturdays, Dec 7 to March 28

9:30-11:30 a.m.

Parent(s) and one child: \$5 per week

Parent(s) and two children: \$8 per week

Parent(s) and three or more children: \$10 per week



Free Programs and Services for Families



For Parents and Children Learning English Family Learning Program at St. Anthony Community Services

St. Anthony-New Brighton School District is pleased to provide free English language classes for parents in our community. The Family Learning Program includes free classes for parents who want to learn English and preschool for their children ages 6 weeks to five years of age. Improve your English skills and help your child be successful in school.

Sept. 9 - May 21, 2020
Mondays/Wednesdays/Thursdays
1:00-3:00 p.m.

St. Anthony Community Center
3301 Silver Lake Road
Preschool fees are based on income.

How to enroll:

Call Priscilla at 612-706-1185 to register and schedule your English test. (The test will take approximately one hour.)
AND

We provide transportation to families who live in the St. Anthony-New Brighton School District.



Is your child on track?



What is Help Me Grow?

Help Me Grow provides resources for families of children birth to age 5 to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost.

Why is Developmental Screening Important?

While every child is unique, children develop in certain, predictable ways, called developmental milestones. Your child's health care provider and early childhood experts will use screening information to keep tabs on how your child is progressing and determine if he/she is reaching the milestones.

How to Schedule an Early Childhood Screening

To schedule a screening for your child, Residents of St. Anthony-New Brighton School District call St. Anthony Community Services at 612-706-1166. Residents of Minneapolis should call 612-668-0860.

SCREEN AT 3 Early Childhood Screening



NEXT SCREENING DATES

Friday, September 20, 2019

Thursday, October 10, 2019

Friday, October 11, 2019

Friday, November 8, 2019

Friday, December 6, 2019

Meet our screener, Stephanie Schreier!

Stephanie, a previous Preschool Teacher, has been our Early Childhood Screener for eight years.





Preschool for the 2019-2020 School Year



As young families move into the St. Anthony-New Brighton School District, our population of children birth to age 5 is increasing. As a result, St. Anthony Community Services' Early Childhood programs ensure our resident families have priority when enrolling their children in Early Childhood Family Education classes, Family Learning, Half Day and All Day Preschool. Our goal is to ensure all families are welcomed into our school district, parents are supported in their parenting journey, and children are ready for Kindergarten at Wilshire Park Elementary School.

Preschool & All Day Preschool

Preschool provides the social and academic experiences necessary to prepare children for kindergarten in a creative, age-appropriate atmosphere that allows young children to explore and learn.

Preschool and All Day Preschool programs are conveniently located in the St. Anthony Community Center and utilize the large indoor gym and outdoor playground equipment. Registration is ongoing. Children must be toilet trained to begin preschool.

Contact Community Services at [612-706-1166](tel:612-706-1166).



The preschool programs at St. Anthony Community Services were first awarded a Four Star Rating by Parent Aware in 2013 and the rating was renewed in 2019. To receive a Four Star Rating—the highest possible—St. Anthony Community Services demonstrated its quality early education programs and use of best practices to support school readiness.

All Day Preschool **Ages: 3-5 Years**

All Day Preschool offers full-time care. Preschool operates year round. Children three years old by Sept 1, 2019 to five years of age and toilet trained can attend All Day Preschool.

ALL DAY PRESCHOOL RATES

Full Time	6:30 a.m.-6:00 p.m.	\$230 per week
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Preschool (Morning or Afternoon)

Children three years old by September 1, 2019 attend the Tuesday/Thursday morning. Children four years old by September 1, 2019 attend the Monday/Wednesday/Friday morning or Mon-Fri afternoon program.

*Preschool follows the Wilshire Park school calendar (Preschool is not held when Wilshire Park is closed).

HALF DAY PRESCHOOL RATES

3-4 year olds	T/TH	9:15 a.m.-11:45 a.m.	\$140 per month
4-5 year olds	M/W/F	9:15 a.m.-11:45 a.m.	\$190 per month
3-5 year olds	M/T/W/TH/F	12:45 p.m.-3:15 p.m.	\$330 per month

Preschool Registration for 2019-2020

Families who are residents of St. Anthony-New Brighton School District can register online at www.isd282.org/cs. Scholarships and transportation are available for qualifying families. Call 612-706-1166 for more information.



Wilshire Park Elementary



Retirees at Wilshire Park



Cindy Ridge, Secretary at Wilshire Park Elementary School for 21 years, retired at the end of the 2018-2019 school year. Cindy, above in blue, is surrounded by her family at a retirement celebration.



Kathie Frank, a fifth grade teacher at Wilshire Park Elementary School, retired at the end of the 2018-19 school year. Kathie taught hundreds of students during her career of 23 years. Kathie is pictured above in white and orange surrounded by her family at a retirement celebration.

