

## All School News

# Run Wild Campaign Lunch and Learn - Monday, Sept. 9 in the Championship Gym

We were thrilled to see so many interested parents last week in the Championship Gym to learn more about #RunWild! We were excited for the opportunity to share our progress with you on the Run Wild Campaign, a \$3.5 million fundraising initiative to enhance our athletic facilities. Our team enjoyed visiting with parents about the project and its impact on our campus community.

The facility enhancements will include a first-class track and field complex, significant improvements to our stadium, and upgraded locker rooms in the Championship Gym for both boys and girls. The track and synthetic turf field will be available to every member of our student body through participation in physical education classes and athletic teams, our emerging strength and conditioning program, running clubs, and individual fitness efforts. Together we can create something that will be transformational for our students, our programs, and our future.

We invite you to join us for a lunch and learn opportunity on Monday, September 9 at 12:00 noon in the Championship Gym. We encourage you to come with questions and ready to learn more about these improvements. *Please RSVP to Hannah Bryan at [hbryan@episcopalcollegiate.org](mailto:hbryan@episcopalcollegiate.org) if you would like to attend.*

## Lower School

### A Note from Mrs. Schuhmacher

What a great week! We all enjoyed Convocation and were able to celebrate Mrs. Leigh Keener, our 2019 Jackson T. Stephens Lower School Faculty Award recipient, as a community. The Reverend Elizabeth McKeever-Henry, an Episcopal Collegiate alumnus, spoke with us about mercy and how it might present itself in our lives, as well as what might happen if you travel with a suitcase full of pepperonis. All students enjoyed either a blessing or communion as we celebrated Holy Eucharist as a community.

We ended the week with our first pep rally. They are always a blast as Lower School students never fail to bring incredible energy and enthusiasm to these events! We wish our JV and Varsity football players and cheerleaders the best

of luck as they travel to Western Yell County in Havana for their games tonight. We also hope you will join our Lower School PSL football players and cheerleaders as they take on CAC at their fields tomorrow morning at 9:00 a.m.

Super Sessions are in their first week and the kids are loving them. There is still time to register if you are interested. Take a look at the offerings listed below and please contact us if you have any questions.

Sincerely,

Catherine Schuhmacher

Head of Lower School

## **Thea Paves the Way Designers**

On Saturday, September 21, the Thea Foundation will host its annual sidewalk chalk event, Thea Paves the Way, at the Clinton Center from 8:00 a.m. until noon, and Ms.McSpadden needs help designing the Lower School square! If you are a fourth or fifth grade student and will be able to attend the event on Saturday, September 21, you're invited to help design the square at a Friday planning session. Planning sessions will be held in Ms.McSpadden's room from 3:15 p.m. - 3:45 p.m. on the following Fridays:

September 6  
September 13  
September 20

Students do not have to attend all sessions to participate in the event, but they will need to commit to be at the event on Saturday, September 21. To sign your student up or if you have any questions, please contact [Ms. McSpadden](#).

## **Co-Curricular News - Science**

Blackmon Science Lab News - [Check out photos from the lab here!](#)

Welcome to the lab super scientists! When I was growing up, I had an amazing teacher who had a poster in her room that read, “Students are lamps to be lighted, not vessels to be filled.” I’m not sure who said it, and I have seen different versions over the years, but it sums up how I feel about teaching science to young children. Students only need to be curious, ask questions, and be good observers of the natural world to become wonderful citizen scientists. Hopefully our work in the lab this year sparks a deeper love of science and the world around us.

Third grade started the year identifying biotic and abiotic factors in an ecosystem, and we met our mealworms! Scientists made habitats for their mealworms, and we are currently observing their growth and investigating their preferences for light versus dark in their environment. We’ll take our studies a little more global in the weeks to come as we connect our work in the classroom to a larger and unique ecosystem: The Amazon Rainforest. We can’t wait to turn our hallway into a jungle!

Fourth grade scientists jumped right into the new school year by using their microscopes to locate cells and cell walls in onion skin. They learned about slide preparation techniques, and each student created a model of a plant cell. Coming up, we will raise Wisconsin Fast Plants to study their leaves and flowers as we discover how plants reproduce. After that, we discuss the honeybee, examine the structures of beetles and insects, and discuss how those structures help these animals survive.

Fifth grade scientists began the year with an introduction to classification and taxonomy and then moved quickly to study the animal we know best: the human! We are learning about the skeletal system, circulatory system, respiratory system, and digestive system and have so many great activities that go along with these. From dissecting owl pellets to measuring our lung capacities, to creating body brochures, there are so many opportunities for fifth grade scientists to connect what they do in the lab to the world outside.

