

The NAZ Newsletter

A monthly newsletter for the parents and families of Nazareth Academy High School

September 2019



Last Month Recap

- ◆ On September 5th, a representative from Suburban Life Magazine was on campus for a front cover photo shoot starring Nazareth Academy. An example picture is featured above. Keep on the look out for our girls being highlighted in the September Private School Issue.
- ◆ On Sunday, September 8th, Nazareth Academy celebrated Grandparents Day with Mass and Breakfast for our students' beloved grandparents. Thank you to all of our girls and grandparents that attended and made the morning so special!
- ◆ On Friday, September 13th we celebrated our annual Nazareth Day. During Mass, seniors pinned their freshman into the Nazareth Sisterhood. We then celebrated the Little Ms. Freshman Contest and Freshman/Senior picnic. Thank you to so many of our freshmen and seniors who were great sports throughout all of Freshman week.



Upcoming Events

Tuesday, September 17
Senior Parent College Application Night - 6:30 PM
Performing Arts Room

Monday, September 23
Bring Your Sister To School Day
7:40 AM - 2:10 PM

Monday, September 23
Honors Societies Induction
6:45 PM - 8:30 PM

Tuesday, October 1
NAPA General Parent Meeting
6:30 PM - 7:30 PM

Sunday, October 6
Mother/Daughter Mass & Brunch
10:00 AM

Wednesday, October 9
Career Day
8:00 AM - 10:00 AM

October 10 - October 13
KAIROS

Embracing Faith, Family, and Education



School is well underway and it is a pleasure to have your daughters back with us.

Admissions

As parents you are one of our biggest champions. You know the value of a Nazareth education, the uniqueness of the charism of the Sisters of the Holy Family of Nazareth, and the life-long impact of being a Panda. This year we published our first-ever viewbook for prospective families to capture the specialness of the impact we make. The printed copies are on their way, but [click here for a sneak peak!](#)

Recruitment for the next class of Pandas has begun. If you would be willing to put an Open House lawn sign on your property or business, please have your daughter see Ms. D on the second floor. As you know from experience, Ms. D is hard at work recruiting the next class and is often out of the office during the fall months, so please [click here](#) for the guide of the Nazareth staff for who to call for specific questions. General questions should be directed to Michele Konicki in the Main Office at mkonicki@NazarethAcademyHs.org or 215.637.7676, ext. 1100.

School Store

The school store is now available online. [Start shopping now!](#)

Social Media

Please follow us on [Facebook](#) to enjoy our Throwback Thursday posts showing the history of the school through yearbook memories. It has been a wonderful journey and both current and past students enjoy the glimpses back into our proud past. We look forward to the next 90 years! In case you missed the video promoting Freshman Week, [here is the link to view.](#)

Bring Your Sister to School Day!

Nazareth is proud to be hosting our first annual Bring Your Sister to School Day on Monday, September 23rd! Current students who have a sister in 5th through 8th grade are invited to bring them to Nazareth on September 23rd. Your younger daughter will shadow her Nazareth sister throughout the day to see what classes are like and to meet faculty, staff, and other Nazareth students. Arts & crafts, games, pizza, and more are in store as older sisters show them what the Naz Sisterhood is all about!

If you have not registered your daughter for Bring Your Sister to School Day, [click here](#).

Please note: This event is only for sisters in 5th through 8th grades. Due to our capacity, cousins and friends are unable to attend.

Final Reminder Regarding the ID Cards and Lunch Accounts

As a reminder, all students must wear their ID cards on a visible lanyard. Students must swipe into the building every day.

As we mentioned last year, students will need their ID cards to make payment in the Student Dining Room. The pin pad has been removed. This will help lines move more quickly and avoid mis-keyed pin entry. If your daughter needs a replacement ID, she should report to the Attendance and Student Safety as soon as possible.

You can load your card and check balances through [MyKidsSpending](#). Effective in September, outstanding lunch balances will be billed monthly to FACTS.