Student Registration for the 2019-2020 School Year

Did your family move into the St. Anthony-New Brighton School District over the summer?

If your family lives in our school district boundaries and your child will be 5 years of age by September 1, 2019 or older, please contact Wilshire Park Elementary School to register your child for school.

Call the school office at 612.706.1200 to learn how to register your child for the 2019-20 school year.

Village Kids at Wilshire Park

Monday-Friday, 6:30 a.m.-6:00 p.m.
Non-school days (except major holidays)
School year & summer

Village Kids offers care before and after school, on non-school days and throughout the summer for children in grades K-5 attending Wilshire Park. Morning snack and afternoon snack are included in tuition.

Register at www.isd282.org/cs
Contact Community Services at **612-706-1166**.



Last day of school fun! WP students are awesome. I will miss you!
[#wppandas](#)



Super impressed with our 5th graders using all of their science skills to clean up a simulated oil spill. [#wppandas](#)



So proud of Ms. Tushar and her students. All of the students had chosen their own pathway for math and were working in small groups. The students were doing so much learning and thinking! WP staff and students are the best! [#wppandas](#)

Did you know?

93.3% of students at Wilshire Park Elementary School attend school on a consistent basis. In Minnesota, consistent attendance means students attend school more than 90% of the time they are enrolled.

	Statewide	St. Anthony-New Brighton Schools	Wilshire Park Elementary
Consistent attendance	85.6%	90.3%	93.3%

St. Anthony Middle School



Visit From Congresswoman Omar



Wilshire Park & St. Anthony
Middle School

Congresswoman Omar visited St. Anthony Middle School on Friday, April 26, 2019. During the one-hour visit, Congresswoman Omar toured St. Anthony Middle School and met with students and staff to share her story and the importance of civic engagement.

Education Commissioner Listens to Student Ideas

Minnesota's Education Commissioner Mary Cathryn Ricker visited St. Anthony Middle School on May 30, 2019, to listen to students present their ideas on how to improve schools. Working in teams, sixth graders in Ms. Kruger's Language Arts class investigated and researched school improvement and used data to support their ideas and created a presentation to share with different audiences.




Renee Sbrocco Corneille
@SANB282

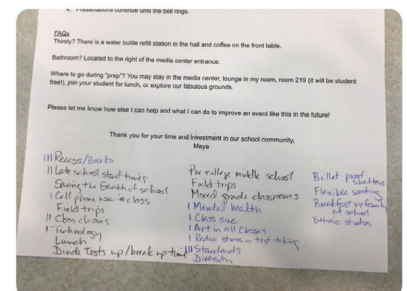
When students have ideas about how to improve schools, why not share them with the commissioner of education @mcricker?
#authenticlearning @ABSKujawski
@MrTomRad



Mary Cathryn Ricker
@mcricker

Replying to @SANB282 @ABSKujawski and @MrTomRad

It was an absolute joy to hear SAMS student ideas for reimagining schools supported by their research. I took lots of notes. 



Did you know?


98.6% of students at St. Anthony Middle School attend school on a consistent basis. In Minnesota, consistent attendance means students attend school more than 90% of the time they are enrolled.

93% of students agree or strongly agree the teachers at St. Anthony Middle School care about students.



ABS Kujawski @ABSKujawski · 7/8/19
Yes. Just reading some Hattie and Donoghue (2016) research about motivation. Struck by how much we need to unlearn and relearn about this topic to help teachers, parents, students, ourselves make school a motivating place to thrive.



 **Bill Ferriter** @plugusin · 7/8/19
Here's a summer reminder: Grades are never the source of REAL motivation in learners. Sure, they work to get kids to comply. But compliance ≠ learning. bit.ly/2pglXhN
#edchat #cpchat



ABS Kujawski @ABSKujawski · 5/30/19 ✓
My 13yo & I learned from Dr. Wahlstrom about the significance of sleep for teenagers last week. As a parent & a principal, I found her perspective on this topic & how to go about teaching the essential lessons about sleep impressive. Kudos indeed!



 U of M Research @U... · 5/23/19

Kudos as well to Kyla Wahlstrom of @UMN_olpd @UMN_CEHD who began these studies in 1996!



ABS Kujawski @ABSKujawski · 5/30/19
Just want to restate the gratitude our 6th gr LA teacher Ms. Kruger offers at the bottom of her handout for the guest panelists like Commissioner @mcricricker
"Thank you for your time and investment in our school community!" You made this experience relevant + engaging for our kids!



St. Anthony Village High School



St. Anthony Village High School Ranked #14 in Minnesota

St. Anthony Village High School was recognized by U.S. News and World Report as one of the Best High Schools in the United States. Over 17,000 high schools were included in the rankings which examine student proficiency in math and reading, graduation rates, and college readiness. St. Anthony Village High School ranked #14 in Minnesota and #783 in the nation.

