



Middle School Breakfast Menu 2019-2020

Breakfast Prices

- Students (Full Price) \$0.75
- Students (Reduced Price) \$0.30
- Students (2nd Breakfast) \$1.95
- Adult & Staff Breakfast \$2.10

Weekly Options

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey Sausage Breakfast Pizza or Breakfast Pastry Bar or Choice of Cereal or Yogurt and Graham Crackers Apple OR Grape OR Orange Juice Fresh Orange or Pineapple Tidbits 1% White Milk OR Nonfat Milk	Sausage Eggs & Waffle Platter or Cinnamon Burst Bread or Choice of Cereal or Yogurt and Graham Crackers Apple OR Grape OR Orange Juice Fresh Apple or Mandarin Orange 1% White Milk OR Nonfat Milk	Cinnamon Glazed Pancakes or Kolache w/cheese or Choice of Cereal or Yogurt and Graham Crackers Apple OR Grape OR Orange Juice Fresh Orange or Diced Pears 1% White Milk OR Nonfat Milk	Sausage & Cheese Breakfast Sandwich or Cinnamon Burst Bread or Choice of Cereal or Yogurt and Graham Crackers Apple OR Grape OR Orange Juice Fresh Banana or Mixed Fruit 1% White Milk OR Nonfat Milk	Glazed WG Donut or French Toast Sticks or Choice of Cereal or Yogurt and Graham Crackers Apple OR Grape OR Orange Juice Fresh Orange or Sliced Peaches 1% White Milk OR Nonfat Milk

NO ITEMS CONTAIN PORK
Menus are subject to change

2019

- 8/15 School Year Begins - Students
- 9/2 Holiday Students and Staff
- 10/11 Holiday Students only
- 10/14 Holiday Students and Staff
- 11/25-11/29 Holiday Students and Staff
- 12/23-12/31 Holiday Students and Staff

2020

- 1/1-1/3 Holiday Students and Staff
- 1/6 Holiday Students only
- 1/20 Holiday Students and Staff
- 2/17 Holiday Students only
- 3/16-3/20 Holiday Students and Staff
- 4/10-4/13 Holiday Students and Staff
- 5/25 Holiday Students and Staff
- 5/28 School Year Ends - Students



Middle School Lunch Menu 2019-2020



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Mighty Mini Meal (Mini Hot Dog, Chicken Slider & TX Toast) or Baked Potato w/Breadstick or Protein Bistro Box Choice of Fruit Baby Carrots and Roasted Zucchini 1% White Milk or Nonfat Chocolate Milk	Chicken Tenders w/Texas toast or Fajita Chicken Salad or Baked Potato w/Breadstick Choice of Fruit Mashed Potato and Steamed Green Beans 1% White Milk or White Whole Milk	Italian Pasta Bake or Baked Potato w/Breadstick or Ham & Cheese Pinwheel Lunch Kit Choice of Fruit Steamed Corn and Parmesan Broccoli 1% White Milk or White Whole Milk	Crispitos w/cheese sauce or Chicken Bacon Ranch Salad or Baked Potato w/Breadstick Choice of Fruit Peas & Carrots and Veggie Dippers 1% White Milk or White Whole Milk	Chicken Biscuit w/Cheese or Hummus Bistro Box or Baked Potato w/Breadstick Choice of Fruit Baked Beans and Sweet Potato Waffle Fries 1% White Milk or White Whole Milk
Week 2	Chicken Tenders w/Texas Toast or Baked Potato w/Breadstick or Protein Bistro Box Choice of Fruit Steamed Carrots and Green Beans 1% White Milk or White Whole Milk	Beef Nachos or Fajita Chicken Salad or Baked Potato w/Breadstick Choice of Fruit Black Beans and Street Corn 1% White Milk or White Whole Milk	Teriyaki Chicken w/rice and eggroll or Baked Potato w/Breadstick or Ham & Cheese Pinwheel Lunch Kit Choice of Fruit Roasted Broccoli and Sugar Snap Peas 1% White Milk or White Whole Milk	Chicken Alfredo or Chicken Bacon Ranch Salad or Baked Potato w/Breadstick Choice of Fruit Peas & Carrots and Veggie Dippers 1% White Milk or White Whole Milk	Chili Cheese Hotdog or Hummus Bistro Box or Baked Potato w/Breadstick Choice of Fruit Baked Beans and Sweet Potato Waffle Fries 1% White Milk or White Whole Milk
Week 3	Oven Breaded Chicken w/mac & cheese or Baked Potato w/Breadstick or Protein Bistro Box Choice of Fruit Mashed Potato and Parmesan Broccoli 1% White Milk or White Whole Milk	Frito Pie & Cornbread or Fajita Chicken Salad or Baked Potato w/Breadstick Choice of Fruit Steamed Corn and Peas & Carrots 1% White Milk or White Whole Milk	Chicken & Waffles or Baked Potato w/Breadstick or Ham & Cheese Pinwheel Lunch Kit Choice of Fruit Sweet Potato Waffle Fries and Veggie Dippers 1% White Milk or White Whole Milk	Spicy Boneless Wings w/Roll or Chicken Bacon Ranch Salad or Yogurt Parfait w/granola Choice of Fruit Steamed Carrots and Roasted Vegetables 1% White Milk or White Whole Milk	Chicken Fried Steak Sandwich or Yogurt Parfait w/granola or Baked Potato w/Breadstick Choice of Fruit Baked Beans and Tater Tots 1% White Milk or White Whole Milk

