

Week of Sept. 23rd

De La Salle Cafeteria 2019

Monday		Breakfast and Break	
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos	
Fresh Fruit	\$3.00	Fresh Fruit Cups	
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown	
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel	
Hot	\$2.00	Hot Oatmeal with Brown Sugar	
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins	
Cold Cereal	\$1.50	Assorted Cold Cereals	
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola	
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream	
		Lunch	
It's a Wrap	\$ 5.00	Chicken Caesar Wrap with Fresh Fruit and Chips	
Grill It	\$ 5.00	Chicken Parmesan Sandwich on a French Roll with French Fries	
Spartan's Table	\$ 5.00	Home Made Beef Stew over Mashed Potatoes with Garlic Bread	
Nana's Pasta	\$ 5.00	Piled High Lasagna with a Freshly Tossed Salad and Garlic Bread	
Nana's Pizza	\$ 4.00	Nana's Cheese or Pepperoni Pizza add side Caesar \$1.00	
Toss It	\$ 5.00	Chicken Caesar Salad with our Home Made Croutons and Dressing	
Soup	\$ 3.00		
Single Sandwich	\$3.00	Tuna, Egg Salad, Salami & Cheese, Ham & Cheese and PB&J Sandwiches	
Treats	1.50/2.00	Krispe Treats OR Hot Chocolate Chip Cookies	
Tuesday		Breakfast and Break	
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos	
Fresh Fruit	\$3.00	Fresh Fruit Cups	
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown	
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel	
Hot	\$2.00	Hot Oatmeal with Brown Sugar	
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins	
Cold Cereal	\$1.50	Assorted Cold Cereals	
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola	
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream	
		Lunch	
It's a Wrap	\$ 5.00	Teriyaki Chicken Wrap with Fresh Fruit and Chips	
Spartan's Table	\$ 5.00	Teriyaki Chicken Stir Fry Over Steamed Jasmine Rice in a Carton	
Spartan's Table	\$ 5.00	3 Spring Rolls with Fried Rice and Chow Mein and a Fortune Cookie	
Grill It	\$ 5.00		
Nana's Pizza	\$ 4.00	Nana's Cheese or Pepperoni Pizza add side Caesar \$1.00	
Toss It	\$ 5.00	Chinese Chopped Chicken Salad with Mandarin Oranges, Feta cheese, Green Onions & Toasted Sliced Almonds with our Asian Dressing	
Soup	\$ 3.00		
Single Sandwich	\$3.00	Tuna, Egg Salad, PB&J & Salami and Cheese Sandwiches	
Treats	1.50/2.00	Krispe Treats OR Hot Chocolate Chip Cookies	
Wednesday		Breakfast and Break	
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos	
Fresh Fruit	\$3.00	Fresh Fruit Cups	
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown	
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel	
Hot	\$2.00	Hot Oatmeal with Brown Sugar	
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins	
Cold Cereal	\$1.50	Assorted Cold Cereals	
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola	
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream	

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It's a Wrap	\$ 5.00	BLT Wrap with Fresh Fruit and Potatoes Salad
Grill It	\$ 5.00	Cheese Quesadilla or Chicken Quesadilla with Home Made Salsa and Sour Cream
Spartan Table	\$ 5.00	Chicken and Cheese Enchiladas with Spanish Rice and Whole Beans
Spartan Table	\$ 5.00	Chili Colorado with Cilantro Rice and Whole Beans
Nana's Pizza	\$ 4.00	Cheese Pizza or Pepperoni Pizza add Caesar Side Salad \$1.00
Tossed	\$ 5.00	Chicken Taco Salad with Olives, Cheese, Tomatoes Beans, Green Onion, Salsa, Sour Cream and Tortilla Strips Tossed with our Home Made Cilantro Dressing
Soup	\$ 3.00	
Single Sandwich	\$3.00	Tuna, Egg Salad, PB&J Sandwiches
Treats	1.50/2.00	Krispe Treats OR Hot Chocolate Chip Cookies

Thursday	Breakfast and Break
Spartan Starter	\$3.00 Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00 Fresh Fruit Cups
Breakfast Sandwich	\$3.75 Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25 Egg, Bacon & Cheese Bagel
Hot	\$2.00 Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00 Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50 Assorted Cold Cereals
Yogurt Parfait	\$3.00 Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25 Pancakes and French Toast with Syrup and Whipping Cream

	Lunch
It's a Wrap	\$ 5.00 Chicken Caesar Wraps with Fresh Fruit and Wavy Chips
Nana's Pasta	\$ 5.00 Chicken Chipotle Pasta with and Killer Garlic Bread
Spartan's Table	\$ 5.00 BBQ Meat Loaf with Mashed Potatoes, Corn and Homemade Gravy
Grill It	\$ 5.00 Grilled All Beef Cheese Burgers with French Fries
Nana's Pizza	\$ 4.00 Cheese Pizza OR Pepperoni Pizza add Caesar Side Salad \$1.00
Toss It	\$ 5.00 Chicken Caesar Salad with Our House Made Croutons and Caesar Dressing
Soup	\$ 3.00
Single Sandwich	\$3.00 Tuna, Egg Salad, PB&J & Salami and Cheese Sandwiches
Treats	1.50/2.00 Krispe Treats OR Hot Chocolate Chip Cookies

Friday	Breakfast and Break
Spartan Starter	\$3.00 Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00 Fresh Fruit Cups
Breakfast Sandwich	\$3.75 Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25 Egg, Bacon & Cheese Bagel
Hot	\$2.00 Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00 Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50 Assorted Cold Cereals
Yogurt Parfait	\$3.00 Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25 Pancakes and French Toast with Syrup and Whipping Cream

	Lunch
It's a Wrap	\$ 5.00 Peanut Butter and Jelly Sandwich with Fresh Fruit and Chips
Nana's Pasta	\$ 5.00 Bow Tie Pasta with Chicken, Butter, Garlic and Parsley and Killer Garlic Bread
Grill It	\$ 5.00 Triple Decker Grilled Cheese Sandwich with French Fries
Grill It	\$ 5.00 All Beef Hotdogs and French Fries
Nana's Pizza	\$ 4.00 Cheese Pizza add Caesar Side Salad \$1.00
Toss It	\$ 5.00 Garden Fresh Salad with Tomato, Black Olives, Carrots, Peppercini, Cheese with your choice of our Homemade Dressing
Soup	\$ 3.00