

Meet the Counselor



WUSD
Elementary Schools
Dr. Monique Ingram &
Ms. Julie Walker
2019-2020

Comprehensive School Counseling Program (CSCP)



Our school counseling department consists of a team of dedicated professionals committed to developing a school climate that is respectful, positive, accepting, and safe for students of all backgrounds. We call ourselves the CARE Team because our number one goal is to provide Counseling and Access to Resources in Education (CARE).

The CARE Team strives to accomplish this goal by:

- Supporting student growth in academic and social/emotional development;*
- Striving to embrace the diversity of families and acknowledging individual needs;*
- Partnering with the community, parents, guardians, administration, faculty, and staff to ensure that our students are given the best opportunity to thrive and become successful citizens; and*
- Promoting a unique school that is more like a family than an institution.*

Wiseburn schools are a second home to our students.





Dr. Monique Ingram

District Elementary School Counselor/Coordinator

• Education

- B.A., Psychology, University of San Francisco
- M.S., Human Development and Family Studies, The Pennsylvania State University
- Ph.D., Human Development and Family Studies, The Pennsylvania State University
- Masters, Marriage and Family Therapy, University of Southern California
- Pupil Personnel Services Certification, University of Southern California

• Experience

- School counselor and licensed MFT in diverse populations in schools like USC Hybrid High School, Munz School for high school boys who had been adjudicated, Aspire Slauson Academy, and Palos Verdes Intermediate School
- Promotion of academic achievement, safety in schools, a positive school culture, social-emotional skill development, crisis evaluation and intervention, community partnerships, and individualized supports based on students' needs

• Hope

- Promote collaboration so that Wiseburn students gain the social-emotional and academic tools they need to be successful scholars, build strong character, and become eager life-long learners



Ms. Julie Walker

Elementary Mental Health Counselor/Clinician

- **Education**
 - BA in English Literature, Chapman University
 - BA In Art, Chapman University
 - MS in Marriage and Family Therapy, CSU Dominguez Hills
- **Experience**
 - Licensed Marriage and Family Therapist
 - Worked at an agency that contracted with school districts around Los Angeles that provided IEP services including individual, family and WRAP services
 - Provided direct school-based services and clinical supervision for other therapists that provided school-based services.
 - Provided out-patient mental health services to individuals, families and adolescents
- **Hope**
 - To support the Wiseburn community and to help foster a positive learning environment for all students, families and staff.



Dr. Mary P. Ring

Assistant Superintendent, Psychological & Student Services

- Education
 - Doctorate in Educational Leadership
Walden University
 - Master's Degree-Psychology CSU Northridge,
Focus: School Psychology
 - BA Psychology –CSU Northridge
 - Licensed Ed Psych & Board Certified Behavior Analyst &
Pupil Personnel Services Credential
- Experience
 - 30 plus years working in public education with
diverse student populations across the South Bay
- Hope
 - Goals: Continue to provide high quality prevention
& intervention PreK –12+ programs to WUSD & Da
Vinci students and families in their neighborhood
schools and in the community.

Ms. Lauren Takeshita

School Counselor, Intern

- **Education**

- Loyola Marymount University, School Counseling
- University of California, Santa Barbara (2017) , Sociology

- **Experience**

- Balboa Magnet Elementary School, Teacher Assistant
- WISH Charter Middle School, Success Coach
- Granada Hills Charter High School, Counseling Office
- Kizuna, Camp Counselor

- **Hope**

- The best way to help young people succeed in the educational field is to listen to them. One must listen to their questions and ideas, provide a safe learning environment, and foster their creativity.



Ms. Lucina Navarro

School Counselor, Intern

- **Education**

- Loyola Marymount University, School Counseling
- B.A., Sociology, CSU, Dominguez Hills

- **Experience**

- Intervention Assistant at Felton Elementary School, where I assisted students on an individual basis or in a small group.
- Kindergarten Aide at Felton Elementary School where I facilitated the social, intellectual, and motor development of students.
- Conducted small group and individual counseling as an intern at schools like WISH Charter and Animo Westside Middle School.

- **Hope**

- Building rapport with the students is key. Connecting with them and letting them know that I am there for them. Help create self-sufficient students that will be ready to conquer future endeavors.