Follow us on Instagram ( @episcopalcollegiatelab ) for updates on all the activity and a peek at all the wonderful things these young scientists do every single day! We have some fun things planned, and we can’t wait to share our findings and experiences with everyone! Get ready for a fantastic year, super scientists!

## Chapel News

In Godly Play, we will be exploring the story of Abraham and Sarah as God calls them to leave their home and travel to a new land. Abraham and Sarah discover that wherever they go God is there and God can do things we imagine are impossible.

In our community chapel, our Lower School Counselor, Betsy Abbot will be talking about her role as a counselor for our younger students.

**Fifth Grade Chapel Readers:** Andy Dillard, Finn Brister and Claire Covert

**Cantors:** Abby Arnold, Emily Stack, and Emily Stone

Grace & Peace,

Mother Curtis+

## **Counseling News from Mrs. Abbott**

This month is the beginning of our character trait program. Each month throughout the year we will be focusing on a different character trait and I will be visiting each classroom to give a lesson on that trait. The character trait program is implemented to help educate and encourage healthy social and emotional growth. I look forward to doing fun activities with each class to help them grow their knowledge of positive traits to exhibit in their daily lives. This month's trait is **BRAVERY!** It's great to find opportunities throughout the month to acknowledge large and small acts of bravery at home and within the community.

A new aspect of the character trait program this year will be that we are no longer doing Wildcat Tickets. Instead, each week different grades will nominate a person from each of the classes who most exhibited the trait for the month through his or her words and/or actions. The student will be recognized over morning announcements at the end of the week and receive a certificate acknowledging his or her positive actions. Each grade will continue to present their assigned month's character trait at Chapel, and this year they will also be presenting to Middle School and Upper School in their combined chapel. Teachers will keep you notified of those dates. We look forward to a great year of character building and education! Please [contact me](#) if you have any questions or need more information.

Betsy Abbott

Lower School Counselor

## **School Picture Day**

School picture retakes will take place on October 3. We will send more information in the coming weeks.

# Community Opportunities - Cub Scouts Scouting Night & Adventure Princess

## **Cub Scouts - Join us for Scouting Night**

Thursday, September 12, 6:30 p.m.

The Quapaw Area Council invites all boys and girls in K-5 to learn more about the Scouting program on Thursday, September 12 at 6:30 p.m. in the Braunfisch-Stella Boyle Smith Lower School Library. Scout leaders will be on hand to educate students about the benefits of Scouting and to provide details of the time commitment. Please contact Stephen Hester with any questions.

## **Adventure Princess**

Calling all Kindergarten through fourth grade girls! The Arkansquaws would like to invite you to join our group for the 2019-2020 school year. The Arkansquaws is the YWCA Adventure Princess group associated with Episcopal. We will participate in two campouts and a dance, as well as other events during the school year. Those interested should [e-mail Jacy Daugherty](#) for information on joining and to receive group updates. For those planning to return, please send your current contact information along with Adventure Princess name and grade. We will be sending fall kick-off information and campout dates soon.

## **Super Sessions**

Super Sessions began this week and there's still time to register. Click [here](#) for more information.

**We still have spots in the two following Super Sessions. We hope you will join us!**

Tiny Dancers Tap & Ballet (Pre-K 3 and Pre-K 4)

Dates: September 5, 2019-May 21, 2020

Day: Thursday

Grade/Time: Pre-K 3 and Pre-K 4, 3:30 PM-4:00 PM

Location: Lower School Music Room

Cost: \$738.00, will be broken down into 9 monthly payments

Instructor: Tommie Coleman

Description:

Tiny Dancers is a creative, fun, and upbeat introduction to dance course for your young dancer! Your child will learn basic terminology, steps, positions, and more. This combination class will spark your child's interest and love for dance while learning ballet; the foundation of all dance, tap, and tumbling. This combination class will keep your child's attention, which is extremely important at this delicate age, and give them the foundational knowledge of the three disciplines of dance. Over the course of the semester your Tiny Dancer will be working towards performing in the Tiny Dancers Winter Recital and then a Spring Recital! The Winter Recital will be at the end of the semester on December 19, 2019 and the Spring recital will be May 21, 2020. This will give your child to show you what they have learned! **Your child will need pink ballet flats, black tap shoes, and a leotard for this session. The instructor will provide the recital outfits and accessories!**

Cheer Time!

