

All School News

Watermelon Supper and Fall Sports Kick-Off

We look forward to seeing you tonight at the annual Watermelon Supper! This fun, free family event will begin **at 5:00 p.m. on the Wildcat Football Field**. We hope all of our Wildcat Families -- from every school in every grade -- will join us as we kick off our school year and fall sports seasons! We will be serving up hot dogs, watermelon, and Wildcat Fun!

Concession Stand Volunteers Needed!

Dear Episcopal Collegiate School Families,

Please use the following [Sign-Up Genius link](#) to volunteer for concession and gate service for fall sports.

Since the income is contributed to the general budget to benefit all Episcopal students, we are asking all families to sign up to volunteer for a shift or two. You may always trade your shift and make the change on Sign-Up Genius, no sweat and no need to contact anyone other than the person who is taking your shift! We just ask the family whose name is originally on each shift to be responsible for serving or finding their own replacement to serve. Sign-Up Genius will send you a confirmation e-mail for your calendar, and will follow-up with a reminder two (2) days before your shift. Students in grades 6-12 may sign-up for shifts to earn Community Service Hours; however, you must be 16 years of age to work without an adult. In addition, due to the small confines of the concession stand area, we ask that no more than two students of any age be in the work area at any given time.

Please, when possible, sign up for the earliest calendar dates first.

Go, Wildcats!

Lower School

A Note from Mrs. Schuhmacher

With our first full week nearly in the books, it appears that students, teachers, schedules and even carpool are in full sync and off to a great start! Our PreK

students joined us this week, and we are so happy to have their smiling faces in the building.

I wanted to highlight a really neat experience Ms. Ragon's fifth-grade class enjoyed this week. Students were encouraged to interview for a classroom job. [Click here to read Charlie Radtke's report](#) on his experience with the interview process from dressing the part, to prepping his qualifications, and sealing the deal with a strong handshake. I'm so proud of our students and teachers for these opportunities.

We hope you will join us tonight as we celebrate our Fall sports teams at the annual Watermelon Supper. For those of you new to Episcopal or new to Watermelon Supper, this is a fun family event for all ages. There will be a watermelon rolling contest down the football field, lots of time for kiddos to run around with their friends, and an opportunity for you to connect with Episcopal families across all three divisions. No tickets or purchases are needed, so please just come and join the fun!

Tomorrow, our PSL cheerleaders and football players will take on Little Rock Christian white team at 10:30 a.m. here at Episcopal. We hope you will come and cheer them on as they compete in their first PSL game of the season. Go, Wildcats!

Sincerely,

Catherine Schuhmacher

Head of Lower School

Chapel News

This week in Godly Play we are exploring the first creation story in Genesis. The theme of our lesson is creation as a good gift and how we can show respect, reverence, and responsibility toward the world around us. We will also draw upon our opening symbol of the gift of light to talk about the goodness and love of God.

Wednesday, September 4, is our all school Convocation Service beginning at 9:15 a.m. in the Championship Gym. This is a special celebration of the beginning of the school year and also

includes the presentation of the Jackson T. Stephens Lower School Teacher Award. The Rev. Elizabeth McKeever-Henry, an Episcopal Collegiate alumnus, will be our guest speaker. Please join us if you can for this wonderful Episcopal community service and Holy Eucharist.

In our upcoming Community Chapel on Wednesday, August 28, Dr. David Perkinson, Head of School, will be talking about the opening of this new school year. Parents are always welcome in chapel.

Chapel Readers: **Mei Borg, Isabel Bright, and Rhett Braunecker**

Cantors: **Tiana McGehee, Claire Lammers, and Charlie Radtke**

Blessings,

Mother Curtis+

Lower School Chaplain

Wildcat Warehouse

The Wildcat Warehouse will now offer youth size, uniform approved outerwear and spirit wear t-shirts for purchase in the Lower School Commons storefront area until 3 p.m. each day. Please see Mrs. Thomas in the Lower School office for assistance or email orders@episcopalcollegiate.org.

Girls on the Run Registration Open

Girls face social pressures and conflicting messages about how they should act and who they should be. Studies show that by adolescence, girls' confidence drops about twice as much as boys. Friendships become more complicated and challenging, girls' perception of their academic ability declines, the likelihood of anxiety and depression increases and participation in physical activity plummets. **It doesn't have to be this way.**

We believe that **EVERY GIRL** is inherently **FULL OF POWER** and **POTENTIAL**. By knowing they are the leaders of their lives, these are the girls who **WILL CHANGE THE WORLD**.

The Episcopal GOTR teams meets Mondays and Thursdays from 3:15 - 4:45 p.m. The season begins September 5 and the end of the season GOTR 5k will be held on the afternoon of Sunday, November 24.

