

Week of Sept. 16th

De La Salle Cafeteria 2019

Monday			Breakfast and Break		
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos			
Fresh Fruit	\$3.00	Fresh Fruit Cups			
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown			
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel			
Hot	\$2.00	Hot Oatmeal with Brown Sugar			
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins			
Cold Cereal	\$1.50	Assorted Cold Cereals			
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola			
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream			
			Lunch		
It's a Wrap	\$ 5.00	Chicken Caesar Wrap with Fresh Fruit and Chips			
Spartan's Table	\$ 5.00	Crispy Chicken & Jack Cheese Sandwich with a Chipotle Spread and French Fries			
Grill It	\$ 5.00	Smash Cheese Burgers with French Fries			
Nana's Pasta	\$ 5.00	Pasta Bolognese with Meatballs and Garlic Bread			
Nana's Pizza	\$ 4.00	Cheese or Pepperoni Pizza add Caesar Side Salad \$1.00			
Toss It	\$ 5.00	Chicken Caesar Salad with Our House Made Croutons and Caesar Dressing			
Soup	\$ 3.00				
Single Sandwich	\$3.00	Tuna, Egg Salad, Salami & Cheese, Ham & Cheese and PB&J Sandwiches			
Treats	1.50/2.00	Krispe Treats OR Hot Chocolate Chip Cookies			
Tuesday			Breakfast and Break		
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos			
Fresh Fruit	\$3.00	Fresh Fruit Cups			
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown			
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel			
Hot	\$2.00	Hot Oatmeal with Brown Sugar			
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins			
Cold Cereal	\$1.50	Assorted Cold Cereals			
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola			
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream			
			Lunch		
It's a Wrap	\$ 5.00	Chicken Cobb Wrap with Fresh Fruit and Chips			
Spartan's Table	\$ 5.00	Shredded Chicken & Cheese on Focaccia Bread with a Pesto Spread and French Fries			
Grill It	\$ 5.00	Grilled Marinated Lemon Chicken (Leg & Thigh) with Rice Pilaf and Mixed Vegetables			
Nana's Pasta	\$ 5.00	Chicken Pasta Pomodoro and Garlic Bread			
Nana's Pizza	\$ 4.00	Cheese or Pepperoni Pizza add Caesar Side Salad \$1.00			
Toss It	\$ 5.00	Cobb Salad with Egg, Red Onion, Bacon, Chicken, Tomatoes and Cheese Tossed with your Choice of Dressing			
Soup	\$ 3.00				
Single Sandwich	\$3.00	Tuna, Egg Salad, PB&J & Salami and Cheese Sandwiches			
Treats	1.50/2.00	Krispe Treats OR Hot Chocolate Chip Cookies			
Wednesday			Breakfast and Break		
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos			
Fresh Fruit	\$3.00	Fresh Fruit Cups			
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown			
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel			
Hot	\$2.00	Hot Oatmeal with Brown Sugar			
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins			
Cold Cereal	\$1.50	Assorted Cold Cereals			
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola			
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream			

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It's a Wrap	\$ 5.00	BLT Wrap with Fresh Fruit and Chips
Grill It	\$ 5.00	Cheese Quesadilla with Home Made Salsa and Sour Cream
Spartan Table	\$ 5.00	Loaded Nachos with Chicken, Cheese, Salsa and Sour Cream
Spartans Table	\$ 5.00	Chicken Tacos with Spanish Rice and Whole Beans
Nana's Pizza	\$ 4.00	Cheese or Pepperoni & Cheese Pizza add Caesar Side Salad \$1.00
Tossed	\$ 5.00	Chicken Taco Salad with Olives, Cheese, Tomatoes Beans, Green Onion, Salsa, Sour Cream and Tortilla Strips Tossed with our Home Made Cilantro Dressing
Soup	\$ 3.00	
Single Sandwich	\$3.00	Tuna, Egg Salad, PB&J Sandwiches
Treats	1.50/2.00	Krispe Treats OR Hot Chocolate Chip Cookies

Thursday		Breakfast and Break
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00	Fresh Fruit Cups
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel
Hot	\$2.00	Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50	Assorted Cold Cereals
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream

		Lunch
It's a Wrap	\$ 5.00	Chicken Caesar Wrap with Fresh Fruit and Chips
Spartan's Table	\$ 5.00	Freshly Made Chicken Tenders and French Fries
Nana's Pasta	\$ 5.00	Chicken Alfredo Pasta with Garlic Bread
Grill It	\$ 5.00	Blackened Chicken and Jack Cheese Sandwich on a French Roll with French Fries
Nana's Pizza	\$ 4.00	Pepperoni Pizza or Cheese Pizza Side Salad \$1.00
Toss It	\$ 5.00	Chicken Caesar Salad with Our House Made Croutons and Caesar Dressing
Soup	\$ 3.00	
Single Sandwich	\$3.00	Tuna, Egg Salad, PB&J & Salami and Cheese Sandwiches
Treats	1.50/2.00	Krispe Treats OR Hot Chocolate Chip Cookies

Friday		Breakfast and Break
Spartan Starter	\$3.00	Scrambled Eggs with Bacon, Potato and Bacon Or Breakfast Burritos
Fresh Fruit	\$3.00	Fresh Fruit Cups
Breakfast Sandwich	\$3.75	Breakfast Bagel Sandwich with Egg, Bacon, Cheese and Hash brown
Breakfast Sandwich	\$3.25	Egg, Bacon & Cheese Bagel
Hot	\$2.00	Hot Oatmeal with Brown Sugar
Baked Goods	\$2.00	Freshly Baked Coffee Cake and Home Made Muffins
Cold Cereal	\$1.50	Assorted Cold Cereals
Yogurt Parfait	\$3.00	Yogurt Parfaits with Fresh Fruit and Organic Granola
Spartan Starter	\$3.25	Pancakes and French Toast with Syrup and Whipping Cream

		Lunch
It's a Wrap	\$ 5.00	Peanut Butter & Jelly with Fresh Fruit and Chips
Nana's Pasta	\$ 5.00	Pasta with Butter, Chicken, Garlic and Parsley with Garlic Bread
Spartans Table	\$ 5.00	Triple Decker Grilled Cheese Sandwich with French Fries
All American	\$ 5.00	All Beef Jumbo Hot Dog with French Fries
Nana's Pizza	\$ 4.00	Pepperoni Pizza or Cheese Pizza Side Salad \$1.00
Toss It	\$ 5.00	Garden Salad with your Choice of Dressing
Soup	\$ 3.00	