NAPA ~ Nazareth Academy Parent Association

[Click here](#) for the parent page of the website which include events, announcement, volunteer information and much more.

2019 – 2020 NAPA Board

Michele Strain
President

Lisa Bristow
Vice-President

Sally Unger
Treasurer

Michelle Rozanski
Volunteer Coordinator

Elaine Lichtner
Corresponding Secretary

Terri Evans
NAPA Moderator

We are looking forward to a very exciting year. Our first general meeting had over 40 parents for the presentation Your Teenage Daughter Needs Faith Now More Than Ever by Ms. Shannon Donnelly, Campus Minister.

NAPA ~ Nazareth Academy Parent Association

Monthly meetings are the first Tuesday of every month through May at 6:30 pm. There will be presenters regarding topics of interest.

- **October 1st:** Nancy Caramanico, national speaker who is based locally, Student Digital Footprint
- **November 5th:** College Financial Aid Night
- **December 3rd:** Minding Your Mind, student mental health
- **January 7th:** Class Meeting for Parents, Mr. Meredith sharing the information that he shares with students at the January Class Meetings

At each meeting there is an incentive for attending. Some months the students will benefit, and other months the parents will benefit. In September, homeroom 1D won a pizza party for having the most parents in attendance. Way to go! The October incentive is that students whose parents attend will earn a Tag Day on a Monday in October that will be announced.

Homeroom Ambassadors

Thank you to those who volunteered to be a Parent Ambassador for Homerooms. We hope this added level of communication will be beneficial to our parents. If you signed up to be a parent homeroom ambassador, and were not notified of your assignment, please email Mrs. Strain at Napa@NazarethAcademyHS.org.

Volunteers for School, Admissions and Advancement Events

Nazareth is always in need of volunteers for our many NAPA, Admissions, Advancement and School events. [Click here](#) to complete the volunteer form for the 2019 -2020 school year. We will share this sign-up sheet in every monthly newsletter. You will need volunteer clearances. [Click here](#) for instructions on how to obtain volunteer clearances.

Mark Your Calendars for NAPA events

Mother/Daughter Mass and Brunch ~ October 6th 10 am Mass with Brunch Following

For your convenience, online registration and payment is available for the Mother/Daughter Brunch by [clicking here](#).

Snowball Dance ~ January 25th 6 ~ 10 pm at Nazareth

Mass and Fashion Show ~ February 9th ~ 10 am ~ Performing Arts Center



September has arrived and we are rolling into rhythm and routine here at Nazareth Academy High School. After a quiet but busy summer, our students and teachers have brought life to our hallways and classrooms. You will find in this issue many valuable tidbits and information that illustrate this fact as we move from September to October. Pumpkin spice and Halloween decorations have already arrived at local stores!

We began our school year with Adoration in the Chapel at the end of August and we gathered as one Nazareth Family for our first schoolwide Mass of the year on September 13, Nazareth Day, an appropriate end to Freshman Week. I am grateful for our students' generous hearts as they have been participating in our School Supply Drive over the last two weeks. Please see Ms. Donnelly's piece in this issue about other service opportunities. Our students day after day demonstrate that they follow the example of Mother Foundress, Blessed Mary of Jesus the Good Shepherd, who wrote, "Charity, charity. Nazareth and a lack of charity cannot go together."

As always, thank you for your continued support of your daughter's education. The school year is off to a great start and we look to continue this throughout the Fall!

Calendar Notes

The College Counseling Financial Aid Night has been moved from September 25th to Tuesday, November 5th. It will now be conducted at the NAPA General Meeting.

Friday, November 1st, All Saints Day, is now a School Holiday, and school will be closed that day.

