



Eastern Middle School

Grades 6-12
Spring 2019



Report created by
Panorama Education



Summary

Topic Description	Results	Comparison
<p>Emotion Regulation</p> <p>How well students regulate their emotions.</p>	53%	<p>49% Middle Schools</p> <p>48% Secondary Schools</p> <p>48% Greenwich Public Schools</p>
<p>Grit</p> <p>How well students are able to persevere through setbacks to achieve important long-term goals.</p>	54%	<p>50% Middle Schools</p> <p>50% Secondary Schools</p> <p>50% Greenwich Public Schools</p>
<p>Growth Mindset</p> <p>Student perceptions of whether they have the potential to change those factors that are central to their performance in school.</p>	53%	<p>50% Middle Schools</p> <p>50% Secondary Schools</p> <p>50% Greenwich Public Schools</p>
<p>Self-Efficacy</p> <p>How much students believe they can succeed in achieving academic outcomes.</p>	59%	<p>54% Middle Schools</p> <p>52% Secondary Schools</p> <p>52% Greenwich Public Schools</p>
<p>Self-Management</p> <p>How well students manage their emotions, thoughts, and behaviors in different situations.</p>	75%	<p>71% Middle Schools</p> <p>71% Secondary Schools</p> <p>71% Greenwich Public Schools</p>
<p>Social Awareness</p> <p>How well students consider the perspectives of others and empathize with them.</p>	68%	<p>64% Middle Schools</p> <p>64% Secondary Schools</p> <p>64% Greenwich Public Schools</p>

721 responses



Emotion Regulation

Your average

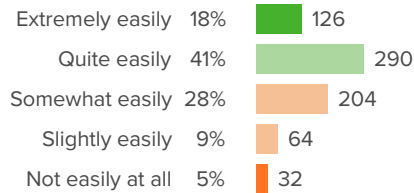
53%

721 responses

School Type average: **49%** Middle Schools
 School Type average: **48%** Secondary Schools
 District average: **48%** Greenwich Public Schools

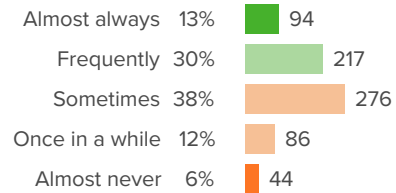
How did people respond?

Q.1: When you are feeling pressured, how easily can you stay in control?



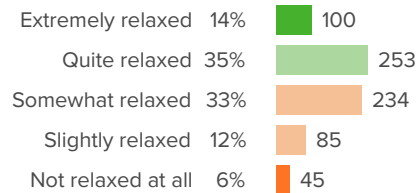
Favorable: **58%**

Q.2: How often are you able to pull yourself out of a bad mood?



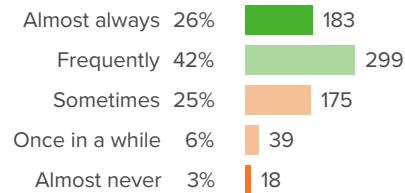
Favorable: **43%**

Q.3: When everybody around you gets angry, how relaxed can you stay?



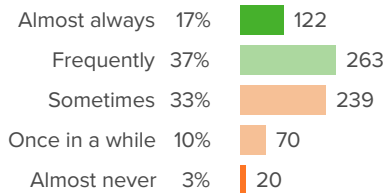
Favorable: **49%**

Q.4: How often are you able to control your emotions when you need to?



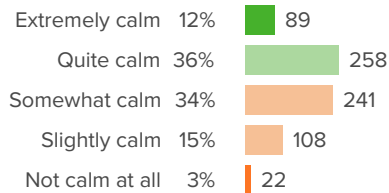
Favorable: **68%**

Q.5: Once you get upset, how often can you get yourself to relax?



Favorable: **54%**

Q.6: When things go wrong for you, how calm are you able to remain?



