

Bloomfield Hills High School

Emergency Action Plan

Emergency action plan (EAP) is established to ensure safety during Bloomfield Hills High School sporting events. This plan will outline the contact information and the process in which emergencies should be handled.

Emergency Contact Information

Athletic Trainers:

John Ciecko III, MS, AT, ATC, CMS, CSCS, NASM-PES Office: 248-341-5661

Cell: 586-709-0865

Dayna Elenis, AT, ATC, LMT

Cell: 313-575-8188

Athletic Trainers Radio

Frequency #9

Athletic Office Secretary:

Jackie Osborn

Office: 248-341-5668

District Athletic Director:

Mike Cowdrey

Office: 248-341-6425

Cell: 248-535-7911

Athletic Coordinator:

Avis Najor

Office: 240-341-5669

Cell: 248-330-3254

Ambulance/Emergency Services:

911

Bloomfield Hills Twp Police Department:

248-433-7755

Team Physicians:

Dr. Eric Makhni, MD MBA

Office: 248-661-6473

Medical Time-Out Checklist

Football – 6:30pm

Checklist:

- AED Location
- Splint Bag Location
- Advance Care Kit (Red Bag) Location
 - AED
 - Data-Therm Thermometer
 - Facemask Removal
 - BP Cuff
 - Oxygen
 - EpiPen
 - Otoscope/Ophthalmoscope
 - CPR Pocket Mask
 - Tourniquet
 - Blood Control Kit
 - Eye Wash
 - Gloves
 - Hand Sanitizer
 - Multi-Tool
 - 2 Rescue Blankets
- Gun Shot Kit (Right Side Mueller AT Med Kit)
- Advance Cardiovascular Life Support EMS
- C – Spine Protocol
- Cool Prior to Transport (TACO)
- Environmental/Weather Protocol

Contact Information:

AT Radio Frequency: 9
Home Athletic Trainer: John Ciecko
Home Athletic Trainer Cell: 586-709-0865

Game Administrator: Avis Najor
Game Administrator Cell: 248-330-3254

Home Team Physician:
Home Team Physician Cell:

Police Liaison Officer: Off. Dave VanKerckhove
Police Liaison Officer Cell: 248-568-5763

Hand Signals:

Doctor to Field: *FIST IN AIR*
ACLS/EMS/EAP Activation: *PAT TOP OF HEAD*

Designated Responders:

Field Injury: Head Athletic Trainer
Cheerleader Injury: Head and/or Assistant AT
Band Injury: Assistant AT/Intern AT
Spectator: Police
Gate/EMS Control: Police
Scene Control: Athletic Administrator
Parental Control: Athletic Administrator

Bloomfield Hills High School Sports Medicine
Main Field (FOOTBALL ONLY) Emergency Action Plan

1. Call **911**
2. Instruct emergency medical services (EMS) personnel to *“report to Bloomfield Hills High School Main Athletic Field between baseball field and west side of building as we have an injured student-athlete in need of emergency medical treatment.”*
Main Athletic Field: Go south on Andover road to the south end of the building, turn right on Model and continue on path between the baseball field and west side of the building.
3. Provide necessary information to EMS personnel:
 - Name, address, telephone number of caller
 - Number of victims; condition of victims
 - First-aid treatment initiated
 - Specific directions as needed to locate scene
 - Other information as requested by dispatcher
4. Provide appropriate emergency care until arrival of EMS personnel: on arrival of EMS personnel, provide pertinent information (method of injury, vital signs, treatment rendered, medical history) and assist with emergency care as needed.

Note:

- Notify Athletic Training staff immediately
- Parents should be contacted by coach (if AT is treating) or Athletic Trainer
- Inform Athletic and Building Administration
- Obtain medical history and insurance information from Athletic Physical List for EMS purposes

Emergency Hand Signals:

- Physician Needed: arm extended overhead with clenched fist
- EMS Needed: Pat the top of your head with open hand
- No Further Assistance Needed:

AED Locations:

1. Athletic Trainer (Red Emergency Bag)
2. Outside of Main Gym
3. Outside of Main Offices (in Mailbox area)

Epi-Pen Locations:

1. Athletic Trainer (Med Kit and Red Emergency Bag)
2. Outside of Main Offices (in Mailbox area)

Concussion Considerations:

If you suspect that a student has a concussion, remove them from play and seek medical attention.

- Do not try to judge the severity of the injury yourself.
- If the student experiences ANY loss of consciousness activate the Emergency Action Plan.
- If symptoms worsen activate the Emergency Action Plan.
- Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion.

**Bloomfield Hills High School Sports Medicine
Main Field (FOOTBALL ONLY) Emergency Action Plan
Map**