Register

here: <https://www.raceplanner.com/register/index/FCU77H1TP1XHMCI?sid=74f4a7c406144866b92e68112d342a0e>

Teams sizes are limited. Learn more and find links to registration at www.gotrcentralark.org

[Jenny Kelly](#), Director

Girls on the Run of Central Arkansas

Library Volunteers Wanted

Calling all Episcopal bookworms! Mrs. Linder would love your help in the Lower School library this year, and will be hosting two informative orientation sessions next week. The days and times are listed below. The biggest task that Mrs. Linder will consistently need help with is shelving books. If you are interested in volunteering, please plan to attend one of these short orientations. Even if you have volunteered in the past, we ask that you attend, as Mrs. Linder has made some layout/shelving changes over the summer to make our beautiful library even more fabulous! These brief meetings will take place in the Braunfisch Stella Boyle Smith Lower School Library. Also below, you will find a copy of the 2019-20 Lower School library schedule. [Here](#) you can find the day/time each week that your child's class visits the library. This will help you determine if your schedule will allow you to volunteer during that time. Be on the lookout for a Sign-Up Genius link in next week's Wildcat Weekly. We wanted to make sure that anyone interested in volunteering had the opportunity to attend one of the sessions next week.

Library Orientation Sessions

Tuesday, August 27 7:45 - 8:05 a.m.

Thursday, August 29 3:00 - 3:20 p.m.

Thanks so much,

Megan Janes & Melissa Riley

Lower School Library Volunteer Coordinators

School Picture Day

Individual student pictures will be taken on Wednesday, September 4. All students will be required to wear Dress Uniform, Option A. Click [here](#) to see what is needed for Dress Uniform.

If you would like to go ahead and order your child's picture packet, please click [here](#) and then enter our school ID **EVTDR8CPW**. You will then be asked to enter your child's name and grade. Paper picture packets have been sent home in backpacks.

Wildcat Chorale

Wildcat Chorale Begins Tuesday, August 27 at 3:15 p.m.

All fourth and fifth graders are warmly invited to sing with Wildcat Chorale. We meet on Tuesdays from 3:15 - 4:30 p.m. Members will have fun singing, learning music and technique, creating beauty, spreading joy, and going on several field trips representing the Lower School. We perform concerts, are featured in the Christmas Programs, and chapels. Return your permission slip to Mrs. Clark (yellow sheet in take-home folder).

Come have a blast singing with us!

Lower School Music Students Make a Difference for Kenya

When Lower School students finish fifth grade music (over the last two years) they have the option to donate their recorders to a wonderful cause, [Recorders without Borders](#).

Last year, we sent about 100 used recorders to this program. The recorders will be sent to a school Kenya, Africa in Summer 2020 along with a teacher.

Recorders without Borders facilitates a cultural exchange between students in the U.S. and developing countries through the gift of musical instruments. We will receive a personalized email notifying us of the story of our recorders so we can understand the impact of our generosity.

Here is our first notice:

"Hi Karen!! Thank you for the beautiful, clean recorders!! We are so grateful and looking forward to sharing them next summer with students in Kenya! We wish you all the very best! In gratitude, love, and music. -Lynn"

We will let you know when the recorders reach Kenya!

Mrs. Clark

Counseling News from Mrs. Abbott

I am excited to have our first Parent Roundtable on Tuesday, September 3 at 12:00 p.m. in the Lower School conference room! I look forward to having engaging, supportive, and informative discussions with you all throughout the year. I would love to have an open discussion this first meeting about what topics you may be interested in and any ideas you have that can help you get the most from our roundtables. We will also be discussing adjusting to a new school year and what helps to make these big transitions easier. Please don't hesitate to reach out if you have any questions or comments! [You can email me here.](#) I look forward to a great year and being an extra support and resource to the students and families!!

Betsy Abbott

Lower School Counselor

Super Sessions

Registration is now open for all fall Super Sessions. Click [here](#) to register.

Our Super Session highlight of the week is Hip Hop Dance Party!

Dates: September 9, 2019-May 18, 2020

Day: Monday

Grade/Time: PreK3-K, 3:30 PM-4:00 PM, 1st-5th, 4:00 PM-4:30 PM

Location: Upstairs Commons

Cost: \$738.00, will be broken down into 9 monthly payments

Instructor: Sheri Caveness

Description:

Hip Hop Dance Party Class is a fun way for children to get moving while learning the basics of dance!! Class starts with a warm-up, and then shifts to skills used to strengthen the core muscles necessary for body control and proper technique! Then students will start hip-hop dances moves and combinations/choreography to develop the expressive abilities for each dancer! Your child will have a blast while getting a great workout and increasing their memory skills and coordination.

The instructor of this course is Sheri Caveness, Sheri is from Little Rock and has dedicated her life to dance. Dancing since the age of three, she followed her passion and went on to pursue a formal education in Dance at Oklahoma City University. After obtaining her bachelor's degree in Dance she moved back to Little Rock and co-owned Tommie's Dance Academy for twenty-eight years.

