

DPS 2019-2020			
Dalton High School			
September 3-6	International	Southern Chow	Hot & Spicy
	Tuesday	Tuesday	Tuesday
Sweet & Sour Chicken	Sweet & Sour Chicken	Walking Tacos	Pizza
Rice, Egg Roll	Rice, Egg Roll	Fresh Pico	Marinara Sauce
Oriental Veggies	Oriental Veggies	Lettuce, Onions, Peppers	Steamed Corn
			Lettuce/Tomato/Onion/Pickle
			Yogurt Box
	Wednesday	Wednesday	Wednesday
Spaghetti	Chicken Gen. TSO	Cheese Nachos	Chicken Sandwich
Garlic Toast	Rice	Steamed Corn	Cheeseburger
Steamed Corn	Vegetable Blend	Fresh Pico	Lettuce/Tomato/Onion/Pickle
		Shredded Lettuce	Steamed Broccoli
			Yogurt Box Choice
	Thursday	Thursday	Thursday
Boneless BBQ Wings	Boneless BBQ Wings	Fajita Nachos	Pizza
Fresh Broccoli w/ Ranch	Fresh Broccoli w/ Ranch	Rice / Salsa	Marinara Sauce
Celery/Carrot Sticks	Celery/Carrot Sticks	Pinto Beans	Leafy Green Salad
Baked Beans	Baked Beans	Sauteed Pepper & Onion	Rosted Garbanzo Beans
			Yogurt Box
	Friday	Friday	Friday
Chicken Tenders	Chicken Tenders	Beef Nachos	Chicken Sandwich
Roll	Roll	Shredded Lettuce/Cheese	Cheeseburger
Steamed Broccoli	Steamed Broccoli	Fresh Pico	Lettuce/Tomato/Onion/Pickle
Tater Tot	Tater Tot	Pinto Beans	Carrot Stick w/ Dip
			Yogurt Box Choice

Sept. 9-13

Monday

Quesadilla
Spanish Rice
Pico de Gallo
Corn

Monday

Chili Fries
Garlic Toast
Pico de Gallo
Steamed Broccoli

Monday

Quesadilla
Spanish Rice
Pico de Gallo
Corn

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Yogurt Box Choice

Tuesday

Walking Taco
Shredded Lettuce/Cheese
Pico de Gallo
Refried Beans

Tuesday

BBQ Plate w/ Roll
Chips
Slaw
Baked Beans

Tuesday

Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce

Tuesday

Pizza
Marinara Sauce
Steamed Broccoli
Yogurt Box Choice

Wednesday

Corndog
Potato Fries
Green Beans

Wednesday

Country Fried Steak
Biscuits & Gravy
Mashed Potato
Green Beans

Wednesday

Fajita Nachos
Rice, Salsa
Sauteed Pepper & Onion
Pinto Beans

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/onion/Pickles
Steamed Corn
Yogurt Box Choice

Thursday

Hamburger Patty w/ Gravy
Roll
Mac & Cheese
Steamed Broccoli

Thursday

Calzone
Steamed Corn
Leafy Green Salad

Thursday

BBQ Nachos
Pico de Gallo
Steamed Corn

Thursday

Pizza
Marinara Sauce
Roasted Garbanzo Beans
Yogurt Box Choice

Friday

Chicken Tenders
Roll
Roasted Squash
Pinto Beans

Friday

Chicken Tenders
Roll
Roasted Squash
Vegetable Blend
Pinto Beans

Friday

Beef Nachos
Shredded Lettuce/Cheese
Salsa
Refried Beans
Salsa

Friday

Chicken Sandwich
Cheeseburger
Potato Fries
Yogurt Box Choice

Sept. 16-20

Monday

Spaghetti w/ Meatballs
Garlic Toast
Steamed Corn

Monday

Chicken Patty w/ Gravy
Garlic Toast
Steamed Broccoli
Mashed Potato

Monday

Steak Nachos w/ Cheese
Pico de Gallo
Steamed Corn
Shredded Lettuce

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Glazed Carrot
Yogurt Box Choice

Tuesday

Boneless Hot Wings
Fresh Broccoli w/ Ranch
Celery/Carrot Sticks
Baked Beans

Tuesday

Boneless Hot Wings
Fresh Broccoli w/ Ranch
Celery/Carrot Sticks
Baked Beans

Tuesday

Walking Taco
Shredded Lettuce/Cheese
Pico de Gallo
Black Bean Salad

Tuesday

Pizza
Marinara Sauce
Sweet Potato Fries
Leafy Green Salad
Yogurt Box Choice

Wednesday

Country Fried Steak
Biscuits & Gravy
Mashed Potato
Glazed Carrots

Wednesday

Country Fried Steak
Biscuits & Gravy
Mashed Potato
Glazed Carrots

Wednesday

Chicken Fajita
Rice
Sauteed Onion/Pepper
Salsa

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Yogurt Box Choice

Thursday

BBQ Sandwich w/ Chips
Slaw
Baked Beans

Thursday

Cheeseburger Slider
Potato Fries
Lettuce/Tomato/Onion

Thursday

Pork Carnita w/ Soft Tortilla
Cilantro,Lime,Onion
Pico de Gallo
Shredded Lettuce

Thursday

Pizza
Marinara Sauce
Potato Fries
Yogurt Box Choice

Friday

Chicken Tender w/ Toast
Vegetable Blend
Sweet Potato Fries

Friday

Chicken Tender w/ Toast
Vegetable Blend
Sweet Potato Fries

Friday

Beef Nachos
Fresh Pico
Lettuce / Cheese
Pinto Beans

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Yogurt Box Choice

Sept. 23-27

Monday

Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo

Monday

Meatball Subs
Seasoned Potatoes
Shredded Cheese

Monday

Quesadilla
Spanish Rice
Pinto Beans
Pico de Gallo

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Yogurt Box Choice

Tuesday

Pork BBQ Plate w/ Chips
Roll
Baked Beans
Slaw

Tuesday

Roasted Chicken w/ Roll
Mac & Cheese
Steamed Broccoli

Tuesday

Walking Taco
Steamed Corn
Pico de Gallo
Shredded Lettuce

Tuesday

Pizza
Marinara Sauce
Steamed Corn
Yogurt Box Choice

Wednesday

Cheese Sticks
Marinara Sauce
Steamed Corn
Cucumber Salad

Wednesday

Cheese Sticks
Marinara Sauce
Steamed Corn
Cucumber Salad

Wednesday

Fajita Nachos w/ Rice
Salsa
Sautéed Peppers & Onions
Shredded Lettuce

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Yogurt Box Choice

Thursday

Chili Fries
Garlic Toast
Pico de Gallo
Steamed Broccoli

Thursday

Hot Dogs
Baked Beans
Slaw
Pickle Relish

Thursday

Cheese Nachos
Pico de Gallo
Pinto Beans
Shredded Lettuce

Thursday

Pizza
Marinara Sauce
Steamed Broccoli
Leafy Green Salad
Yogurt Box Choice

Friday

Chicken Tender w/ Toast
Creamy Cole Slaw
Potato Fries

Friday

Chicken Tender w/ Toast
Creamy Cole Slaw
Potato Fries

Friday

Beef Nachos
Fresh Pico
Lettuce / Cheese
Refried Beans

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Yogurt Box Choice

*Leafy Green Salad and Fresh
SALAD BAR available everyday

Fruits serves everyday