



SHAWNEE MISSION

SCHOOL DISTRICT

High School Lunch Menu Grab 'n Go Lunch 2019-2020



as of 9/5/19 Highlighted items are available at other serving locations.

Served	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week of:	Mom's Kitchen	Spicy Popcorn Chicken with Roll *	French Toast Sticks with Sausage	Chicken Nuggets with Roll *	Beef Burrito	Mozzarella Sticks
8/12/2019		Chili with Scoops	Sweet & Sour Chicken with Rice	Shrimp Poppers & Cheese with Roll *	General TSO's Chicken with Rice	Honey Sriracha Chicken with Garlic Toast
8/26/2019		Sandwich Station	Spicy Chicken Sandwich	Chicken Sandwich	Cheeseburger	Chicken Sandwich
9/9/2019		Pork Tenderloin Sandwich	Meatball Sandwich	Cheesesteak Sandwich	Cheeseburger	BBQ Rib Sandwich
9/23/2019			BBQ Pork Sandwich	Spicy Chicken Sandwich	Veggie Burger	Chicken Sandwich
10/7/2019	Cold Power	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich
10/21/2019		Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap
11/4/2019		Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *
11/18/2019		PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich
12/9/2019		Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels
		Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola
	Carb Station	Build Your Own	Build Your Own	Build Your Own	Build Your Own	Build Your Own
		Cheeseburger	Appetizer Entrée with Buffalo Chicken Wings, Mozzarella Sticks, or Cheese Quesadilla	Potato Bar with Cheese or BBQ Pork Specialty Bread	Pasta Bar	Taco or Nachos
		Veggie Burger	Soft Pretzel		Meatballs or Chicken Marinara or White Sauce	Beef or Chicken
	Finger Foods	Pizza	Pizza	Pizza	Pizza	Pizza
		Nachos	Nachos	Nachos	Nachos	Nachos
		Nacho Grande	Nacho Grande	Nacho Grande	Nacho Grande	Nacho Grande
		Chicken Fingers	Chicken Fingers	Chicken Fingers	Chicken Fingers	Chicken Fingers
		Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza
	High School Lunch Prices:	Served with:	Served with:	Served with:	Served with:	Served with:
		Scalloped Potatoes *	Oven Potatoes	Mashed Potato w/ Chicken Gravy *	Potato Smiles	Seasoned Fries
		Seasoned Fries	Chilled Edamame	Seasoned Fries	Stir Fry Vegetables	Tater Tots
Paid Student \$2.85		Baked Beans *	Cinnamon Apples	Steamed Broccoli	Refried Beans	Steamed Cauliflower
Reduced Student \$0.40		Corn	Chilled Pears	Cinnamon Roll *	Chilled Pineapple	Chocolate Chip Cookie
Free Student \$0.00		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Adult \$3.75		Fresh Baby Carrots	Fresh Baby Carrots	Chilled Fruit Cocktail	Fresh Baby Carrots	Chilled Peaches
Visitor \$4.10		Fresh Celery	Fresh Red Peppers	Fresh Baby Carrots	Fresh Grapes	Fresh Baby Carrots
		Fresh Cucumbers	Fresh Cauliflower	Mandarin Oranges	Fresh Broccoli	Fresh Apple Slices
		Rosy Applesauce	Green Leaf Lettuce	Fresh Zucchini	Frozen Fruit Cup	Green Leaf Lettuce
		Green Leaf Lettuce	Fresh Tomato	Green Leaf Lettuce	Green Leaf Lettuce	Fresh Tomato
		Fresh Tomato	100% Juice	Fresh Tomato	Fresh Tomato	100% Juice
		100% Juice	Milk	100% Juice	100% Juice	Milk
		Milk		Milk	Milk	



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Served	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Week of:	Mom's Kitchen	Dill Chicken with Roll Macaroni & Cheese with Roll *	Chicken & Waffles Corn Dog	Popcorn Chicken with Roll * Chicken Chow Mein	Chicken Strips with Roll * Cheese Tamale	Mandarin Orange Chicken with Rice Cheese Lasagna with Garlic Toast
8/19/2019	Sandwich Station 	Chicken Sandwich	Chicken Sandwich	Cheeseburger	Chicken Sandwich	Fish Sandwich
9/2/2019		Spicy Chicken Sandwich	Meatball Sandwich BBQ Pork Sandwich	Cheesesteak Sandwich Spicy Chicken Sandwich	Cheeseburger Veggie Burger	BBQ Rib Sandwich Chicken Sandwich
9/16/2019	Cold Power 	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich	Deli Sandwich
9/30/2019		Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap	Crunchy Chicken Wrap
10/14/2019		Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *	Garden Chicken Salad with Roll *	Chef Salad with Roll *
10/28/2019		PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich	PBJ Sandwich
11/11/2019		Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels	Hummus & Pretzels
12/2/2019		Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola	Yogurt Parfait with Granola
12/16/2019	Carb Station Build Your Own	Build Your Own Cheeseburger Veggie Burger	Build Your Own Appetizer Entrée with Buffalo Chicken Wings, Mozzarella Sticks, or Cheese Quesadilla Soft Pretzel	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco
		Finger Foods 	Pizza	Pizza	Pizza	Pizza
	Nachos		Nachos	Nachos	Nachos	Nachos
	Nacho Grande		Nacho Grande	Nacho Grande	Nacho Grande	Nacho Grande
	Chicken Fingers		Chicken Fingers	Chicken Fingers	Chicken Fingers	Chicken Fingers
	Pizza Hut Pizza		Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza	Pizza Hut Pizza
	High School Lunch Prices: Paid Student \$2.85 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.75 Visitor \$4.10 Fuel up with foods from each food group	Served with:	Served with:	Served with:	Served with:	Served with:
		Tater Tots	Oven Potatoes	Seasoned Fries	Mashed Potato w/ Country Gravy *	Seasoned Fries
		Seasoned Fries	Potato Smiles	Steamed Broccoli	Tater Tots	Fiesta Black Beans *
		Glazed Carrots	Green Beans	Fresh Green Pepper	Chilled Edamame	Sugar Cookie
		Chilled Pears	Chocolate Cake *	Chilled Pineapple	Chilled Fruit Cocktail	Chilled Mandarin Oranges
		Fresh Orange Wedges	Chilled Peaches	Fresh Fruit	Fresh Apple Slices	Fresh Fruit
		Fresh Fruit	Fresh Fruit	Fresh Baby Carrots	Fresh Fruit	Fresh Banana
		Fresh Baby Carrots	Mixed Berries	Fresh Cucumbers	Fresh Baby Carrots	Fresh Baby Carrots
		Fresh Cauliflower	Fresh Baby Carrots	Fresh Grapes	Frozen Mangoes	Fresh Celery
		Fresh Cherry Tomatoes	Fresh Broccoli	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce
		Green Leaf Lettuce	Green Leaf Lettuce	Fresh Tomato	Fresh Tomato	Fresh Tomato
		Fresh Tomato	Fresh Tomato	100% Juice	100% Juice	100% Juice
		100% Juice	100% Juice	Milk	Milk	Milk
		Milk	Milk			

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