2019 Rankings

St. Anthony Village Senior High is ranked #783 in the [National Rankings](#). Schools are ranked on their performance on state-required tests, graduation and how well they prepare students for college. Read more about [how we rank the Best High Schools](#).

All rankings:

- #783 in [National Rankings](#)
- #14 in [Minnesota High Schools](#)
- #14 in [Minneapolis, MN Metro Area High Schools](#)

USNews SCORECARD	
	95.46 Overall
Took at Least One AP® Exam	71%
Passed at Least One AP® Exam	58%
Mathematics Proficiency	59%
Reading Proficiency	70%
Graduation Rate	97%



Youth in Government

In partnership with the City of St. Anthony Village, students enrolled in Government classes at St. Anthony Village High School participated in Youth in Government. In existence for three years, the purpose of Youth in Government is for students to increase their knowledge and understanding of local government. Students spend a day touring city facilities, engage in discussions with City department personnel, meet with elected City Council members, and participate in a mock City Council meeting.

Student's Art Earns 2nd Place

Congratulations to **Hannah Bernhardt**, a junior at St. Anthony Village High School, whose art secured 2nd place for sculpture in the 5th District Congressional Art Competition. The Congressional Institute sponsors a nationwide high school visual art competition to recognize and encourage artistic talent in each congressional district.



Thanks Dare 2B Real for hosting a Community Conversation on Race tonight.



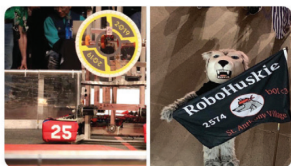
Congrats to all the SAVHS Seniors who received scholarships tonight! #HuskiesPride



Huskies Softball wins 10-0 over Como! #HuskiesPride



Congratulations to RoboHuskie who had a blast competing at the state robotics competition this weekend! While the team was disappointed to not make it into the finals, we are so proud to be ranked 25th of 222 teams in Minnesota! #GoRobo! #GreatYear #GoHuskies!



Did you know?

96.7% of students graduated from St. Anthony Village High School in 2018.

91% of students agree or strongly agree the teachers at St. Anthony Village High School care about students.



St. Anthony Village High School



Top 10 Percent of St. Anthony Village High School's Class of 2019



Leona Anderson
Susie and Dave
Anderson



Dev Bhakta
Salutatorian
Harshiv and Nila
Bhakta



Gabriella Herlofsky
Jacob and Melody
Herlofsky



Emery Hutchison
Colleen and
Robert Hutchison



Abraham Jaeger
Mountain
Paul Mountain
and Sue Jaeger



Grace Khouri
Valedictorian
Joseph and
Dunia Khouri



Seohyun Lee
Hannah Kim and
Hyemin Yi



Kayli Parker-Gerrits
Bridget Parker and
Ben Gerrits



Stuart Scamehorn
David and Andrea
Scamehorn



Gavin Schuster
Rick and Marie
Schuster



Avery Sutton
Nina and Paul
Sutton



Brandon Tang
Bryon and
Shelley Tang



Audrey Stumpf
Valedictorian
Frank and Nancy
Stumpf



Jenna VanSickle
Richard VanSickle
and Ann Pearson



James Wald
Mark and Sheri
Wald



Jacinta Wappes
Jim and Mary
Wappes



Tori Wicklund
Renee and Eric
Wicklund



ongoing

COOKING WITH JOLA (POLISH CUISINE FAVORITES)

Learn basic everyday recipes and cooking methods of a traditional Polish Kitchen. We have been pleased to bring you Polish cooking classes since November and will now demonstrate the creation of Kotlet and homemade bread! Jola will share her secrets for this great Polish styled meal. Jola will also demonstrate how this dish is made while involving the attendees in the prep work. She will include an overview of the dish, historical significance for the recipe, and why it is a basic staple in Polish Cuisine.



Thursday, October 10, 2019

Naleśniki na różne sposoby – Polish crepes various ways – sweet and savory and Barszcz Czerwony – Polish beet soup

Thursday, November 14, 2019

Rosół – Polish Chicken Noodle Soup and Jak zrobić kapustę kiszoną – how to make/can sauerkraut

Thursday, December 12, 2019

Bigos – Polish Hunters Stew (made from the sauerkraut canned the previous month) and Makowiec - Traditional Polish poppyseed roll.

6:30 to 8:30 p.m. | \$45 (\$35 for members of PACIM) for each session

St. Anthony Village High School, FACS Room 209



CERAMICS

This introductory pottery class is for beginner and advanced potters alike. You will be introduced to throwing pottery on the wheel, hand building, and glazing procedures. Experienced students will enhance their skills and work with the instructor to develop their own projects. Dress for a mess, bring an old hand towel and some dirty clothes! Tools will be supplied for use, including 25 lbs of clay, as well as the glaze.

