

# A Guide to Recycling

Connecticut now has a universal list of what belongs in your recycling bin and what doesn't. All items should be **empty, rinsed, clean** and **open**. Do **not** shred, box, bag or bundle. To learn more, go to [RecycleCT.com](http://RecycleCT.com)

## What's IN?

## What's OUT?

### PAPER

- Cardboard & boxboard
- Food & beverage cartons
- Junk mail
- Magazines & newspaper inserts
- Newsprint
- Office paper
- Pizza boxes

- Gift wrap & gift bags
- Ice cream containers
- Paper cups (hot & cold)
- Shredded paper
- Take-out food containers
- Tissue paper

### GLASS

- Beverage bottles & jars
- Food bottles & jars

- Ceramic mugs & plates
- Drinking glasses

### METAL

- Aerosol containers (food grade only)
- Aluminum foil
- Cans & bottles
- Foil containers
- Metal lids from cans & bottles

- Aerosol containers (deodorizers, cleaners, pesticides, etc.)
- Foil tops from yogurt containers
- Paint cans
- Pots & pans
- Small pieces of scrap metal
- Spiral wound containers

### PLASTIC

- Plastic bottles (with or without caps attached)
- Plastic containers, tubs & lids
- Plastic one-use cups (no lids, no straws)

- Loose bottle caps
- Plastic bags & wrap
- Plastic plates, bowls & utensils
- Prescription bottles
- Single-use coffee containers
- Styrofoam cups, containers & packaging peanuts
- Water filters





# Recycling Guide



Only these items in recycling



## Glass

Bottles & Jars



## Cans

Steel, Tin & Aluminum

All items must be empty of liquids, free of food waste & placed loose in bin.



## Plastic Containers

Bottles, Tubs & Jugs



## Cardboard & Cartons

Flatten Boxes.



## Paper

Newspapers, Office Paper, Junk Mail, Magazines & Phone Books

# DO NOT PUT INTO RECYCLE CART

No pool toys, floats, noodles, tubes, rubber mattresses

No motor oil or anti-freeze containers

No tarps

No vinyl or aluminum siding

No hangers

No tool boxes

No coolers

No traffic cones, rubber items

No tires

No plastic bags

No PVC furniture, PVC pipes, drain pipes, fiberglass items

No flower pots or trays

No computers or other electronics

**No electric appliances • No electric toys**  
**No battery-operated items • No electronics**  
**No bags • No rubber items**  
**No small plastic containers or bottles**  
**No dirt • No garbage**  
**No PVC ♻️ • No Polystyrene (Styrofoam™) ♻️**

Put All Your Recyclables In One Container!

# Single Stream Recycling

Programa de Reciclaje

## Unacceptable Items / Articulos No Recyclables:

**\*\*\*NO PLASTIC BAGS, PLEASE DO NOT BAG YOUR RECYCLABLES\*\*\***

**Unacceptable Paper** – Wax paper, soiled paper, soiled napkins & paper towels, pet food bags & dryer sheets.

**Unacceptable Plastics** – Any plastic that doesn't have a number on it. (Examples – garden hose, trash and ziplock bags, cereal box bags, bubble wrap, clear plastic wrap, potato chip bags, single cheese wrappers, soiled plastic bottles and bags.

**Unacceptable All Styrofoam** – While it may seem recyclable, there is not enough material left after breaking it down to make a new product. TIP – bring your own container to avoid having to use Styrofoam.

**Unacceptable Aluminum** – Soiled aluminum foil, soiled tin cans, no frying pans.

**Unacceptable Cardboard** – Soiled pizza boxes and soiled cardboard. (Examples – grease, mold, paint)

**Unacceptable Glass** – Windowpane glass, plated glass (windshield glass)



**Plastic Bags**  
Bolsas de Plasticas



**Plastic Packaging**  
Envases de Plastico



**Garbage**  
Basura

## Acceptable Items / Articulos Recyclables:



**Magazines**  
Revistas



**Junk Mail**  
Correspondencia no Solicitada



**Office Paper**  
Papel de Oficina



**Phone Books**  
Directorios de Telefono



**Paper Bags**  
Balsas de Papel



**Newspapers**  
Periodicos



**Plastics #1 - #7**  
Botellas de Plastico



**Cardboard (Flatten)**  
Carton



**Aluminum (Cans)**  
Latas de Aluminio  
Papel Aluminio



**Paperboard**  
Food/Milk/Juice Containers  
Cartoncillos



**Metal Cans/Containers**  
Latas de Metal



**Glass Bottles & Jars**  
Botellas de Vidrio