PSAT Testing

Freshmen, sophomores, and juniors will take the PSAT test on Wednesday, October 16th. This test is important for all students, but it is most critical for juniors. Juniors are participating in the National Merit Scholarship Program by taking the PSAT. Around 1.6 million juniors take the PSAT every year and approximately 16,000 earn recognition as National Merit Scholarship Semifinalists. Through this recognition, students can potentially earn valuable scholarship dollars at prestigious institutions across the United States. All of our students taking this test are urged to prepare by using their Khan Academy account to practice for the PSAT. Seniors, off from school on October 16th, should take the time to work on college applications or make college visits. Students will be dismissed on PSAT Day just after 12 noon.





Hello Families!

"I give thanks to God always for all of you, remembering you in my prayers unceasingly." (1 Thes 1:2)

Nazareth is into the school year full swing, and I am always here to help meet your daughter with her needs in the faith. So far, we have enjoyed Eucharistic Adoration in our Theology classes and we celebrated our first Mass on September 13th. Both of these occasions allowed the students time to worship Jesus and ask Him to aid in their studies.

In light of our Community Service Corps program, we just finished up our School Supply drive, so thank you for your donations! Moving forward, we need a few volunteers to assist and serve our trip to the St. Francis Inn soup kitchen. If this is something your daughter is interested in, she can pick up a permission slip from my office and sign up for either October 17th, November 7th, and December 12th. The trip is from 3:00 until 7:00 pm and they will receive service hours. With that, there are other service hour opportunities outside the CSC office on the second floor.

"Pray, hope, and don't worry. Worry is useless." - St. Padre Pio



I wish to thank you for entrusting your daughters to us. As I walk down the corridors I see many smiling faces with an eagerness to learn. Please do not hesitate to contact your daughters' teachers should you have any questions regarding a class. They teachers are the best resources to provide answers since they are in daily contact with their students. Here is the schedule of the academic calendar for September-October, 2019:

- **September 23rd:** National, World Languages, Mathematics, Science, and Music Honor Societies Induction
- **October 1st:** Deficiency Reports will be mailed for grades 75 or under
- **October 8th:** Deadline for Deficiency Reports to be returned with parent(s)/guardian(s) signature(s)
- **October 9th:** Nazareth Academy High School Career Day
- **October 11th:** Close of Mid-Fall grades
- **October 16th:** PSAT Testing for Freshmen, Sophomores and Juniors (Seniors do not report)
- **October 17th:** Mid-Fall Reports may be viewed electronically. Please note: Honors and GPA are based on Semester Grades only

Academic Support

Teachers are available daily either before school, after school or during Activity Period for academic support. They will make their availability known to your daughters. We also have National Honor Society tutoring and Mu Alpha Theta (mathematics) tutoring.

Please feel free to contact me with any questions that you may have. I look forward to seeing you at events and watching your daughters grow academically, spiritually and socially while preparing for college.



Freshman Week and Nazareth Day

We celebrated the Class of 2023 through many fun activities throughout the week of September 9th-13th sponsored by the Seniors. On September 13th, we celebrated together as a school with our first Liturgy Celebration and final collection for CSC School Supplies. Nazareth Day followed a special bell schedule with a 1:00pm dismissal for Juniors and Sophomores. Seniors and Freshmen stayed until regular dismissal time to enjoy a picnic together at the end of a very fun filled week.

Tag Days

Our first Tag Day will be on September 20th and all money collected will go to CSC to help with all of their collection efforts throughout the year.

On September 27th, the Cancer Awareness Club will have a Tag Day to help with their fundraising efforts for the year.

Reminder about Tag Days (Dress Down Days): The cost of a Tag Day is \$3.00 to participate and money is to be handed in during Homeroom. Students participating in Tag Days are still expected to dress appropriately. Nazareth logo t-shirts/sweatshirts are required. Halters, mid-riffs, short skirts, and tight pants are inappropriate and not becoming a student attending Nazareth Academy. Shoes with no backs, flip-flops, and slippers are inappropriate.

