



# SHAWNEE MISSION SCHOOL DISTRICT

## Horizons Lunch Menu 1st Semester 2019-2020



as of 9/5/19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1:</b>	<b>Choice of:</b> Nacho Grande Stuffed Crust Cheese Pizza PBJ Sandwich	<b>Choice of:</b> French Toast Sticks and Sausage Spicy Chicken Sandwich PBJ Sandwich	<b>Choice of:</b> Chicken Nuggets with Garlic Toast Fish Munchies with Garlic Toast PBJ Sandwich	<b>Choice of:</b> Sweet & Sour Chicken with Rice Cheeseburger PBJ Sandwich	<b>Choice of:</b> Mozzarella Sticks Chicken Sandwich PBJ Sandwich
8/12/19					
9/9/19					
10/7/19	<b>Served with:</b> Tater Tots Refried Beans	<b>Served with:</b> Oven Potatoes Cinnamon Apples	<b>Served with:</b> Mashed Potatoes with Country Gravy * Green Beans	<b>Served with:</b> Stir Fry Vegetables Fresh Red Peppers	<b>Served with:</b> Seasoned Fries Corn
11/4/19					
12/9/19					
	Green Leaf Lettuce Chilled Mandarin Oranges Fresh Celery Fresh Cucumbers Fresh Fruit	Green Leaf Lettuce Fresh Celery Fresh Cucumbers Fresh Grapes	Green Leaf Lettuce Fresh Baby Carrots Chilled Pears Chilled Fruit Cocktail	Green Leaf Lettuce Fresh Apple Slices Chilled Pineapple Sugar Cookie	Green Leaf Lettuce Fresh Baby Carrots Chilled Applesauce Fresh Fruit
<b>Week 2:</b>	<b>Choice of:</b> BBQ Rib Sandwich Spicy Chicken Sandwich PBJ Sandwich	<b>Choice of:</b> Chicken and Waffles Cheeseburger PBJ Sandwich	<b>Choice of:</b> Popcorn Chicken with Cinnamon Roll * Stuffed Crust Pepperoni Pizza PBJ Sandwich	<b>Choice of:</b> Macaroni & Cheese with Garlic Toast Corn Dog PBJ Sandwich	<b>Choice of:</b> Honey Sriracha Chicken with Garlic Toast Cheeseburger PBJ Sandwich
8/19/19					
9/16/19					
10/14/19	<b>Served with:</b> Seasoned Fries	<b>Served with:</b> Cinnamon Apples Fresh Cauliflower	<b>Served with:</b> Scalloped Potatoes * Fresh Zucchini	<b>Served with:</b> Roasted Vegetables Fresh Celery	<b>Served with:</b> Tater Tots Fresh Baby Carrots
11/11/19	Baked Beans * Green Leaf Lettuce	Green Leaf Lettuce Fresh Cucumbers	Green Leaf Lettuce Fresh Baby Carrots Fresh Grapes Chilled Applesauce	Green Leaf Lettuce Fresh Broccoli Fresh Banana Chilled Fruit Cocktail	Green Leaf Lettuce Fresh Apple Slices Chilled Pineapple Chocolate Chip Cookie
12/16/19	Fresh Baby Carrots Fresh Orange Wedges Frozen Fruit Cup	Chilled Mandarin Oranges Fresh Baby Carrots			
<b>Week 3:</b>	<b>Choice of:</b> Mandarin Orange Chicken with Rice Chicken Sandwich PBJ Sandwich	<b>Choice of:</b> Fiestada Pizza Meatball Sandwich PBJ Sandwich	<b>Choice of:</b> Chicken Nuggets with Cinnamon Roll * Shrimp Poppers and Cheese Stick with Cinnamon Roll * PBJ Sandwich	<b>Choice of:</b> Chili with Scoops Cheeseburger PBJ Sandwich	<b>Choice of:</b> Cheese Lasagna with Garlic Toast Beef Burrito PBJ Sandwich
8/26/19					
9/23/19					
10/21/19	<b>Served with:</b> Oven Potatoes Steamed Edamame Green Leaf Lettuce Fresh Fruit Chilled Pears Giant Graham	<b>Served with:</b> Seasoned Fries Green Beans Green Leaf Lettuce Fresh Cucumbers Chilled Applesauce Fresh Orange Wedges	<b>Served with:</b> Steamed Cauliflower Fresh Zucchini Green Leaf Lettuce Fresh Baby Carrots Fresh Grapes Chilled Fruit Cocktail	<b>Served with:</b> Tater Tots Fresh Baby Carrots Green Leaf Lettuce Fresh Celery Chilled Pineapple Mixed Berries	<b>Served with:</b> Potato Smiles Corn Green Leaf Lettuce Fresh Baby Carrots Fresh Apple Slices Chilled Peaches
11/18/19					
<b>Week 4:</b>	<b>Choice of:</b> Macaroni & Cheese with Garlic Toast Cheeseburger PBJ Sandwich	<b>Choice of:</b> BBQ Pork Sandwich Dill Chicken with Roll PBJ Sandwich	<b>Choice of:</b> Walking Taco Spicy Chicken Sandwich PBJ Sandwich	<b>Choice of:</b> Chicken Strips with Banana Bread Stuffed Crust Pepperoni Pizza PBJ Sandwich	<b>Choice of:</b> Spicy Popcorn Chicken with Garlic Toast Cheese Quesadilla PBJ Sandwich
9/2/19					
9/30/19					
10/28/19	<b>Served with:</b> Oven Potatoes Chilled Fruit Cocktail Green Leaf Lettuce Fresh Cherry Tomatoes Chilled Peaches Fresh Baby Carrots	<b>Served with:</b> Seasoned Fries Fresh Fruit Green Leaf Lettuce Fresh Broccoli Chilled Mandarin Oranges Chocolate Cake *	<b>Served with:</b> Tater Tots Fiesta Black Beans * Green Leaf Lettuce Fresh Baby Carrots Fresh Grapes Chilled Pears	<b>Served with:</b> Mashed Potatoes with Chicken Gravy * Steamed Broccoli Green Leaf Lettuce Fresh Green Peppers Frozen Mangoes Rosy Applesauce	<b>Served with:</b> Seasoned Fries Fresh Cauliflower Green Leaf Lettuce Fresh Baby Carrots Fresh Apple Slices Chilled Pineapple
12/2/19					

**Offered Daily  
100% Juice  
Milk**

Menu is subject to change due to availability.

This institution is an equal opportunity provider.

## Welcome to School Lunch!!



Secondary Lunch Prices:

Paid Student	\$2.85
Reduced Student	\$0.40
Free Student	\$0.00
Adult	\$3.75
Visitor	\$4.10



Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include **protein, grain, fruit, vegetable, and milk.**

Individual items may be purchased at the a la carte price. For more info visit <https://www.smsd.org>

\*These items are only available with school meal and cannot be purchased a la carte.