Favorable: **48%**



Grit

Your average

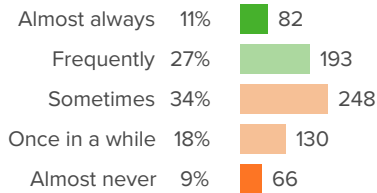
54%

721 responses

School Type average: **50%** Middle Schools
 School Type average: **50%** Secondary Schools
 District average: **50%** Greenwich Public Schools

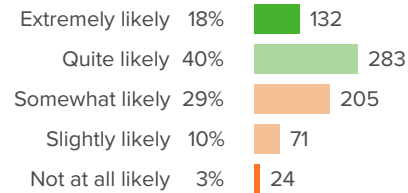
How did people respond?

Q.1: How often do you stay focused on the same goal for several months at a time?



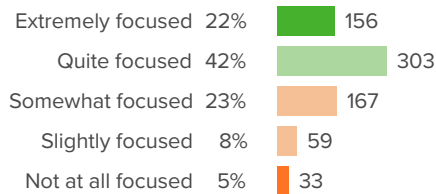
Favorable: **38%**

Q.2: If you fail to reach an important goal, how likely are you to try again?



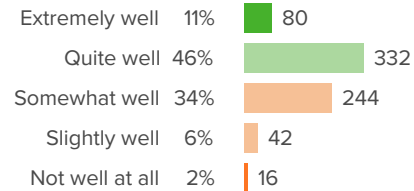
Favorable: **58%**

Q.3: When you are working on a project that matters a lot to you, how focused can you stay when there are lots of distractions?



Favorable: **64%**

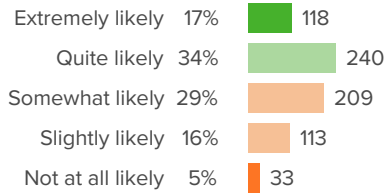
Q.4: If you have a problem while working towards an important goal, how well can you keep working?



Favorable: **58%**



Q.5: Some people pursue some of their goals for a long time, and others change their goals frequently. Over the next several years, how likely are you to continue to pursue one of your current goals?



Favorable: **50%**



Growth Mindset

Your average

53%

721 responses

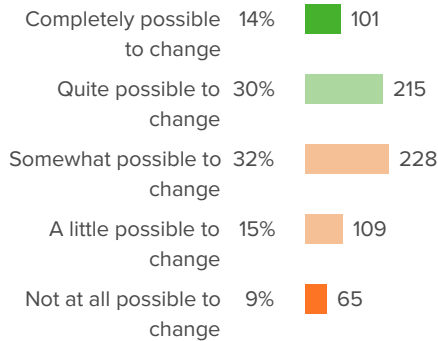
School Type average: **50%** Middle Schools

School Type average: **50%** Secondary Schools

District average: **50%** Greenwich Public Schools

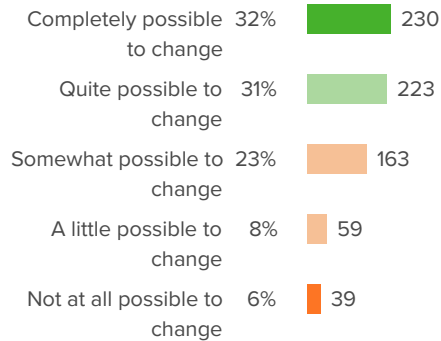
How did people respond?