Mrs. Michelle Shelton

School Counselor, Intern

- **Education**

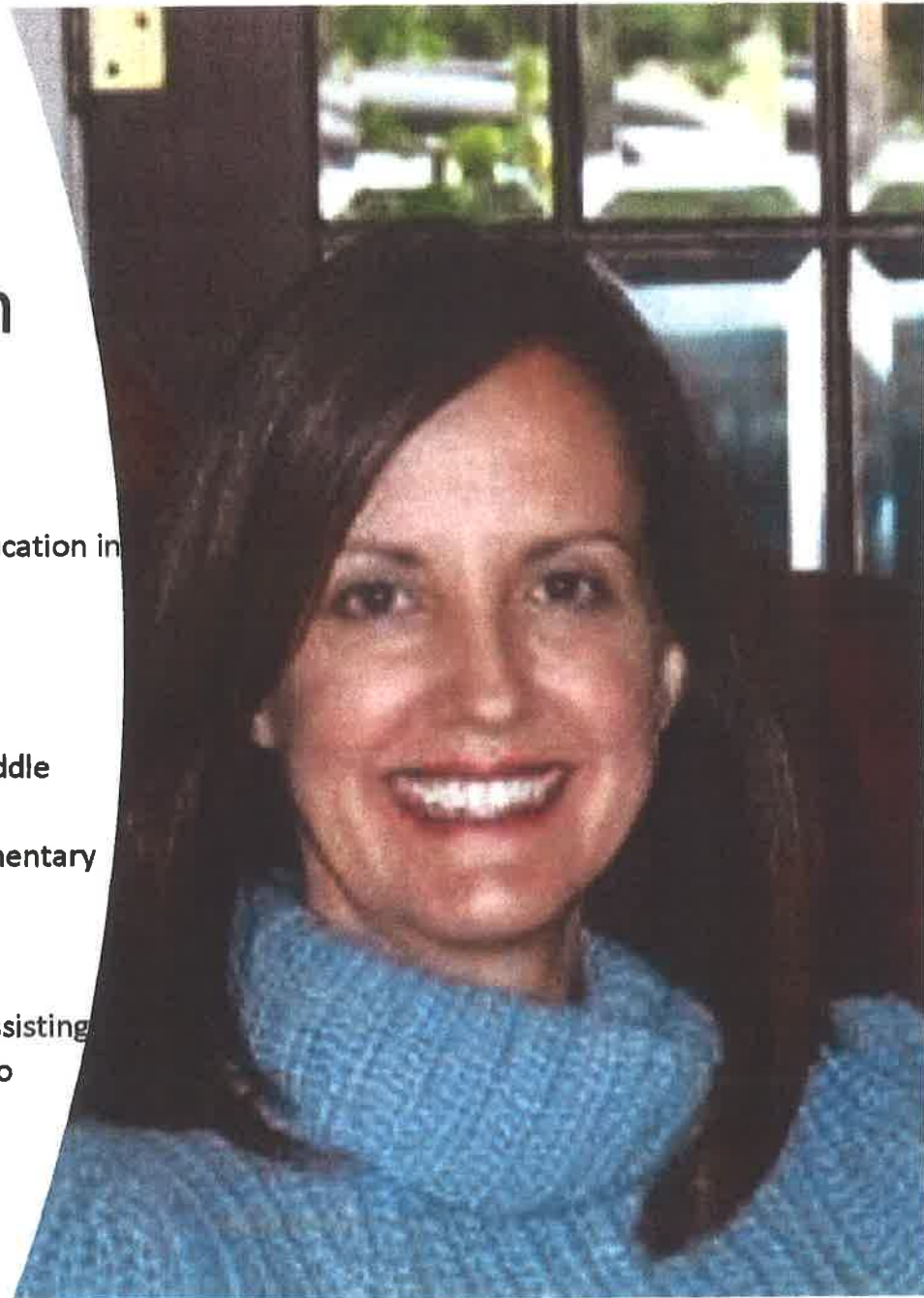
- University of Southern California, Master's of Education in School Counseling
- B.S., Psychology, Radford University, Radford, VA