Thursdays, September 12-November 7, 2019 (no class October 17)

7:00 to 9:00 p.m. | \$125 covers all supplies for 8 sessions

St. Anthony Village High School, Room #109

Instructor: Andrea Mason

LEBANESE COOKING WITH LORIE

Lorie Haddad returns to share her expertise in Lebanese cooking. From street food carts to grandmothers' tables, the meat pie is a staple of Lebanese cuisine. Eaten for breakfast, lunch, snack or dinner, come learn how to make this traditional tasty pocket of wonder! No previous cooking or baking skills required. Savory Lebanese meat pies (called fatayer or sfiha) are bread dough stuffed with ground beef and/or lamb, onions, pine nuts and spices.

Wednesday, October 2, 2019 | 6:00 to 8:30 p.m. | \$35

St. Anthony Village High School, FACS Room 209



oct

Lorie is also kind in offering a class on making the vegetarian version of the Lebanese meat pie (fatayer), which substitutes spinach and other ingredients for the meat. Students will be taught how to prepare the spinach filling, roll out pre-made dough and learn the unique folding technique of the pie. Their creations will then be baked and enjoyed with a celebratory snack at the end of class.

Wednesday, October 9, 2019 | 6:00 to 8:30 p.m. | \$35

St. Anthony Village High School, FACS Room 209



ABOUT THE INSTRUCTOR: Lorie Haddad is a Lebanese American who grew up watching and working with her grandmother and other family prepare traditional Lebanese food. She has her own food-related instagram account (lamwowraya) and regularly prepares large meals for friends and family. She is excited to share her cooking hints with you.



MINDFUL KITCHENS

Join Ann Haws at the Mindful Kitchens Showroom to explore the process of planning your kitchen or bath remodeling project. We will discuss how to narrow down your choices, work with the professionals in your project, and plan the project from beginning to end. You will learn to put together a project that is timeless, beautiful, and functional!

Wednesday Oct 23, 2019

7:00 to 9:00 p.m. | \$5

3809 Chandler Dr, St. Anthony 55421

Instructor: Ann Haws



SOCIAL SECURITY AND TAXES

As you approach retirement, now is the time to determine how you'll support yourself. Find out how you can optimize Social Security and know how much you can expect to receive from other income sources.

The event will seek to answer common questions about Social Security:



- When should I apply for Social Security?
- How can I maximize my benefits?
- How will this affect my spouse?

Social Security mistakes can be very costly and this class can help individuals sort through their options to help ensure the choices they make are tailored to their financial needs.

There are hundreds of different ways to apply for Social Security. They all have important consequences when it comes to your financial future. Vicki will provide clarity to some of those decisions. If you're within 10 years of retiring, this workshop is for you!

Vicki Elliott, MBA, CLTC is a resident of St. Anthony Village and her Thrivent Financial advising office is in New Brighton. She focuses on financial education and helping people invest their money and protect their lifestyle and family. She's going to talk about ways to get more out of your Social Security, some strategies to boost it and when is the best time to claim. No services or products will be sold at this class.

Tuesday, October 10, 2019

7:00 to 8:00 p.m. | Community Center CS9 | \$5

FINNISH COOKING

Delicious aromas will herald your arrival home after this class! Each participant will make traditional Finnish nisu (also called pulla), choosing between one large oval twist or three braided loaves. While the nisu is in its rising stages, participants will each make Finnish cookie sticks to take home for your family. No baking experience is necessary. Bread is the mainstay of the traditional Finnish diet. The nisu (flavored with cinnamon and cardamom) can be given the traditional glaze before baking or else frosted after baking, which is a Finn-American twist. Finnish cookie sticks are rich, melt-in-the-mouth treats with an almond coating and are one of the oldest Finnish cookie recipes. They are nice with ice cream or on the coffee table. About the instructor: Karen Urdahl grew up eating nisu and cookies baked by her Finnish American grandmothers, mother, and countless other relatives, and has been baking them for over 50 years. (Students are to bring a large jelly-roll sized pan with sides for the nisu as well as a container to carry home the cookies.) This class is offered in cooperation with the St. Anthony Sister City Association who works to promote our sister city of Salo, Finland.

Monday, October 28, 2019 | 5:30 to 8:30 p.m. | \$40

St. Anthony Village High School, FACS Room 209

Instructor: Karen Urdahl





SENIOR TECH TIME

Are you a Senior who is taking full advantage of the capabilities of your iPhone and iPad? Are you using it to help you stay connected and engaged, entertained and always learning? Senior Tech Time will help you learn and master your Apple iPhone or iPad.

The fall session will feature two separate tracks that can provide topics for both new and experienced users. The tracks include:

1. In the Foundation classes, we explore and learn about essential iPhone and iPad skills including working with your device, calls, messages, email and camera. These classes are designed for users looking to gain confidence with their devices.
2. Experienced User classes are designed for iPhone or iPad users who are comfortable with foundation skills and want to explore hidden nuggets or advanced topics.

