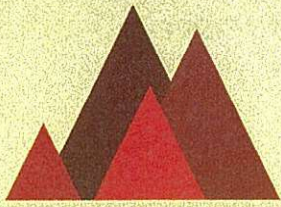
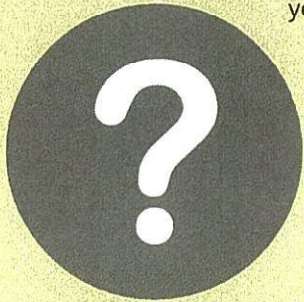


FRESHMAN SUCCESS



2. GET FAMILIAR

Know what's required for success:
-5 credits AND passing English 1 needed for sophomore status
-25 credits for graduation.
-Performance Graduation Requirements (PGRs) - Start on community service, 10 hours per year.



4. GET CONNECTED

Sports, clubs, and activities are a great way to meet new people and step out of your comfort zone. They're also a great way to relieve stress! Can't find the club you want? Get a few friends and start one yourself!



1. EXPECTATIONS

High school is an exciting time, but it may be more challenging than you expect. You'll have more freedom, but much more responsibility. Anticipate challenges along the way.



3. SEEK HELP WHEN YOU NEED IT!

When classes get difficult, get help from your teachers FIRST. You can also talk to a parent, your Pride teacher, or your counselor. Other supports: Pride Block, After School program, classmates, friends.



5. DAILY DECISIONS MAKE A DIFFERENCE

-Get organized. Use a planner to keep track of assignments.
-Do it now! Avoid procrastination.
-Avoid drama. Choose friends wisely. Who you surround yourself with each day has a big impact on your high school experience.

FREQUENTLY ASKED QUESTIONS



What do high school counselors do?

Counselors help students in all aspects of high school. They provide individual and classroom guidance related to academics, college and career planning, and personal/social issues.

Who is my School Counselor and how do I make an appointment with them?

All students work with Mr. Walker during their Freshman year. *Stop by School Counseling to request an appointment.* Mr. Walker can also be reached at kwalker@killinglyschools.org and at (860) 779-6643. *After Freshman year, students will be assigned to a counselor according to the first letter(s) of their last name.*

School Social Workers and Counselors:

Ms. Woronick jworonick@killinglyschools.org

Mr. Hurd mhurd@killinglyschools.org

Ms. Placido bplacido@killinglyschools.org

What do I do if I'm falling behind in class?

- See your teacher! They are ready and waiting to help you but you have to speak up.
- Get organized! You should use a planner and your PowerSchool account daily to stay on top of work.
- Utilize intervention time during Pride Block and come to after school tutoring in the Library (check schedule).
- Ask a friend who's doing well in class to help you.
- Tell your parent(s)/guardian(s) and ask for help.
- See your School Counselor.

What do I do if I or someone I know is being harassed, threatened, or made uncomfortable?

See your Assistant Principal,
Mrs. Lagace klagace@killinglyschools.org, Room 1105

Who coordinates student activities?

See Ms. Graveline in the Main Office sgraveline@killinglyschools.org

What if I have an iPad problem?

See Mr. Lee in Room 2109

Who can I talk to about sports and eligibility?

Athletic Director: Mr. Marcoux
kmarcoux@killinglyschools.org