NO ITEMS CONTAIN PORK

Menus are subject to change

Spring Branch ISD is an equal opportunity provider

Lunch Prices

Students (Full Price)

\$2.25

Students (Reduced Price)

\$0.40

Students (2nd Lunch)

\$3.50

Adult & Staff Lunch

\$3.75

2019

8/15 School Year Begins - Students

9/2 Holiday
Students and Staff

10/11 Holiday Students only

10/14 Holiday Students and Staff

11/25-11/29 Holiday
Students and Staff

12/23-12/31 Holiday
Students and Staff

August 2019						
Sun	Mon	Tue	We	Thu	Fri	Sat
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September 2019						
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October 2019						
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November 2019						
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December 2019						
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Middle School Lunch Menu 2019-2020



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	All American Meal (Mini Hot Dog, Chicken Slider & TX Toast) or Baked Potato w/Breadstick or Protein Bistro Box Choice of Fruit Baby Carrots and Roasted Zucchini 1% White Milk or Nonfat Chocolate Milk	Chicken Tenders w/Texas toast or Fajita Chicken Salad or Baked Potato w/Breadstick Choice of Fruit Mashed Potato and Steamed Green Beans 1% White Milk or White Whole Milk	Italian Pasta Bake or Baked Potato w/Breadstick or Ham & Cheese Pinwheel Lunch Kit Choice of Fruit Steamed Corn and Parmesan Broccoli 1% White Milk or White Whole Milk	Crispitos w/cheese sauce or Chicken Bacon Ranch Salad or Baked Potato w/Breadstick Choice of Fruit Peas & Carrots and Veggie Dippers 1% White Milk or White Whole Milk	Chicken Biscuit w/Cheese or Hummus Bistro Box or Baked Potato w/Breadstick Choice of Fruit Baked Beans and Sweet Potato Waffle Fries 1% White Milk or White Whole Milk
Week 2	Chicken Tenders w/Texas Toast or Baked Potato w/Breadstick or Protein Bistro Box Choice of Fruit Steamed Carrots and Green Beans 1% White Milk or White Whole Milk	Beef Nachos or Fajita Chicken Salad or Baked Potato w/Breadstick Choice of Fruit Black Beans and Street Corn 1% White Milk or White Whole Milk	Teriyaki Chicken w/rice and eggroll or Baked Potato w/Breadstick or Ham & Cheese Pinwheel Lunch Kit Choice of Fruit Roasted Broccoli and Sugar Snap Peas 1% White Milk or White Whole Milk	Chicken Alfredo or Chicken Bacon Ranch Salad or Baked Potato w/Breadstick Choice of Fruit Peas & Carrots and Veggie Dippers 1% White Milk or White Whole Milk	Chili Cheese Hotdog or Hummus Bistro Box or Baked Potato w/Breadstick Choice of Fruit Baked Beans and Sweet Potato Waffle Fries 1% White Milk or White Whole Milk
Week 3	Oven Breaded Chicken w/mac & cheese or Baked Potato w/Breadstick or Protein Bistro Box Choice of Fruit Mashed Potato and Parmesan Broccoli 1% White Milk or White Whole Milk	Frito Pie & Cornbread or Fajita Chicken Salad or Baked Potato w/Breadstick Choice of Fruit Steamed Corn and Peas & Carrots 1% White Milk or White Whole Milk	Chicken & Waffles or Baked Potato w/Breadstick or Ham & Cheese Pinwheel Lunch Kit Choice of Fruit Sweet Potato Waffle Fries and Veggie Dippers 1% White Milk or White Whole Milk	Spicy Boneless Wings w/Roll or Chicken Bacon Ranch Salad or Yogurt Parfait w/granola Choice of Fruit Steamed Carrots and Roasted Vegetables 1% White Milk or White Whole Milk	Chicken Fried Steak Sandwich or Yogurt Parfait w/granola or Baked Potato w/Breadstick Choice of Fruit Baked Beans and Tater Tots 1% White Milk or White Whole Milk

