

SEPTEMBER 2019

THE COUNSELOR UPDATE

Official newsletter of Farmington High School Counseling Center



SENIOR UPDATES

Senior Visits

Counselors will be visiting Senior English classes the first week in September to share important information about ACT, ACT Prep Classes, Graduation Summaries, and Scholarships. Students can look at our webpage under 'Senior Visits' for that information.

Scholarships

Our new Scholarship Advisor is Natasha Loveless. Email her at nloveless@dsmail.net to schedule an appointment.

College Application Week

Don't stress about helping your student apply for college! That is what we are here for! Representatives from colleges in Utah will be in our school during MAPS classes October 21-25 to help students fill out applications. Schedule will be posted on our website.

College Application Deadlines

[Click Here](#) to see application deadlines for Utah schools



SCHOLARSHIP CORNER

September Deadline Scholarships:

- *Utah Hispanic Leadership*
- *Shout it Out*
- *Daniels Scholarship*

For a full list [Click Here](#)

FAFSA COMPLETION NIGHT

Farmington High will be hosting a FAFSA completion night October 1st from 5-7. All college-going seniors and parents are welcome to attend. [Click Here](#) for more info.

ACT PREP CLASS

Starting October 3rd. Cost is \$65. To sign up, pay in main office or on MyDSD under "optional fees". For more information [Click Here](#).

ACT TESTING DATES

[Click Here](#) to see ACT testing dates. To sign up, your student will need to go to ACTstudent.org

ONLINE CLASSES

If your student needs to sign up for an online class, the sign-up form is now online, found under 'Sign-Up for Online Classes'



PSAT/NMSQT

Juniors and sophomores can take the PSAT on:

Wednesday, October 16
7:30-12 (School Excused)

To sign up, pay in the main office, or on MyDSD under "optional fees"



FOR JUNIORS ONLY, THE PSAT/NMSQT CAN QUALIFY THEM FOR THE NATIONAL MERIT SCHOLARSHIP PROGRAM!

LEARN MORE



JUNIOR UPDATES

PCCR Meetings

Counselors will be opening up scheduling for Juniors and their parents for meetings starting in October. In this meeting we cover information about College and Career Readiness and provide resources. You will schedule appointments through your MyDSD.



Class Highlight

CE Intro to Geospacial Tech

This semester course explores all of the amazing tools used today in satellite and drone imaging, location technology, map-making, mapping from data systems, and more. Concurrent Enrollment credit is available through Weber State University.

Have your student see their counselor to have class added for 2nd semester.

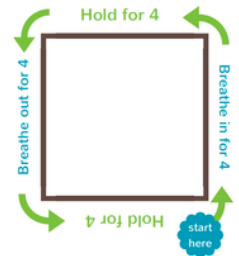
SOPHOMORE UPDATES

AP vs CE

There are several ways to earn college credit as a high school student! Click here to learn more about the 2 most common ways, AP and Concurrent Credit.

Coping Skill of the Month

Try using the square breathing method with your student to get through those anxious moments.



SELF-EMPOWERMENT GROUP OPPORTUNITY

If you have a daughter that you feel would benefit from a 6-week group that is centered around empowerment, self-esteem, and healthy boundaries in relationships, please reach out to your student's counselor for more information. The group will start at the end of October and will take place during MAPS class. Student can be in any grade.

FBI TEEN ACADEMY OPPORTUNITY

Does your student have an interest in FBI or other investigative careers? The FBI Teen Academy is accepting applications until September 30. Click to learn more.