- **Experience**

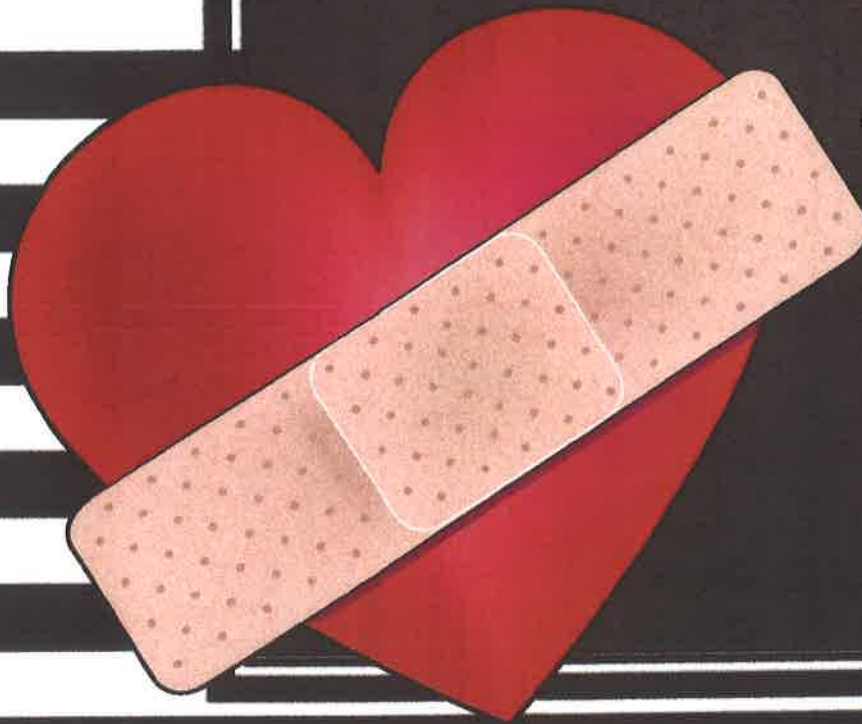
- School Counseling Intern at Orville Wright Middle School
- Kindergarten Volunteer Richmond Street Elementary School

- **Hope**

- Developing relationships with students and assisting with their social emotional growth. There is so much potential for growth and development when working with Elementary age students.



Counselors are here to
help.



Coming to the
counselor's
office never
means that a
student is
"in trouble."

Developing Healthy Students



Our CARE Team will follow the National Model



- School partnerships
- Strategies for a holistic approach
- Identified levels of care (tiers)
- Services
- School, family, and community collaboration and systems



Partnership with...



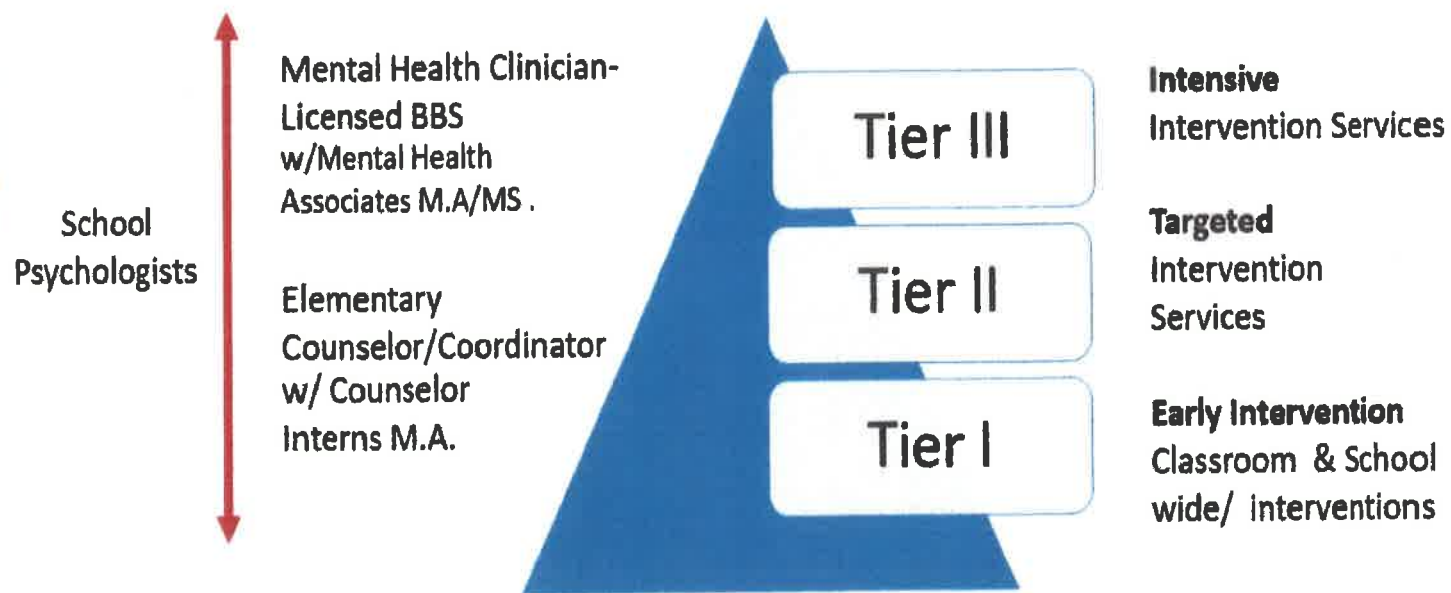
- **Elementary School Psychologists:** Ayana Cadres, Stephanie Rushatakankovit, Diandra Benton, & Diana Castellanos
- **Elementary Principals:** Alberto Paredes, Lisa Wilberg & Hugo Rios
- **Elementary Assistant Principals:** Katie Masterson and Jen Williams