The monthly sessions are independent. You can attend one or attend all as time allows. Each session includes featured topics and additional time to explore your questions and other news.

Foundation Classes \$5 per session

Monday, September 16, 2019:

Topics: Manage your device including ringer, touchscreen, control center and calls. Explore updates and security with your device.

Monday, October 21, 2019:

Topics: Camera and Photos. This class will teach you how to take basic photos and video with the Camera app. We will also learn about the Photos app to manage your photos with albums.

Monday, November 18, 2019:

Topics: Stay connected using text messages, email and FaceTime. Browse the Internet with Safari.

Experienced User Classes \$5 per session

Wednesday, September 18, 2019:

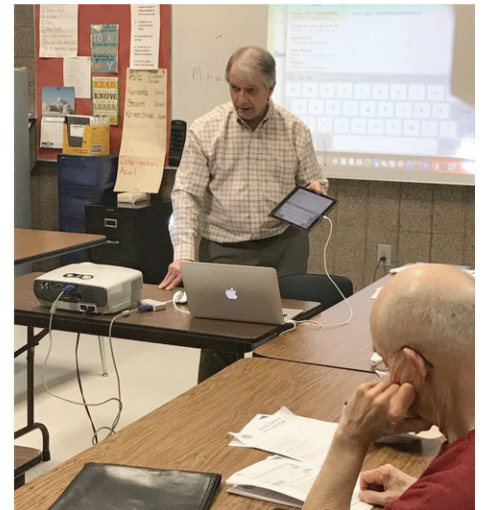
Things you Didn't Know your iPhone Could Do. This is a popular class that has been presented to multiple organizations. This is a fun exploration of useful topics like the Magnifier, Shortcuts, Control Center, Widgets and more.

Wednesday, October 23, 2019:

Beyond Point and Click with your iPhone Camera. This class explores the advanced features of the Camera and Photos apps including changing exposure, camera modes and functions. Also learn the photo editing capabilities of the Photos app.

Wednesday, November 20, 2019:

What's New with IOS 13. This class will follow the introduction of IOS 13. IOS is the software that run your iPhone and iPad and each major release of IOS brings new functions and capabilities that we will explore.



ongoing

All classes are at the St. Anthony Community Center in CS9 from 2:00-4:00 p.m.

BECOMING A HOSPICE VOLUNTEER

Allina Health Hospice invites you to attend, "Becoming an Allina Hospice Volunteer," a class that will introduce participants to hospice philosophy and provide information about volunteering with hospice patients and their caregivers. We are looking for people with big hearts, who are good listeners, and at times, are okay with providing a quiet, supportive presence to patients and their caregivers. Volunteers provide support in a variety of ways; these include, but are not limited to: companionship; running errands; providing respite; assisting with reading and writing; transportation; light house cleaning and meal prep. We do our best to match you with a patient which shares similar interests, as well as reside close to your home. This course will help you understand the hospice philosophy, understand roles that volunteers can have to support hospice patients and their caregivers, and participants will know how to apply to become an Allina Hospice Volunteer.

Consider becoming a part of our mission to serve individuals residing in private homes and residential care facilities in your community by becoming a hospice volunteer.

Tuesday, October 22, 2019

6:00 to 7:30 p.m. | \$5 | Community Center, CS9



ST. ANTHONY VILLAGE QUILTERS

We are a group of quilters and crafters who get together with others to work on our own projects. We would love to have you join us at the St. Anthony Community Center! For more information, call the Community Center office at 612-706-1166.

Saturdays 9:00 a.m.-5:00 p.m. | \$5 (per session) please bring exact cash

Sessions: Sept 28 | Oct 26 | November 23 | December 28

Community Center, Multi Purpose Room

VOICE EXPLORATIONS: DISCOVERING AND DEVELOPING YOUR AUTHENTIC VOICE WITH DR. CLIFTON WARE

This five week session will include an overview of the basic of voice use (breathing, tone production, diction) and song performance, with an emphasis on developing each student's authentic voice using techniques that aid efficient voice production, and expressive singing of songs appropriate to each student's skills. Previous music experience or a "musical ear" is desirable. This class is taught by Dr. Clifton Ware, professor emeritus (voice) from the University of Minnesota.

Mondays 6:30-8:15 p.m. | Sept 16-Oct 14

\$90 | Community Center, Room CS19

TAI' CHI CH'UAN MICHAEL LEDMAN

For centuries the Chinese have practiced Tai' Chi Ch'uan for health, as a martial art, and a means of exercise and self-development. See how the slow movements of this art can help reduce the effects of stress and improve your fitness, flexibility, balance, concentration, and health. Come explore a shortened 31 posture Sun styled Tai Chi Ch'uan form designed to help support and strengthen joints. This is an excellent, low-impact, non-contact physical fitness program that's ideal for all adults.