NO ITEMS CONTAIN PORK

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Lunch Prices

Students (Full Price)

\$2.25

Students (Reduced Price)

\$0.40

Students (2nd Lunch)

\$3.50

Adult & Staff Lunch

\$3.75

2020

1/1-1/3 Holiday
Students and Staff

1/6 Holiday
Students only

1/20 Holiday
Students and Staff

2/17 Holiday Students only

3/16-3/20 Holiday
Students and Staff

4/10-4/13 Holiday
Students and Staff

5/25 Holiday
Students and Staff

5/28 School Year Ends - Students

January 2020						
Sun	Mon	Tue	We	Thu	Fri	Sat
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February 2020						
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March 2020						
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April 2020						
Sun	Mon	Tue	We	Thu	Fri	Sat
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May 2020						
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Middle School Snack Shop Lunch Menu 2019-2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Tender Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Baby Carrots and Curly Fries 1% White Milk or White Whole Milk	Hamburger or Cheeseburger or Personal Pepperoni Pizza or Personal Cheese Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Lettuce Stack and Steamed Green Beans 1% White Milk or White Whole Milk	Popcorn Chicken Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Steamed Corn and Parmesan Broccoli 1% White Milk or White Whole Milk	Hamburger or Cheeseburger or Personal Pepperoni Pizza or Personal Cheese Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Lettuce Stack and Veggie Dipper 1% White Milk or White Whole Milk	Chicken Tender Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Sweet Potato Waffle Fries and Baked Beans 1% White Milk or White Whole Milk
Week 2	Chicken Tender Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Baby Carrots and Curly Fries 1% White Milk or White Whole Milk	Hamburger or Cheeseburger or Personal Pepperoni Pizza or Personal Cheese Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Lettuce Stack and Street Corn 1% White Milk or White Whole Milk	Popcorn Chicken Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Baby Carrots and Roasted Broccoli 1% White Milk or White Whole Milk	Hamburger or Cheeseburger or Personal Pepperoni Pizza or Personal Cheese Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Lettuce Stack and Veggie Dipper 1% White Milk or White Whole Milk	Chicken Tender Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Sweet Potato Waffle Fries and Baked Beans 1% White Milk or White Whole Milk
Week 3	Chicken Tender Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Parmesan Broccoli and Curly Fries 1% White Milk or White Whole Milk	Hamburger or Cheeseburger or Personal Pepperoni Pizza or Personal Cheese Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Lettuce Stack and Steamed Corn 1% White Milk or White Whole Milk	Popcorn Chicken Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Sweet Potato Waffle Fries and Veggie Deeper 1% White Milk or White Whole Milk	Hamburger or Cheeseburger or Personal Pepperoni Pizza or Personal Cheese Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Lettuce Stack and Baby Carrots 1% White Milk or White Whole Milk	Chicken Tender Basket or Four Cheese Pizza or Turkey Pepperoni Pizza or Buffalo Chicken Pizza or Regular Chicken Sandwich or Spicy Chicken Sandwich Choice of Fruit Baked Beans and Tator Tots 1% White Milk or White Whole Milk

Lunch Prices

Students (Full Price)
\$2.25

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Students (2nd Lunch)
\$3.50

Adult & Staff Lunch
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3/16-3/20 Holiday
Students and Staff

4/10-4/13 Holiday
Students and Staff

5/25 Holiday
Students and Staff

5/28 School Year Ends - Students