Taste of the Town

On Monday, September 23rd, we will follow a C schedule and have a fun assembly explaining our Taste of the Town school fundraiser. Students and faculty will get many chances to become big winners while helping our school at the same time.

Honors Societies Induction

The Honors Societies Induction and Reception will be held on Monday, September 23rd from 6:45- 8:30 PM.

Club Fair

At Nazareth Academy High School, we have many clubs and extra-curriculars to offer our students. We will have a fair to highlight all our current clubs during the C Schedule Assembly on September 26th. A representative from each club will be available to speak with new and interested students about joining and any other information that pertains to that club/activity.

2019-2020 School Calendar and Student Handbook

The school calendar is still available online at NazarethAcademyHS.org/SchoolCalendar. Please note that you can print the calendar by clicking the print icon. To upload to your phone, click on the RSS feed and follow the instructions. The school planner that was distributed in August does not have any Nazareth dates as new activities are added throughout the school year. Also on our website, the [Student Handbook](#) can be found under the Family tab, by selecting Students. It also has its own link on the right side of the homepage or at the top of the homepage, under the Quick Links tab.



Welcome Back!

We hope you and your families had a relaxing Summer! The Counseling Department has been hard at work, as we continue to conduct sessions with your children to ensure a smooth and successful start to the 2019-2020 school year. The Counselors have distributed and reviewed a “Get to Know Me” survey with the Freshmen. In addition, Counselors met with Freshmen to introduce the Counseling Team and our program. All students have been assigned a counselor and the list is posted on the bulletin board in the Counseling Suite. The entire student body attended Guidance Cycles, where pertinent topics were presented according to class.

- Freshman students: Getting to Know Classmates, How to Get Involved in High School, and the Importance of Goal Setting.
- Sophomore students: Developing a Foundation for Future Goals and Tips for Success.
- Junior and Senior students: Met with our two College Counselors to discuss College and Career planning and the application process.

Safe2SaySomething

We are happy to announce that we will be launching the Safe2SaySomething anonymous reporting system this year at Nazareth Academy High School. This program, which is mandated under PA state law/Act 44, teaches students how to recognize warning signs and signals of individuals who may be in danger, or who may be a threat to themselves or others. As you know, for teenagers, most communication takes place on social media. This program will teach them what to look out for and how to report it anonymously through the S2SS mobile app or website. The counselors will introduce this program to your children, empowering them and giving them the tools to help each other with the assistance of trained and caring adults. This program is age-appropriate and research-based.

Please click below for more detailed information about Safe2SaySomething.

[Safe2SayInfo.pdf](#)



Upcoming ACT and SAT Test Dates and Registration Deadlines

SAT:

Test Date: Oct 5, 2019 ~ Registration: Sept 6, 2019 ~ Late Registration: Sept 24, 2019

Test Date: Nov 2 2019 ~ Registration: Oct 3, 2019 ~ Late Registration: Oct 22, 2019

ACT:

Test Date: Oct 26, 2019 ~ Registration: Sept 20, 2019 ~ Late Registration: Oct 4, 2019

Test Date: Dec 14, 2019 ~ Registration: Nov 8, 2019 ~ Late Registration: Nov 22, 2019

Welcome Back College Planning Orientations

On Friday August 23rd, Juniors and Seniors received presentations regarding college planning and processing. The students received valuable information, had the opportunity to ask questions, and they received a checklist for what they can expect throughout the year.

- [Junior College Checklist.](#)
- [Senior College Checklist.](#)

PSAT Information

The Freshman, Sophomores, and Juniors will be taking the PSAT on Wednesday October 16th. Student have or will be receiving (in the near future) a copy of the PSAT/NMSQT student guide and the National Merit Scholarship Program information. This booklet provides students with PSAT/NMSQT information, test-taking advice and tips, and an official practice test. This year when Juniors take the PSAT/NMSQT they will have the opportunity to qualify as a National Merit Scholar and qualify for scholarship opportunities.

