

Sample menu

Breakfast	Lunch	Dessert	Supper
Cereals, fruit juice, yoghurts, toast, tea and coffee	Homemade soup of the day with homemade bread	Sticky toffee pudding and custard	Homemade soup of the day
Grilled bacon, Grasmere sausage, baked beans and hash brown	Wrap bar with a selection of four fillings	A selection of cold desserts	Pasta bar with choice of three sauces
Grilled tomato, fried egg	Chorizo and tomato cod loin with crushed new potatoes and sweetcorn	Cheese and biscuits	Roast loin of pork carvery with stuffing, apple sauce and gravy
	Cajun chicken breast, savoury rice and stir fried vegetables	Fresh fruit	Roast potatoes, baton carrots and cauliflower cheese, braised red cabbage
	Bean enchiladas, nachos, sour cream and salsa		Cheddar cheese soufflé
	A selection of four meat/fish choices and sixteen composite salads with a selection of dressings		Belgian waffles with assorted toppings and chocolate sauce
			Fresh fruit, cheese and biscuits