

Ella Baker Elementary School Counseling Program

Colleen Hawkins
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The School Counseling Program at a Glance 2019-2020

Classroom Guidance Lessons:

This year at Ella Baker, I am hoping to enter classrooms. Every classroom will get lessons varying in topic. I will utilize the Second STEP curriculum (K-5)—both bullying prevention and social/emotional, Kelso's choices (K-2), and a couple career lessons at the end of the year.

Small Groups:

Throughout the year, I offer various support groups as an optional service for students who might need some additional support in certain areas. These groups focus on specific issues and consist of students in the same grade level with similar concerns. Groups meet for 20-30 minutes once a week during the school day and usually go for about 6-8 weeks.

Examples of groups:

-Social Skills/ Friendship, Changing Families, Self- Regulation/ Anger Management, Girls World, Academic Organization Skills, and many others.

Individual Counseling:

Counseling is provided in individual sessions for students who are dealing with relationship issues, personal concerns, academic or behavior difficulties, and normal developmental challenges. School counseling is voluntary, short-term, skill based, and goal-oriented. Students are seen by the counselor when:

- Parents request that the counselor meet with their child
- Teachers, administrators, or other school staff members refer the student
- Students request to see the school counselor

Parent Education and Community Resources:

I have names of many resources that can help families. I have information about after school programs, outside counselors, psychologists, parenting information and community activities that may be of assistance to you. Please let me know if you have a student who you feel would benefit from receiving these services.

Colleen Hawkins,
School Counselor at Ella Baker Elementary
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Some Additional Support Programs at Ella Baker Elementary

Please complete these forms and return to the front office!

Parent/Guardian: _____

Student/Students Name: _____

Teacher: _____

Pantry Packs

The Lake Washington Schools Foundation has a program called Pantry Packs that provides low income or financially challenging families a small bag of food to take home every Friday. This program begins in October and members of our PTSA will be delivering a specific number of bags to your classroom on either Thursday afternoons or Friday mornings. Please mark below if you are interested or have a need to receive pantry pack services.

_____ YES or _____ NO

Operation School Bell

This is an event sponsored by the Assistance League of Eastside. This "Shop for Clothing" even takes place at our local Fred Meyer store on one evening in October. Students who are selected for this event get to shop for new clothes/shoes on the scheduled night. Students who are selected will be notified by a note home in late September.

There are limited spots available for this event but there are many other community places to receive assistance for clothing. Please let me know if you would like a list of other community resources.

_____ YES, I AM INTERESTED IN BEING CONSIDERED FOR OPERATION SCHOOL BELL

_____ NO, I AM NOT INTERESTED

McKinney-Vento

The McKinney-Vento Act is federal legislation that has been in effect since 1987 to support children and youth experiencing homelessness. The McKinney-Vento Act defines 'homeless children and youth' as individuals who lack a fixed, regular, and adequate nighttime residence. The intent of the McKinney-Vento Act is to ensure homeless children and youth enroll and succeed in school.

- In a shelter, motel, vehicle, or campground
- On the street
- In an abandoned building, trailer, or other inadequate accommodations (lack of heat, water, etc.)
- Doubled up with friends or relatives because you cannot find or afford housing

Students living in homeless situations have a right to:

- Get help with enrolling in school from the district liaison or other school contact to continue academic success
- Continue in the school they attended (referred to as the school of origin) before they became homeless or the school they last attended, if that is the parent's choice and is feasible
- Get transportation to and from the school of origin
- Receive free school meals
- Receive additional services such as ELL, Special Education, Title 1, preschool, Quest (gifted), career / technical education

_____ YES or _____ NO

PTSA Scholarships

At Ella Baker Elementary students can participate in different events and programs throughout the year. Some of these events and programs have additional cost. The PTSA has scholarship funds to help support students that would like to participate in events or programs but need some support. Some of these programs may include:

- Camp
- Ella Baker Carnival
- After School Programs
- Etc.

If you would like some more information about how PTSA can help support a student in need please mark yes or no below. You will then be contacted by the Ms. Hawkins to discuss different ways this scholarship program can help a student or family in need.

_____ YES or _____ NO

This is just a short insight as what is happening this year. There will be additional services provided to teacher, students and parents as everything comes together. Feel free to email with any questions. I am excited to be with Ella Baker Elementary and know this will be a great year.

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