Dates: September 3, 2019-May 19, 2020

Day: Tuesdays

Grade/Time: 1<sup>st</sup>-5<sup>th</sup>, 4:00 PM-4:30 PM

Location: Upstairs Commons

Cost: \$738.00, will be broken down into 9 monthly payments

Instructor: Sheri Caveness

Description:

This session is a great way to introduce young Wildcats to cheerleading! Cheer Time! will focus on the basic fundamentals of cheerleading, such as motion, technique and jumps, cheer dance, and basic tumbling! Cheer Time will emphasize knowledge and proper technique; hand positions/arm motions / leg & feet Positions/kicks/jumps with prep/dance motions and basic tumbling.

Please contact [Morgan Dlouhy](#) or [Emma Daily](#) if you have any questions regarding Wildcat Club or Super Sessions. The Wildcat Club emergency contact number is 501.804.6649.

## Pride Patrol

Pride Patrol students assigned for next week, Monday, September 9 - Friday, September 13 are:

**Pre-K Carpool:** Rowan Dougherty, Sadie Janes, Audrey Jones, Claire Lammers, William Marks

**K-5 Carpool:** Penn Dougherty, Emily Marsh, Bella Pumphrey, Charlie Radtke, Carter Smith

## Mark Your Calendar

### Monday, September 9

- Girls on the Run, 3:15-4:45pm
- Taekwondo (K-1), 3:30-4pm; (PreK) 4-4:30pm; (2-5) 4:30-5pm
- PSL Cheer Practice, 4:15-5:15pm

### Tuesday, September 10

- Tiny Tumblers, PreK3-K, 3:30-4pm
- PSL Football Practice, 3:45-5:15pm
- Cheer Time! Grades 1-5, 4-4:30pm

### Wednesday, September 11

- Community Chapels
  - PreK 3, 8:45am-9am
  - PreK 4, 8:25am-8:40am
  - Kindergarten, 9:10am-9:25am
  - 1st-5th, 10:45am-11:15am
- Tiny Dancers, PreK3-K, 3:30-4pm
- Wee Little Arts, PreK3-4, 3:20-4pm
- Wee Little Arts, K-2, 4:10-4:50pm
- Zoomba Kids! PreK3 - 1st grade, 4-4:30pm

### Thursday, September 12

- Chess Club, 3:15-4:30pm
- Tiny Dancers, PreK3-4, 3:30-4pm
- Tiny Dancers, K-1, 4-4:30pm
- PSL 5th Grade Volleyball practice, LS gym, 3:30-5pm
- PSL Football Practice, 3:45-5:15pm
- Girls on the Run, 3:15-4:45pm
- Scouting Night, 6:30pm

### Friday, September 13

- PSL Football Practice, 3:45-5pm

Find the [LS Calendar](#) here.

**Middle School**

## **A Note from Dr. McCormick**

Dear Parents,

As a middle school faculty, we have challenged ourselves to be "warm demanders," pushing students to achieve more, while building strong relationships and holding our students in high regard. This week I saw this in action when Mrs. Higgins' seventh and eighth grade artists were giving one another feedback for the first time on their Mandala projects. One of the students had chosen to draw her mandala on both sides of the page, and Mrs. Higgins inquired as to why. After the student shrugged her shoulders and said, "I don't know," Mrs. Higgins re-phrased the question, obviously trying to tap into the student's thinking. When the student again demurred, Mrs. Higgins gently re-phrased the question a third time, and though the student in question still struggled to fully respond, I was impressed that Mrs. Higgins did not give up on her and gently continued to encourage her to "go deeper."

Chuck McCormick  
Head of Middle School

## **Athlete of the Week**

Each week during the sports season, a Middle School or PSL coach is asked by our Athletic Director, Monty Smith, to nominate a "Wildcat Athlete of the Week." This is a person who has given exemplary effort and is coachable, been a great teammate and leader, and demonstrated sportsmanship. This week's athlete of the week is sixth grade PSL football player, Cash Lee. This is what Coach Lister said in his nomination of Cash: *I would like to nominate Cash Lee for the Athlete of the Week. Cash has demonstrated great leadership qualities during football practice and has become one of the team leaders. Cash plays receiver, offensive line, and cornerback on defense. He has shown great focus and attention to detail while learning both offensive and defensive plays for the team. He encourages other players and is becoming a coach on the field for us. Congratulations, Cash!*