Wednesdays 7:00-8:00 p.m. | Sept 4-25 \$40 | Oct 2-30 \$50 | Nov 6-27 \$40 | Dec 4-18 \$30

Community Center, Multi-Purpose Room

MINDFULNESS AND MEDITATION

Students will engage in a variety of meditations throughout the course.

Students will learn belly breathing, dynamic breathing, walking meditation, eating meditation, and guided imagery along with other guided and unguided meditations. Students will engage in personal and group reflection, a daily personal meditation and the reading of Jon Kabat-Zinn's book, *Wherever You Go There You Are*. Developing skills in mindfulness and meditation can provide one with many physical and psychological benefits such as a reduction in stress, a greater sense of well being and increased ability to manage anxiety. You are invited to join as we explore ways to integrate these skills into your own life and reconnect with your own innate well being.



About the instructor: Carley Saravia is a licensed secondary language arts teacher and licensed school counselor with a master's degrees in both education and counseling and has been in the education field for over 13 years. She has engaged in a personal mindfulness and meditation practice for the past two years and has completed the MBSR (Mindfulness

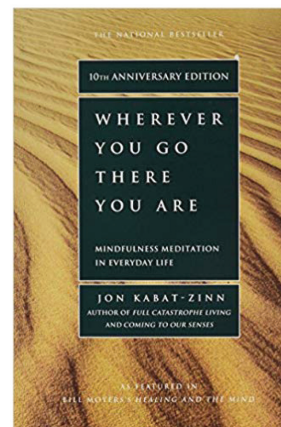
Based Stress Reduction) course. She teaches the Koru mindfulness and meditation curriculum. Carley resides in St. Anthony with her husband and two children.

Fee includes all 6 sessions and *Wherever You Go There You Are* by Jon Kabat-Zinn.

Wednesdays 6:45-8:00 p.m. | Oct. 2-Nov. 6

\$75 | Community Center, CS9

Open to participants age 14+.



ongoing



TBC-TOTAL BODY CONDITIONING WITH CATHI MORSE

Get ready to add HIIT (High Intensity Interval Training) workouts to your life and take your fitness to the next level. HIIT exercises will build Cardiovascular fitness while improving strength, building lean muscle and maximizing calorie burn for up to 48 hours post workout. Experience intense bursts of activity followed by a brief recovery time. This class will put a strong emphasis on Core training throughout each session. As always, you can modify your activity level, and build up gradually.

Looking for a truly effective workout? Then time to HIIT IT!

Mondays 6:15-8:15 p.m. | Sept 9-Oct 28 \$40 | Nov 4-Dec 16 \$35

Thursdays 6:15-8:15 p.m. | Sept 5-Oct 31 \$45 | Nov 7-Dec 12 (no class Nov. 28) \$25

Mondays & Thursdays 6:15-8:15 p.m. | Sept 5-Oct 31 \$85 | Nov 4-Dec 16 (no class Nov. 28) \$60
Community Center, Gym

OPEN VOLLEYBALL

Join us Sunday evenings for co-rec volleyball. New teams are formed each week. No pre registration is necessary; it is on a first-come, first-serve basis.

Sundays 7:00-9:30 p.m. | Oct 6-Dec 15

St. Anthony High School upper gym | \$5 walk-in fee



OPEN BASKETBALL

New teams are chosen each week "pick-up" style. Doors open at 6:45 p.m. but come early and be ready to start playing by 7:00 p.m. A code of conduct has been established to promote sportsmanship, fair play and mutual respect among players. Photo ID required. Fitness Crossroads members are able to attend FREE!

Sundays 7:30-9:30 pm | Nov 3- Dec 15

St. Anthony High School lower gym | \$8 walk-in fee

MASTER SEADOGS SWIM TEAM

Swimmers should feel comfortable in a 25-yard pool and be able to swim 50-100 yards freestyle without stopping, rest one minute and then repeat. For additional information on swim team, please contact Amy Croonquist at 651-343-1633 or acroonquist01@gmail.com. We swim year round, so you may join the team at any time!

Tuesday and Thursday 6:00-7:00 a.m. | Wednesday 7:00-8:00 p.m. | Sunday 7:00-8:00 AM

Cost: \$54/month \$589/annually, Drop in Rate \$10, 10-visit punch pass: \$90



WATER POLO

Join this exciting and competitive team sport for fun and fitness. Players of all abilities are welcome.

Ages 18+

Wednesdays 8:15-9:15 p.m. | Sept 18-Dec 18

\$70 entire session, \$5 drop-in

St. Anthony High School Pool

ongoing



GENTLE YOGA

Gentle Yoga strengthens the body while calming and focusing the mind. Learn how to take this slower, gentler version of Yoga into your daily life to strengthen and tone your body, improve circulation, lower blood pressure and help relieve stress. Classes include breathing practices and modified stretches to fit everyone, even those who prefer to remain seated on a chair. Please dress in comfortable clothes and bring a mat, towel, or rug for floor work. All fitness levels are welcome.

