



19th April, 2019

### U19 BSME Triathlon 2019

Dear Heads of PE,

Following on from the success of last year's triathlon event, Kuwait English School would like invite students from your school to participate in the British Schools in the Middle East (BSME) Under 19 Triathlon 2019. The event will take place on Saturday 26th October. The event itself forms part of a larger competition run by Flying Start which sees over 600 participants across the GCC, including several International athletes taking part in a fun, friendly and competitive environment.

Each school can enter as many individuals and/or teams into the BSME Under 19 Triathlon as they like. The cost for a team is 45 Kuwait Dinars (KD) and for an individual is 30KD (this price is the "Early Bird price and increases after May 31st). Individuals and teams must register and pay at [www.theflyingstart.com](http://www.theflyingstart.com). The BSME Under 19 Triathlon falls under the "sprint" event which comprises:

- 750m open water swim
- 20km bike
- 5km run

Students can participate in the male individual, female individual, male team, female team and mixed team categories.

The competition fee covers entrance to the event. If you require transportation, accommodation or other logistical support please indicate this upon registration and I will do my very best to assist you in these matters.

If you would like to attend the event, please fill in the registration form via this link: <https://forms.gle/bgSS58U9we6LgHEdA>. Registration for the event will close on 30th Sept. If you have any further questions, please do not hesitate to contact me.

Kind  
Regards,

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