



# SHAWNEE MISSION SCHOOL DISTRICT

## High School Lunch Menu 2019-2020



as of 9/5/19

Served	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Week of:	<b>Mom's Kitchen</b>	Spicy Popcorn Chicken with Roll * Chili with Scoops	French Toast Sticks with Sausage Sweet & Sour Chicken with Rice	Chicken Nuggets with Roll * Shrimp Poppers & Cheese with Roll *	Beef Burrito General TSO's Chicken with Rice	Mozzarella Sticks Honey Sriracha Chicken with Garlic Toast
8/12/2019						
8/26/2019						
9/9/2019	<b>Sandwich Station</b>	Spicy Chicken Sandwich Pork Tenderloin Sandwich	Chicken Sandwich Meatball Sandwich BBQ Pork Sandwich	Cheeseburger Cheesesteak Sandwich Spicy Chicken Sandwich	Chicken Sandwich Cheeseburger Veggie Burger	Fish Sandwich BBQ Rib Sandwich Chicken Sandwich
9/23/2019						
10/7/2019						
10/21/2019	<b>Cold Power</b>	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll * PBJ Sandwich Hummus & Pretzels Yogurt Parfait with Granola
11/4/2019						
11/18/2019						
12/9/2019	<b>Carb Station</b>	Build Your Own Cheeseburger Veggie Burger	Build Your Own Appetizer Entrée with Buffalo Chicken Wings, Mozzarella Sticks, or Cheese Quesadilla Soft Pretzel	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco
	<b>Finger Foods</b>	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza
	<b>High School Lunch Prices:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>
		Scalloped Potatoes * Seasoned Fries Baked Beans * Corn Fresh Fruit Fresh Baby Carrots Fresh Celery Fresh Cucumbers Rosy Applesauce Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Oven Potatoes Edamame Cinnamon Apples Chilled Pears Fresh Fruit Fresh Baby Carrots Fresh Red Peppers Fresh Cauliflower Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Mashed Potato w/ Chicken Gravy * Seasoned Fries Steamed Broccoli Cinnamon Roll * Fresh Fruit Chilled Fruit Cocktail Fresh Baby Carrots Mandarin Oranges Fresh Zucchini Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Potato Smiles Stir Fry Vegetables Refried Beans Chilled Pineapple Fresh Fruit Fresh Baby Carrots Fresh Grapes Fresh Broccoli Frozen Fruit Cup Green Leaf Lettuce Fresh Tomato 100% Juice Milk	Seasoned Fries Tater Tots Steamed Cauliflower Chocolate Chip Cookie Fresh Fruit Chilled Peaches Fresh Baby Carrots Fresh Apple Slices Green Leaf Lettuce Fresh Tomato 100% Juice Milk

Menu subject to change due to availability.

\*These items are only available with a school meal and cannot be purchased a la carte.

This institution is an equal opportunity provider.



# SHAWNEE MISSION SCHOOL DISTRICT

## High School Lunch Menu 2019-2020



as of 9/5/19

Served	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Week of:	<b>Mom's Kitchen</b>	Dill Chicken with Roll Macaroni & Cheese with Roll *	Chicken & Waffles Corn Dog	Popcorn Chicken with Roll * Chicken Chow Mein	Chicken Strips with Roll * Cheese Tamale	Mandarin Orange Chicken with Rice Cheese Lasagna with Garlic Toast
8/19/2019						
9/2/2019						
9/16/2019	<b>Sandwich Station</b>	Chicken Sandwich Spicy Chicken Sandwich	Chicken Sandwich Meatball Sandwich BBQ Pork Sandwich	Cheeseburger Cheesesteak Sandwich Spicy Chicken Sandwich	Chicken Sandwich Cheeseburger Veggie Burger	Fish Sandwich BBQ Rib Sandwich Chicken Sandwich
9/30/2019						
10/14/2019						
10/28/2019	<b>Cold Power</b>	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Garden Chicken Salad with Roll *	Deli Sandwich Crunchy Chicken Wrap Chef Salad with Roll *
11/11/2019						
12/2/2019						
12/16/2019						
	<b>Carb Station</b>	Build Your Own Cheeseburger Veggie Burger	Build Your Own Appetizer Entrée with Buffalo Chicken Wings, Mozzarella Sticks, or Cheese Quesadilla Soft Pretzel	Build Your Own Potato Bar with Cheese or BBQ Pork Specialty Bread	Build Your Own Pasta Bar Meatballs or Chicken Marinara or White Sauce Garlic Toast	Build Your Own Taco or Nachos Beef or Chicken Soft Shell or Walking Taco
	<b>Finger Foods</b>	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza	Pizza Nachos Nacho Grande Chicken Fingers Pizza Hut Pizza
	<b>High School Lunch Prices:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>	<b>Served with:</b>
	Paid Student \$2.85 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.75 Visitor \$4.10	Tater Tots	Oven Potatoes	Seasoned Fries	Mashed Potato w/ Country Gravy *	Seasoned Fries
		Fuel up with foods from each food group	Seasoned Fries	Potato Smiles	Steamed Broccoli	Tater Tots
		Glazed Carrots	Green Beans	Fresh Green Pepper	Roasted Vegetables	Sugar Cookie
		Chilled Pears	Chocolate Cake *	Chilled Pineapple	Chilled Fruit Cocktail	Chilled Mandarin Oranges
		Fresh Orange Wedges	Chilled Peaches	Fresh Fruit	Fresh Apple Slices	Fresh Fruit
		Fresh Fruit	Fresh Fruit	Fresh Baby Carrots	Fresh Fruit	Fresh Banana
		Fresh Baby Carrots	Mixed Berries	Fresh Cucumbers	Fresh Baby Carrots	Fresh Baby Carrots
		Fresh Cauliflower	Fresh Baby Carrots	Fresh Grapes	Frozen Mangoes	Fresh Celery
		Fresh Cherry Tomatoes	Fresh Broccoli	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce
		Green Leaf Lettuce	Green Leaf Lettuce	Fresh Tomato	Fresh Tomato	Fresh Tomato
		Fresh Tomato	Fresh Tomato	100% Juice	100% Juice	100% Juice
		100% Juice	100% Juice	Milk	Milk	Milk
		Milk	Milk			

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