Please see the PSAT/NMSQT booklet for more information:

<https://collegereadiness.collegeboard.org/pdf/psat-nmsqt-student-guide.pdf>

Transcript Deadline

October 1st is the deadline to request transcripts for November 1st applications. If you have any questions or concerns, please contact Mrs. Glasson.

Please remember to check the [counseling page](#) of the Nazareth website for additional opportunities/information. If you have any questions or concerns please feel free to contact Mrs. Glasson at 215-268-1074 or dglasson@nazarethacademyhs.org, or Ms. Mikulski '12 at 215-268-1077 or amikulski@nazarethacademyhs.org. Thank you!

Instant Decision and Interview Days

Jefferson University

On Monday September 16th, Jefferson University visited Nazareth Academy to conduct interviews and provide admissions decisions. Students signed up for opportunity to meet one on one with an admissions counselor to ask questions, discuss their applications, and receive information about the institution.



Saint Joseph's University

The last day to sign up for the Saint Joseph's interview day is Friday September 13th. Students who participate in the Saint Joseph's interview day will not receive an admission decision. This is an opportunity to meet one on one with an admission counselor, and ask questions. The Saint Joseph's University Interview Day will be held on Friday September 20th.

Holy Family University

Holy Family's Instant Decision Day is being held on Wednesday September 25th. Students will be able to receive an admissions decision that day. These decisions are not binding. It is completely free to apply for Holy Family's Instant Decision Day. Students must apply on the website prior to September 25th (an essay is not required). When students apply they will indicate that you have a fee waiver (Nazareth's Instant Decision Day) as your form of payment. Mrs. Glasson will send an unofficial copy of SAT scores to Holy Family. If a student prefers their ACT scores sent, they will have to indicate that to Mrs. Glasson when they sign up.

Pennsylvania State University

Nazareth Academy is hosting Penn State for a small group information and question/answer session. Our college admissions counselor will be coming to Nazareth on Tuesday, September 24th during Activity Period! There will only be room for 20 students to attend the small group session. Any interested student can sign up with either Mrs. Glasson or Ms. Mikulski. Please realize this is a first come, first serve opportunity.



Fall Sports Registration

The month of August and tryouts for Fall sports are now behind us. We are full throttle into the Fall season! We are so proud of the hard work our athletes have put forth and we hope to see you at a game, match or meet. You can find all schedules on the school website under Athletics. Also, you can follow us on twitter [@NAZ_Athletics](https://twitter.com/NAZ_Athletics).

Thanks to all those who attended the parents' and coaches' sports meeting on August 12th. It was great to see all the new faces! In addition, we would like to welcome Ms. Morgan Hooven from Moss Rehab as our new athletic trainer. You can contact Ms. Hooven at mhooven@nazarethacademyhs.org.

The soccer and lacrosse field renovation project is close to completion and we are looking forward to hosting our first game on the new field. We will keep you posted!