Q.1: In school, how possible is it for you to change: Being talented



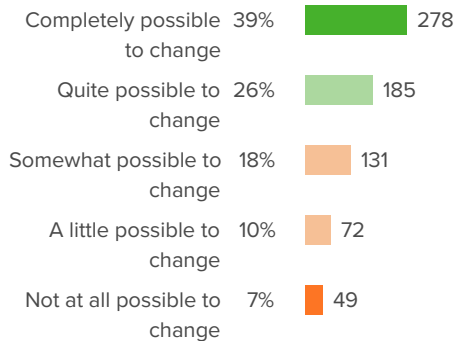
Favorable: **44%**

Q.2: In school, how possible is it for you to change: Putting forth a lot of effort



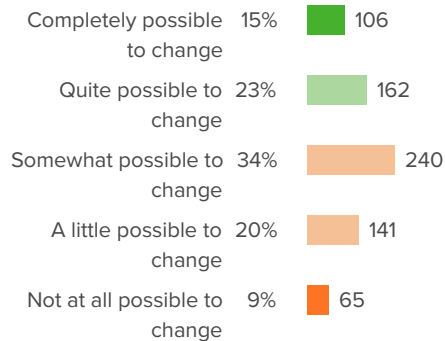
Favorable: **63%**

Q.3: In school, how possible is it for you to change: Behaving well in class



Favorable: **65%**

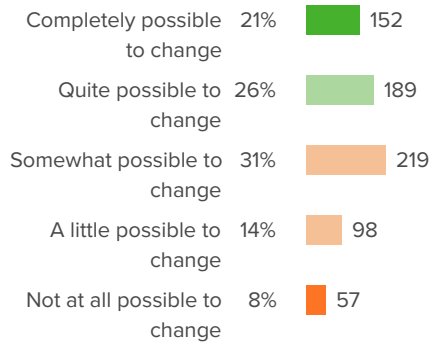
Q.4: In school, how possible is it for you to change: Liking the subject



Favorable: **38%**

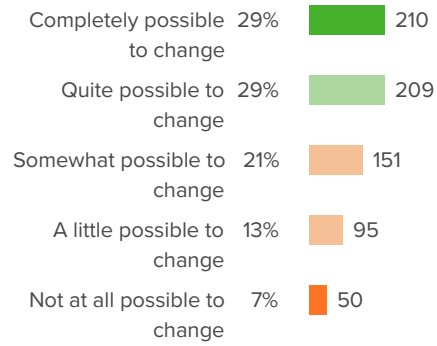


**Q.5: In school, how possible is it for you to change:
How easily you give up**



Favorable: **48%**

**Q.6: In school, how possible is it for you to change:
Your level of intelligence**



Favorable: **59%**

Self-Efficacy

Your average

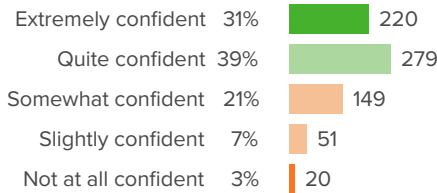
59%

721 responses

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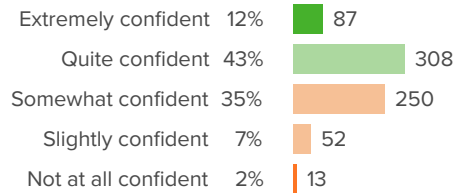
How did people respond?

Q.1: How confident are you that you can complete all the work that is assigned in your classes?



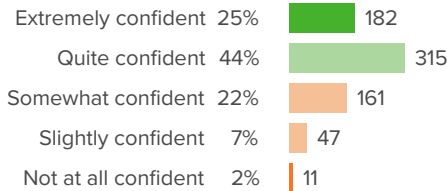
Favorable: **69%**

Q.2: When complicated ideas are presented in class, how confident are you that you can understand them?



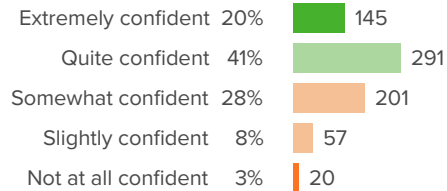
Favorable: **56%**

Q.3: How confident are you that you can learn all the material presented in your classes?