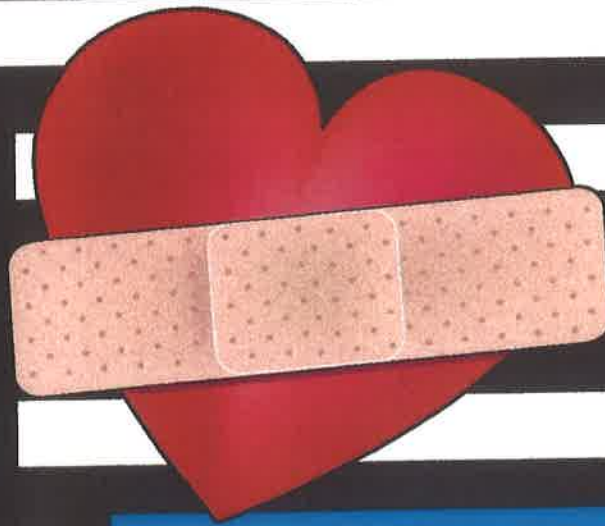
Six CARE Team Strategies



- **Holistic**
- **Systemic**
- **Balanced**
- **Proactive**
- **Infused into the academic curriculum**
- **Reflective**

Continuum of School Mental Health Services





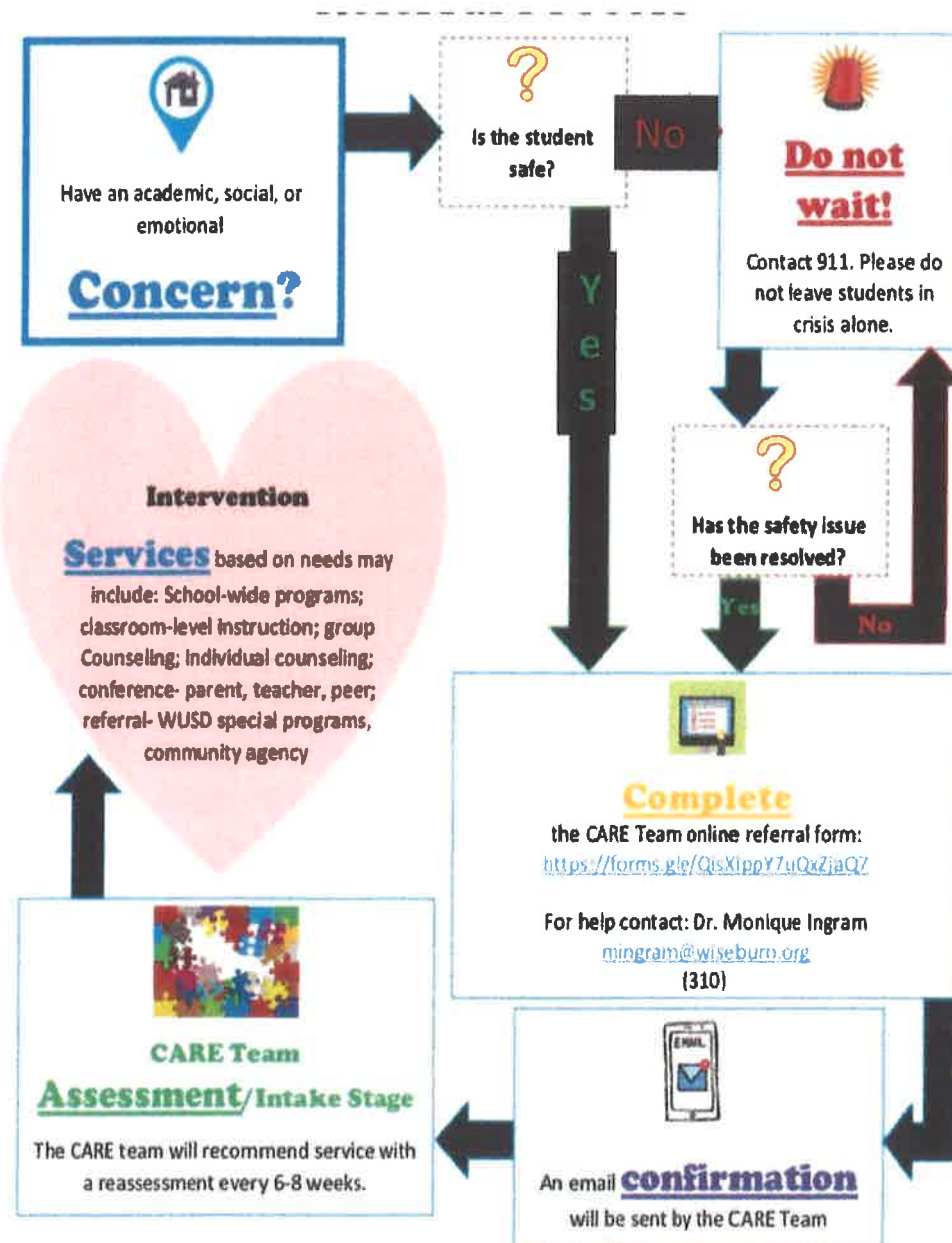
"I've learned that people
will forget what you said,
people will forget what
you did, but people will
never forget how you
made them feel."
- Maya Angelou

Mr. and Mrs. Potato Head

- **Feet and shoes:** Walk up and down the halls
- **Hands/arms:** Helping hands
- **Ears:** Listen to feelings, problems, celebrations, and ideas
- **Mouth:** Keep secrets, as long as it's safe
- **Eyes:** Look at ways to help
- **Book:** Read books and help with school success
- **Phone:** Talk with parents or teachers to help
- **Bag:** Bag of tricks. New ways to make friends, help when people are being mean, help when times are tough, and do a great job at school



Referral Process



Services

School-wide

- Provide programs to promote a positive, safe and respectful school culture
- Classroom guidance
- Parent workshops
- Teacher in-services, roundtables, and workshops
- Communication- keep parents, staff, students, and the community informed
- Use data to address needs of students



Individualized Support

- Small groups
- Individual counseling
- Parent support
- Attend parent-teacher conferences, IEP meeting, 504 Plan meetings, and SST meetings

What does it take to make a safe,
effective, great school?



Collaboration



- **Students:** try their best to meet expectations at school and at home; strive to be a good student, friend, and loved one; speak up when they need help or when a friend needs help
- **Teachers:** work as a team with counselors; integrate academic lessons with social-emotional learning; communicate students' needs with counselor; refer students; engage parents
- **Administrators:** act as a role model, work with business partners to promote active participation; partner with counselors to develop high morale among staff; partner with counselors and families to support students
- **Families:** have a presence at school, talk with students about school, friends, and home; participate in workshops and training; talk to counselor about concerns
- **Community:** Host field trips and tours; offer free and reduced products to schools; offer fundraising for schools; provide opportunities for student learning

What Next?

- Parent Needs Assessment
- If your student received services last year, please let us know
- If you are concerned about your student and he/she was not receiving services last year, please let us know
- If you would like general information about supporting students at school and at home, look out for newsletters, workshops, and announcements from the CARE Team
- Contact Ms. Walker (jwalker@wiseburn.org) or Dr. Ingram (mingram@wiseburn.org) any time with questions

Questions?