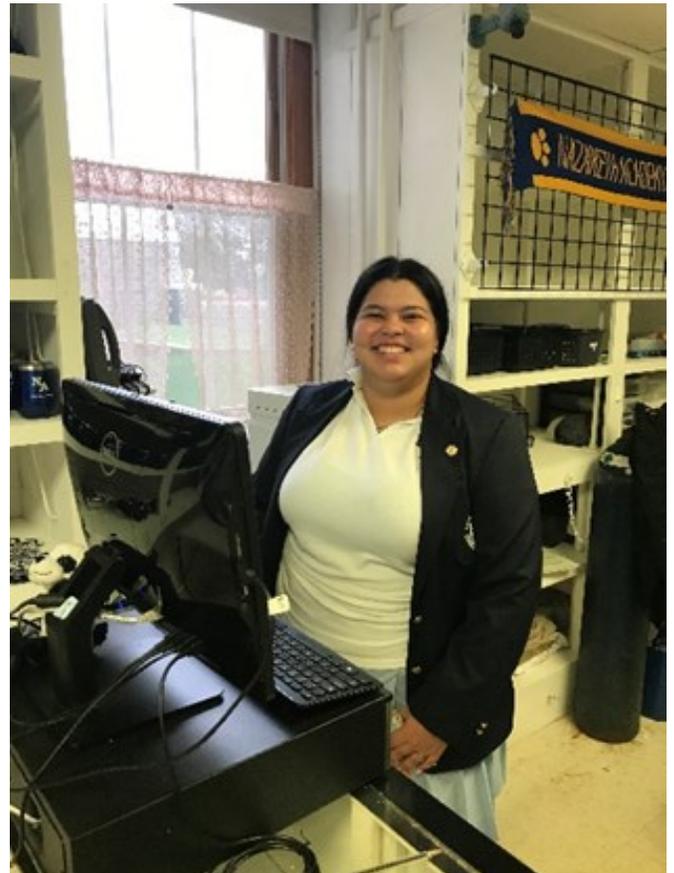
Let's go Pandas!

Student Spotlight: Destiny Rivera '20

Destiny Rivera, '20 was an instrumental part of making sure Freshman Week was a success. She partnered with two freshmen and made them both feel special. She also helped organize the gift bags for all 90 freshmen and took care of taking down and cleaning up the snacks in the cafeteria after the last lunch.

When she is not working on her school work and Freshman Week, she is focused on her future. She is interested in applying to Temple and Drexel as a nursing major. Destiny is interested in working as a nurse in pediatrics or in a hospital.

Currently, Destiny has been volunteering at a doctor's office where she is getting experience speaking with patients, and learning about and filing charts. Destiny's time and commitment volunteering has earned her the 100+ Hour Service Award.



In Loving Remembrance

Please remember in your prayers recently deceased members of the Nazareth Family, especially:

- Mr. Patrick Chmelko, brother of Ms. Kate Chmelko, '05, Director of Performing Arts
- Mr. Hank Mikulski, great-uncle of Ms. Alyssa Mikulski, '12, College Counselor

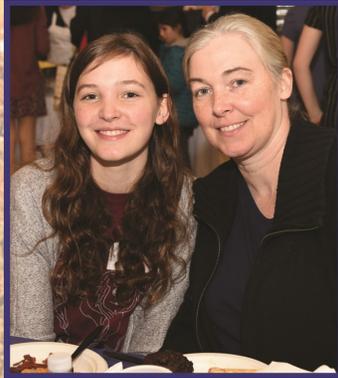
Jesus, remember me when you come into your kingdom.

-Luke 23:42



Mother - Daughter Mass and Brunch

Presented by the Nazareth Academy Parents Association



“Happiness is mother and daughter time.”

Sunday, October 6, 2019

10:00 AM - Mass in Chapel

11:00 AM - Brunch in Performing Arts Center

50/50 and raffle baskets will be available!

Registration information is listed on the back.

We hope you can join us!

*“Angels are often
disguised as
daughters.”*



**NAZARETH
ACADEMY
HIGH SCHOOL**

*“A mother is a
daughter’s best
friend.”*

[Click Here To Register Online](#)

NAZARETH ACADEMY HIGH SCHOOL'S
TASTE OF THE TOWN

Featuring a sampling of the area's finest cuisine



Saturday, November 2, 2019

6:00 PM to 10:00 PM

NAHS School Gym



Live music and entertainment featuring:

THE HEARTBEATS

All alumnae, parents, family and friends are welcome!

Tickets are \$40.00 in advance

\$50.00 at the door

The night will feature food and drinks from the area's finest restaurants, bars, and caterers.

Included in the festivities will be a live band, DJ, dancing, raffle baskets, 50/50 and a great night out with friends and family!

Don't Forget: Our Silent Auction Will Be Live!



Must be 21 to attend.

[Click Here To Register Online](#)