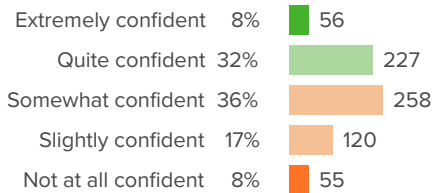
Favorable: **69%**

Q.4: How confident are you that you can do the hardest work that is assigned in your classes?



Favorable: **61%**

Q.5: How confident are you that you will remember what you learned in your current classes, next year?



Favorable: **40%**



Self-Management

Your average

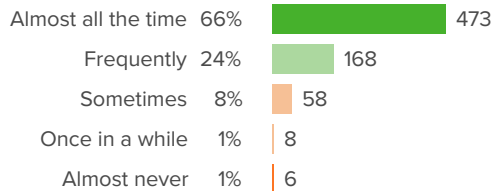
75%

721 responses

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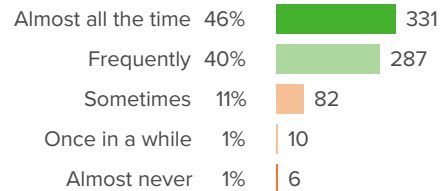
How did people respond?

Q.1: During the past 30 days...How often did you come to class prepared?



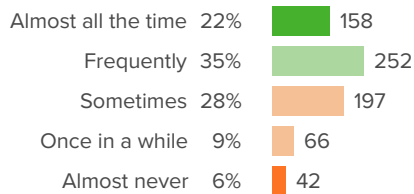
Favorable: **90%**

Q.2: During the past 30 days...How often did you follow directions in class?



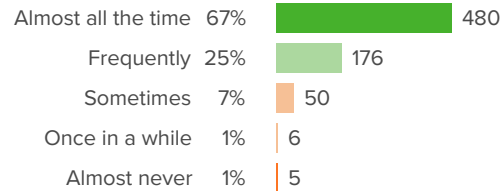
Favorable: **86%**

Q.3: During the past 30 days...How often did you get your work done right away, instead of waiting until the last minute?



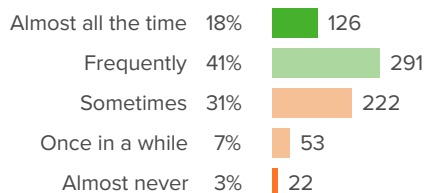
Favorable: **57%**

Q.4: During the past 30 days...How often were you polite to adults?



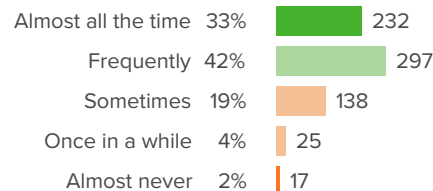
Favorable: **91%**

Q.5: During the past 30 days...How often did you pay attention and resist distractions?



Favorable: **58%**

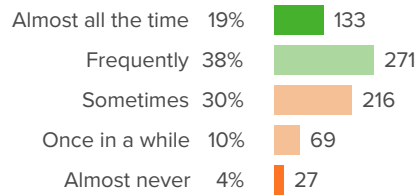
Q.6: During the past 30 days...When you were working independently, how often did you stay focused?



Favorable: **75%**

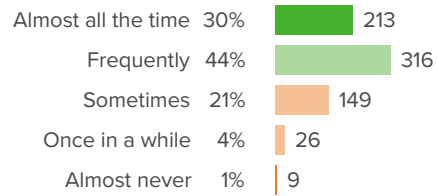


Q.7: During the past 30 days...How often did you remain calm, even when someone was bothering you or saying bad things?



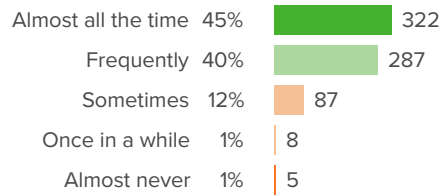
Favorable: **56%**

Q.8: During the past 30 days...How often did you allow others to speak without interruption?



