



ROEDEAN

MOIRA HOUSE

HEALTH CARE INFORMATION FOR BOARDING PUPILS

STAFF AND CONTACT DETAILS

The following is a brief introduction to Health Care at Roedean Moira House School. Health care is provided by qualified First Aiders, including all boarding and residential staff.

REGISTERING WITH THE SCHOOL'S DOCTOR

Full boarding pupils are registered with the Enys Road Surgery in Eastbourne. Flexi and weekly boarders will **not** be registered unless parents/guardians make a specific request for this. Guardians will make doctor appointments as necessary and will accompany boarders to the surgery.

OVERSEAS PUPILS

Overseas pupils who are new arrivals to the UK may also be asked to attend for TB, HIV and Hepatitis B screening at the local hospital. This is a requirement of the Health Protection Agency and applies to all new arrivals to the UK from high risk areas.

CONSENT AND MEDICAL RECORDS

In order for boarding staff to fulfil their professional and legal responsibilities and duty of care, consent from pupils and parents is required for all procedures. There may be some situations where sharing of some health information is necessary with the relevant members of school staff. The issues of informed consent and confidentiality are taken very seriously with emphasis that pupils are involved and encouraged to take responsibility for their own health. The boarding staff are keen to provide the best possible care for your daughter and it is of the utmost importance that we have access to up to date, full and accurate health records, including a full vaccination history. The Medical Record Form must be completed and submitted to our Database Administrator, Mrs Jane Mole, on jmole@roedeanmoirahouse.co.uk prior to your daughter starting at Roedean Moira House.

HEALTH REGULATIONS FOR BOARDING PUPILS

1. VISITS TO DENTISTS, OPTICIANS AND SPECIALISTS

Please arrange routine appointments during the holidays. Guardians can arrange emergency dental appointments with the local dental practice, however unless you have a dental plan or health insurance this will need to be paid for at the time of the visit.

2. IMMUNISATIONS

All immunisations should be up to date before arrival. If you need advice, please contact the Immunisation team on 0300 123 4062 or kchft.esschoolhealthservice@nhs.net.

3. SEVERE ALLERGY

If your daughter has a history of severe allergy for which she has been prescribed an epipen (adrenaline or epinephrine injection), please detail this in the Medical Record form. We would request that you supply the school with two spare pens, one to be kept in reception and one in your daughter's base class room as appropriate. Information about your daughter's medical conditions will be distributed to staff on a need to know basis.

4. QUARANTINE REGULATIONS

Boarding staff should be informed before your daughter's return to school if she has been in contact with any infectious disease during the holidays. As long as your daughter has subsequently been kept away from the source of the infection and the last date of exposure is reported she may return to school. Parents are specifically requested not to send their daughter back to school while she is still unwell. If your daughter contracts an infectious illness whilst she is at school, it will be a requirement for her to recuperate away from school (using Public Health England Guidelines). Please ensure that you nominate a suitable UK education guardian who can provide safe and suitable accommodation, if your daughter is unable to return home overseas. It is the responsibility of the guardian to liaise with the school in connection with matters related to health, welfare and educational progress of the pupil. This includes arranging and attending medical appointments for your daughter, and providing consent for her to receive emergency medical treatment if necessary.

5. TREATMENT RECEIVED DURING HOLIDAYS

If your daughter has received medical treatment during the holidays, the boarding staff must be informed. Parents should ask their family doctor to send our Database Administrator, Mrs Jane Mole, on jmole@roedeanmoirahouse.co.uk a copy of relevant correspondence for recent or continuing medical problems involving a Consultant.

6. PRESCRIBED MEDICATION

Medicines of any kind must be kept in the original Chemist's container, labelled with the prescribed information, and accompanied by a letter from the doctor. They should be handed to the boarding staff on arrival at school. If appropriate, boarding staff will ask the guardian to arrange an appointment with the doctor to discuss the diagnosis, issue repeat prescriptions and provide any necessary follow up. Medicines will be dispensed either by boarding staff or may be self-administered by your daughter, according to her age and following risk assessment to determine her level of understanding and responsibility. Any medicines brought into school must be labelled with details in English.

7. OVER THE COUNTER MEDICATION

This must be kept in the original Chemist's container and should be given to the boarding staff with a completed letter from the parent or guardian, confirming the reason for and the dosage of the medication. The boarding staff will then provide the medicines as necessary.

8. PARACETAMOL (PANADOL)

The pharmaceutical industry has placed restrictions on the number of tablets sold over the counter, recognising that Paracetamol, which is found in many cold/flu remedies, can cause liver damage if taken in excess. We, therefore, request that pupils do not keep these tablets, as they are available from boarding staff whenever needed.

9. MEDICAL TREATMENT

If your daughter requires emergency medical treatment, every effort will be made initially to obtain the prior consent of a parent or guardian if she is under 16 years of age. Children under 16 may consent for treatment if deemed to be Gillick competent. Should this not be possible in the time available, a senior member of staff or boarding staff, acting in loco parentis, are authorised to give valid consent to such treatment (including anaesthetic or operation).

10. ASTHMA

If your daughter has asthma, or a history of asthma, it is important that this is detailed in the Medical Record form so that school staff have a full understanding of your daughter's condition and treatment. Information about your daughter's medical conditions will be distributed to staff on a need to know basis.

11. HEAD LICE

It is no longer recommended that routine head checks be carried out in schools. We therefore request that a check be made at home prior to the beginning of each term. Please inform the boarding staff of any infestation during the holidays. When this occurs in the term the 'wet detection combing technique' will be advised as recommended in this area. Parents will be notified and asked to treat all close (head to head contact) members of the family.

12. BODY PIERCING

In view of the safety factor, together with the ethos of the school, only the single piercing of ears is acceptable. If a pupil has a stud or sleeper elsewhere, it should be removed before her arrival at school.

13. GLASSES

All students wearing glasses should have a yearly eye sight test. If worn for sport, two pairs are needed so that one pair has non-splinter lenses.