## **Eighth Grade Over the Top Awards**

Each grade level teaching team will select students each month for their classroom effort, attitude, and teamwork. We began with our eighth grade team at Thursday Morning's Meeting. The following eighth grade students were commended for the month of August:

Social Studies - Dr. Lien - Luke Smith and Avery Turner

Latin - Mr. Webb - Whitney Stewart and Christian Wells

English - Ms. Wood - Oliver Crank and Abby Sullivan

Physical Science - Mr. Thurman - Fiona Wolter, Jack Schuhmacher

Algebra One - Mr. McHan - Grayson Wood, Jack Schneider

Exploratory Design - Mr. Jones - Rachel Riley and Austin Borg

## **Community Service Hours**

Middle School students are expected to complete five hours of community service each school year. Hours that students do in the summer may count towards these hours. For instance, students who assisted with filling sandbags this past summer to help prevent flooding at Episcopal may submit these on the requisite community service form to Mrs. Britt in the Middle School Office. Service hours may not be completed during school hours. **Service hours must be documented on a community service form found in the Middle School office and signed by the sponsoring authority, then submitted to Mrs. Britt.** Things like serving at one's place of worship, working at the rice depot, or working at Episcopal concessions (this must be done with a parent) are but several examples of accepted community service. Generally speaking, providing service to any type of community organization and not being compensated for it will count towards Middle School community service. Providing yard work, or other work, to one's family, while an excellent endeavor, does not count as community service but rather what one does as a member of his/her family.

## **All MS Field Trip - Oct. 4, 12:30 - 2:30 p.m.**

On October 4, Middle School students and faculty will participate in a leadership and service event with the group, TACOS4Life, at the convention center. We will be serving our fellow community members by packing meals provided by Tacos4Life, and the experience will also afford us an opportunity to practice leadership and followership! Please let your child's advisor or Mrs. Britt know if your child will not attend.

## **Book Talk - Sept. 10, 8:15 - 9:00 a.m.**

Come join Dr. McCormick in the Middle School's Erwin Library at 9:00 a.m. to discuss an education or parent-related article that he will provide at the session! We hope to see you there!

## **Upcoming Events**

Tuesday, September 10 - MS Book Talk, 8:15 a.m. - MS Erwin Library

Thursday, October 10 - Family/Teacher conferences (No classes or activities, but students should participate in Middle School conferences with parents/guardians.)

**Find the [MS Calendar](#) here.**

### **Upper School**

## **A Note from Mr. Urquhart**

I enjoyed seeing so many of you at Wednesday's Convocation to celebrate the beginning of the school year. As many of us have talked about in recent days, it feels this week like school is in full swing--students are having their

first significant assessments in many classes, our fall athletic teams are in season, college reps are visiting our campus, and students auditioned this week for our fall production of the musical *The Addams Family*. We know that our students' engagement in academics, fine arts, and athletics helps them to develop the skills and understanding that they need to become the best versions of themselves, but we also know that students can feel overwhelmed from time to time--should your child begin to feel this way, please encourage your child to talk with his or her advisor and teachers. Our teachers are grateful for the chance to help students navigate their commitments, to help them organize and plan their work, and to make sure that they feel supported in all their pursuits.

Many of you will remember our visit last year from The Social Institute's Laura Tierney, who led discussions with students, parents, and faculty about the ways we can promote the positive use of social media. Those sessions prompted a number of meaningful conversations here on campus about social media, and last spring, we were able to pilot a new gamified curriculum from The Social Institute with a small group of our students. Students will be using this interactive program as part of our Advisory program this year, and we hope that it will help them to navigate social media and technology in a positive way.

(If you weren't able to join us for the last year's parent session with Ms. Tierney, you can find a video of the session online at <https://vimeo.com/287293875>. You'll need to use the password Wildcats18 to access the video.)

During our morning and afternoon carpool, please remember to drop off and pick up students only when you're in the left lane, nearest to the building, and to reserve the right lane for through traffic. Stopping to drop off or pick up a student in the right lane impedes the flow of traffic on campus, but more importantly, it poses a serious safety concern because it requires students to cross an active lane of traffic to reach your vehicle. I understand that traffic is sometimes slow-moving during our peak drop-off and pick-up times, but I hope that you'll help us keep students safe.

Troy Urquhart

Head of Upper School

## College Visits

We begin the season of college visits to our campus by admission representatives next week. All juniors and seniors are encouraged to attend these meetings. Seniors should attend any visit where they plan to apply for admission. This is a great time for juniors to learn as much as possible about many different colleges from around the country. If missing a class to attend, students must have the teacher sign a permission form, which can be found in the College Counseling Office. Please see [Ms. Morgan](#) for more information.