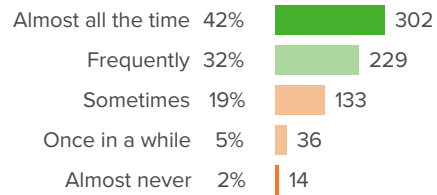
Favorable: **74%**

Q.9: During the past 30 days...How often were you polite to other students?



Favorable: **86%**

Q.10: During the past 30 days...How often did you keep your temper in check?



Favorable: **74%**



Social Awareness

Your average

68%

721 responses

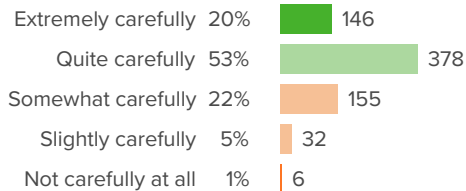
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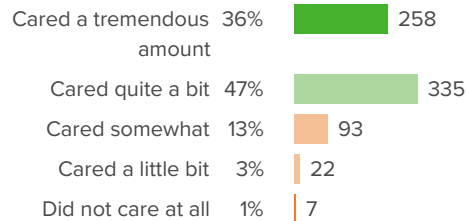
How did people respond?

Q.1: During the past 30 days...How carefully did you listen to other people's points of view?



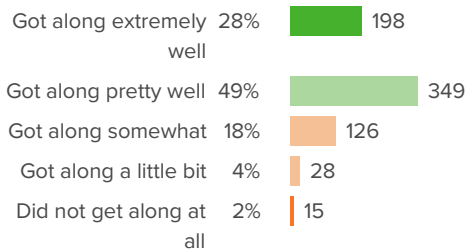
Favorable: **73%**

Q.2: During the past 30 days...How much did you care about other people's feelings?



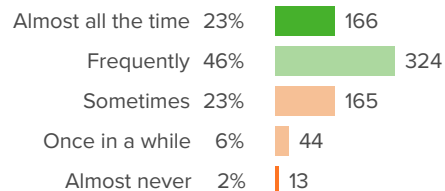
Favorable: **83%**

Q.3: During the past 30 days...How well did you get along with students who are different from you?



Favorable: **76%**

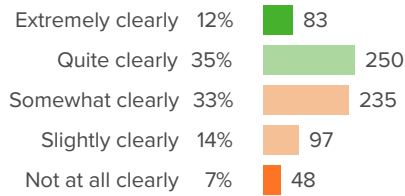
Q.4: During the past 30 days...How often did you compliment others' accomplishments?



Favorable: **69%**

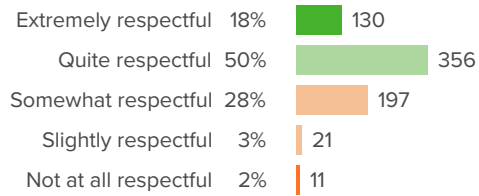


Q.5: During the past 30 days...How clearly were you able to describe your feelings?



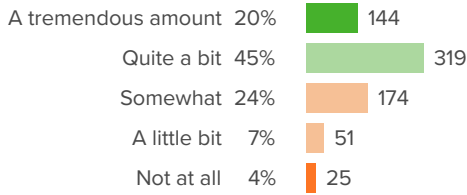
Favorable: **47%**

Q.6: During the past 30 days...When others disagreed with you, how respectful were you of their views?



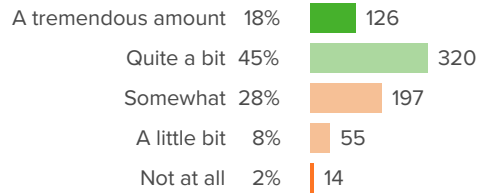
Favorable: **68%**

Q.7: During the past 30 days...To what extent were you able to stand up for yourself without putting others down?



Favorable: **65%**

Q.8: During the past 30 days...To what extent were you able to disagree with others without starting an argument?



Favorable: **63%**