Fridays 10:30-11:15 a.m.

Sept 6-27 \$23 | Oct 4-25 \$23 | Nov 1-22 \$23 | Dec 6-20 \$17.25

Community Center, Multi-Purpose Room



OVER 60 AND FIT

Enjoy fitness while having fun. Classes are low impact and designed for people over 60 years old. The program combines aerobic routines and stretching exercises for one hour. It is self-paced, safe, and will make exercising a regular part of your health care. Wear comfortable clothing and tennis shoes. Please bring an exercise mat if you have one.

Mondays, Wednesdays & Fridays ongoing

9:15 a.m.-10:15 a.m.

No class August 26-September 6, November 29, December 23-January 3

Purchase a 10 class punch pass for \$20 to attend class at your choice.

Community Center, Multi Purpose Room

DEFENSIVE DRIVING 55 +: EIGHT HOUR COURSE

Improve your driving skills, and if you're 55 or older, get a discount on your personal auto insurance. The Defensive Driving Course, developed by the National Safety Council, teaches basic crash prevention techniques and has a proven record of reducing traffic violations and incidents. The class consists of lecture, films and discussions. There is no behind-the-wheel driving and there are no tests.

Wednesday & Thursday, November 6 & 7 | 5:30-9:30 p.m. | \$26 | Community Center, Room CS9

DEFENSIVE DRIVING 55 +: REFRESHER COURSE

If you have taken a state approved eight-hour Defensive Driving Course (55+), you can renew your 10%, three-year car insurance discount by taking this four-hour refresher course. There is no driving and no test. You will receive a certificate of completion to provide to your insurance company. If you are 50-54 years old, check with your insurance company regarding a senior citizen discount. Refresher course pre-requisite: successful completion of state approved eight-hour course.

Wednesday, Oct 2 | 5:30-9:30 p.m.

Wednesday, Dec 4 | 8:30 a.m.-12:30 p.m.

\$23 | Community Center, Room CS9

HEALTH INSURANCE COUNSELING

Choices for health insurance are many, and the issues can often be confusing. That is why the Minnesota Board on Aging certifies a team of volunteers. Their job? Help seniors make informed choices about insurance. At no-cost, the program will: explain Medicare, review Medical Assistance, compare supplemental insurance options and public programs, explain long-term care insurance, outline public programs, help you complete billing and claims and appeals, help you understand and track medical bills and forms, and provide you with materials on related topics.

To schedule your meeting call the Senior LinkAge Line at 1-800-333-2433



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MINNESOTA RENAISSANCE- LIVE THE LEGEND!

King Henry and his royal court invite one and all to his 16th Century European village featuring multiple stages of live entertainment. Over 250 artisans fill the Festival marketplace to display and sell their handcrafted wares for a truly unique shopping experience. Patrons can interact with hundreds of memorable characters roaming the village streets and view live armored jousting throughout the day. This is a great opportunity if you have ever wanted to visit the Renaissance Festival. We will handle the driving, parking and tickets. Please wear comfortable shoes and be prepared to walk. Once we arrive, you are free to roam the grounds on your own taking in the shows, food and crafts. Come celebrate our 49th season by visiting the Festival grounds in Shakopee, MN. This trip will run rain or shine. Huzzah!

Friday, Sept 27 | \$48 | Register by August, 27

Bus departs at 10:00 a.m. from the upper parking lot at the St. Anthony Community Center and returns at approximately 4:30 p.m.

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STILLWATER... BIRTHPLACE OF MINNESOTA

Located on the St. Croix River, Stillwater lays claim to be Minnesota's oldest town and the birthplace of the Minnesota Territory in 1849. Stillwater is steeped in history, architectural gems and beautiful natural surroundings. Our tour guide will provide a riding tour of this enchanting old river town take us behind the scenes of Stillwater's history, illuminate the lives of immigrants and entrepreneurs, and we view mansions built by wealthy lumber barons, beautiful old churches on the "Street of Spires", landmarks on the National Register of Historic Places and the beautiful St. Croix River. We will enjoy a delicious group lunch at the famed Lowell Inn. There will be time after lunch to enjoy boutiques, specialty shops, antiques and art galleries on Stillwater's historic streets. On your strolling shopping experience, discover original works of art, jewelry, pottery, eclectic gifts/crafts, books, gourmet utensils, clothing, and home furnishings. Trip includes: Deluxe transportation, driver, metroConnections tour guide, riding tour of Stillwater, time to explore Stillwater on own, lunch at the Inn, and all applicable taxes and meal gratuities

Wednesday October 9 | \$67 | Register by September 16

Bus departs at 9:45 a.m. from the upper parking lot at the St. Anthony Community Center and returns at approximately 3:15 p.m.