### Wednesday, September 11

- Arkansas State University (Main Campus) - College Counseling Office, 8:15 - 9:15 a.m.
- George Washington University - College Counseling Office, 10:00 - 11:00 a.m.

## Service Opportunity at CALS Ron Robinson Theater

There are a several volunteer opportunities coming up at the CALS Ron Robinson Theater at Library Square for students 16+. If you are interested in volunteering or have questions, please contact Polly Deems at CALS--her email address is [pdeems@cals.org](mailto:pdeems@cals.org).

Note: Volunteers receive free parking and can stay for the event at no charge.

### Friday, September 6 *The Goonies*

- Concession 6-8:00 p.m.
- Box Office 6-7:00 p.m.
- Greeter 6-7:00 p.m.

### Thursday, September 12 *Bingoflix: Robot Monster*

- Concession 6-8:00 p.m.
- Box Office 6-7:00 p.m.
- Greeter 6-7:00 p.m.

## **Sunday, September 15 Cynthia Wills for Dr. Samone Brown Documentary Screening**

- Concession 3-5:30 p.m.

## **Thursday, September 26 *Fight Club***

- Concession 6-8:00 p.m.
- Box Office 6-7:00 p.m.
- Greeter 6-7:00 p.m.

## **Friday, September 27 *Adaptation***

- Concession 6-8:00 p.m.
- Box Office 6-7:00 p.m.
- Greeter 6-7:00 p.m.

## **Upcoming Events**

Tuesday, September 10 - Senior Picture Retakes

Wednesday, September 11 - College Visits: Arkansas State University, 8:15 - 9:15 a.m. / George Washington University, 10:00-11:00 a.m.

Thursday, October 10 - Family/Teacher Conferences

**Find the [US Calendar](#) here.**

### **Athletics**

## **Upcoming Games**

### **Saturday, September 7**

- Boys and Girls Varsity Cross Country - Little Rock XC Classic at former War Memorial Golf Course

- Boys and Girls Middle School Cross Country - Little Rock XC Classic at former War Memorial Golf Course
- Girls Varsity Volleyball - Spikefest
- 5th and 6th Grade Football vs. IC, 9:00 a.m. - HOME

### **Monday, September 9**

- Girls 7th Grade Volleyball vs. Mayflower, 4:30 p.m. - AWAY
- Girls 8th Grade Volleyball vs. Mayflower, 5:30 p.m. - AWAY
- Girls 9th Grade Volleyball vs. Mayflower, 6:30 p.m. - AWAY

### **Tuesday, September 10**

- Boys and Girls Varsity Cross Country 21st Annual Heber Springs Josh Park Memorial CC Invitational
- Boys and Girls Middle School Cross Country 21st Annual Heber Springs Josh Park Memorial CC Invitational
- Boys and Girls Varsity Golf vs. Mayflower, at the Links Conway
- Boys and Girls Varsity Tennis vs. Baptist Prep, 4:00 p.m. - HOME
- Girls 9th Grade Volleyball vs. Harding Academy, 4:30 p.m. - HOME
- Girls Junior Varsity Volleyball vs. Harding Academy, 6:00 p.m. - HOME
- Girls Varsity Volleyball vs. Harding Academy, 7:00 p.m. - HOME

### **Wednesday, September 11**

- Boys and Girls Middle School Tennis - Fountain Lake, Anthony School: Tri Match - HOME

### **Thursday, September 12**

- Boys and Girls Varsity Golf vs. Robinson, 3:30 p.m. - at CCA
- Boys and Girls Varsity Tennis vs. Lisa Academy, 4:00 p.m. - HOME
- Girls 9th Grade Volleyball vs. Fountain Lake, 4:30 p.m. - AWAY
- Girls 7th Grade Volleyball vs. Fountain Lake, 4:30 p.m. - AWAY
- Girls 8th Grade Volleyball vs. Fountain Lake, 5:30 p.m. - AWAY
- Girls Junior Varsity Volleyball vs. Fountain Lake, 5:30 p.m. - AWAY
- Girls Varsity Volleyball vs. Fountain Lake, 6:30 p.m. - AWAY

### **Friday, September 13**

- Boys Middle School Football vs. Augusta, 5:00 p.m. - AWAY
- Varsity Football vs. Augusta, 7:00 p.m. - AWAY

Find the [Wildcat Athletic Calendar](#) here.