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MILL CITY MUSEUM TOUR

Discover the lively Mississippi riverfront — the very birthplace of Minneapolis — and experience the fiery past and dynamic present of this National Historic Landmark. Built within the ruins of what was once the world's largest flour mill, Mill City Museum is packed with fun for all ages. We will be greeted by museum staff who will give us an overview of the museum then we will have time to explore the exhibits and enjoy the Flour Tower multimedia show and Minneapolis in 19 Minutes Flat film. Then we will head to Old Spaghetti Factory for a delicious lunch. Registration includes transportation in luxury coach bus, museum ticket and all activities there, lunch and gratuities.

Thursday, Nov 14 | \$65 | Register by Oct 30

Bus departs at 8:15 a.m. from the upper parking lot at the St. Anthony Community Center and returns at approximately 1:30 p.m.

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US BANK STADIUM TOUR

U.S. Bank Stadium is not just a location, but rather an epicenter of excitement, opportunity, and Minnesota pride. The Vikings are an important part of our proud heritage and the relationship between the Vikings and the citizens of Minnesota runs deep. But the stadium is not just the home of the Minnesota Vikings, it's a facility that will host major national and international events with seating for over 66,000 and a square footage that nearly doubles its predecessor. Following the stadium tour, we'll head over to the Rock Bottom Brewery for lunch. Menu includes your choice of Rock Bottom's Classic Burger, Chicken Waldorf, or Pulled BBQ Pork Sandwich. and unlimited coffee, tea, and fountain sodas. Trip includes: Deluxe transportation, driver, metroConnections escort, guided tour of US Bank Stadium, complete lunch, all fuel surcharges and applicable taxes.

Wednesday, December 4 | \$82 | Register by November 18

Bus departs at 9:45 a.m. from the upper parking lot at the St. Anthony Community Center and returns at approximately 2:15 p.m.



Looking to Rent a Facility? It's Easy!



Make a request at www.isd282.org/cs

Community groups or individuals who want to use school district or city-owned facilities, fields (i.e. softball, soccer, football), or park buildings must submit a request prior to the desired date.

For more information regarding scheduling and rental, you may stop by the Community Services office at 3301 Silver Lake Road or call 612-706-1172.

Rental procedures, fees, and insurance requirements can be viewed online at <http://www.isd282.org/facility-use-and-reservations>

Available Within School District 282

High School/Middle School

3303 33rd Ave. NE

- auditorium
- cafeteria
- classrooms
- pool
- gymnasiums

Wilshire Park Elementary School

3600 Highcrest Road

- cafeteria
- gymnasium
- multipurpose room
- classrooms

Community Center

3301 Silver Lake Road

- meeting rooms
- gymnasium
- multipurpose room

Park Locations

Central Park

34th Ave. NE and Silver Lake Road

Emerald Park

39th Ave. NE and Macalester Drive

Silver Point Park

29th Ave. NE and Rozelle Drive

Water Tower Park

33rd Ave. NE and Silver Lake Road

Pavilion Rentals

Central Park

3400 Silver Lake Road

Full day rental: 9 a.m. - 10 p.m.

Half day rentals: 9 a.m. - 3 p.m. or 4 p.m. - 10 p.m.

Rates:	<u>Residents</u>	<u>Non-Resident</u>
	Full/Half Day	Full/Half Day
Inside	\$155/\$90	\$255/\$140
Outside	\$35/\$25	\$135/\$80
In/Out	\$175/\$100	\$360/\$195

Emerald Park

3925 Macalester Drive

Full day rental: 8 a.m. - 10 p.m.

Half day rentals: 8 a.m. - 2 p.m. or 3 p.m. - 9 p.m.

Rates:	<u>Residents</u>	<u>Non-Resident</u>
	Full/Half Day	Full/Half Day
Inside	\$65/\$45	\$165/\$95
Outside	\$25/\$15	\$125/\$70
In/Out	\$85/\$55	\$190/\$110



*****ECRWSS*****
Residential Postal Customer

Back to School Events



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St. Anthony Village High School Open House

Wednesday, August 28
6:00 p.m. - 8:00 p.m.
St. Anthony Village High School

Middle School Back to School Celebration

Thursday, August 29
4:00 p.m. - 7:00 p.m.
St. Anthony Middle School

Wilshire Park Meet & Greet

Tuesday, September 3
11:00 a.m. - 12:45 p.m.
2:15 p.m. - 3:45 p.m. or
4:00 p.m. - 5:45 p.m.
Wilshire Park Elementary

First Day of School for Grades 6-12

Tuesday, September 3

First Day of School for Grades K-5

Wednesday, September 4

Come Try an ECFE Class

Wednesday, September 4
9:30 a.m. - 11:30 a.m.
Thursday, September 5
9:30 a.m. - 11:00 a.m.

Homecoming Football Game

Friday, October 11
7:00 p.m.

SAVHS Hall of Fame Events

Saturday, October 12



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