Please contact [Morgan Dlouhy](#) or [Emma Daily](#) if you have any questions regarding Wildcat Club or Super Sessions. The Wildcat Club emergency contact number is 501.804.6649.

Pride Patrol

Each week, ten fourth and fifth-grade students will be assigned to assist with morning carpool duty. They will open doors, greet students, and those assigned to the Pre-K area will walk students to their classrooms. Students will be assigned to either K-5 carpool or Pre-K carpool and will need to be ready to start at 7:30 a.m that entire week. Students assigned to Pre-K will read morning announcements the following week. If there is a week that your child is assigned and he or she is unable to attend each day at 7:30 a.m., please email [Tonya Thomas](#) and we will find a replacement. This is an excellent opportunity for students to be leaders in our school and start other students' day with a pleasant greeting.

Pride Patrol students assigned for next week, Monday, August 26 - Friday, August 30 are:

Pre-K Carpool: Phillips Blair, Isabel Bright, Eli Dellimore, Miles Dockery, Sully Dockery

K-5 Carpool: Emily Benton, Mei Borg, Finn Brister, Granger Colclasure, Thomas Hester

Mark Your Calendar

Monday, August 26

- PSL Football Practice, 3:45 - 5:15 p.m.
- PSL Cheer Practice, LS gym, 4:15 - 5:15 p.m.

Tuesday, August 27

- PSL Football Practice, 3:45 - 5:15 p.m.

Wednesday, August 28

- Community Chapels
 - PreK 3, 8:45 - 9:00 a.m.
 - PreK 4, 8:25 - 8:40 a.m.
 - Kindergarten, 9:10 - 9:25 a.m.
 - 1st-5th, 10:45 - 11:15 a.m.

Thursday, August 29

- PSL 5th Grade Volleyball practice, LS gym, 3:30 - 5:00 p.m.
- PSL Football Practice, 3:45 - 5:15 p.m.

Friday, August 30

- PSL Football Practice, 3:45 - 5:00 p.m.

Find the [LS Calendar](#) here.

Middle School

A Note from Dr. McCormick

Dear Parents,

As I shared with our faculty and new Middle School families, our job is to know your kids and love your kids (though not indulge them), and everything we do flows from this orientation. This week we continued getting to know and helping our students, while also building a strong school climate (which really never stops). At Monday's Morning Meeting, I highlighted the importance of self-management and social awareness to being successful and fulfilled. We defined self-management as how well we manage our emotions, thoughts, and behaviors in different situations. Social awareness means how well we

consider the perspectives of others and empathize with them. I further discussed how we will help one another in strengthening these areas by taking breaks when faculty suggest it so that we can regroup without penalty and complete the class, activity, or day in good standing. Moreover, these are skills that adults practice in their everyday lives to help us be in control and be positive and kind community members. In our classrooms, too, I have noticed teachers focusing on skill building, e.g., sixth grade teacher Mr. Tamo teaching the mind map style of note-taking, one of a few note-taking techniques that we teach students. All in all, this group of kids is a terrific bunch; they are well-mannered and, like their teachers, happy to be here!

Chuck McCormick

Head of Middle School

Opening Middle School Social - TONIGHT, 7:00 - 9:00 p.m.

This event is open to all Middle Schoolers, though no guests, and it will be held in the MS/US Dining Hall and Championship Gym. Dress is casually appropriate, and we ask that you please pick up your child promptly at 9:00 p.m., as this is a long day for our faculty!

Upcoming Events

September 2 - Labor Day – No School

October 10 - Family/Teacher conferences (No classes or activities, but students should participate in Middle School conferences with parents/guardians.)

Find the [MS Calendar](#) here.

Upper School

A Note from Mr. Urquhart

Thanks to everyone who was able to join us last night for our Upper School Back to School Night! I enjoyed getting the chance to talk with so many of you, and I know that our teachers appreciated getting to share some of their plans for the school year with you. I'm grateful to be part of a school where there's such strong parent support for the work we do with students, and I appreciate the commitment that every member of our school community has to our students and their futures.

We are asking that senior parents join us next Monday evening to talk about the college application process. Ms. Morgan will lead this session, which will begin at 5:30 p.m. in room 215 of the Upper School. Because of the importance of the college application process, we expect that at least one parent of each senior will join us for this meeting.

For students who need to arrive early to campus, please remember that the MS/US Dining Hall opens every morning at 7:00 a.m. Students shouldn't arrive on campus earlier than 7:00 unless they are working directly with a teacher or coach. Similarly, for students who need to remain on campus after school hours, the Upper School's Simpson Library is open until 6:00 p.m. on school days. We ask that Upper School students who remain on campus after 4:00 p.m. join Ms. Ware or Ms. Linna in the Simpson library unless they are working with another teacher or coach.

Troy Urquhart

Head of Upper School

College Counseling

The Senior Parent College Counseling Workshop will be held on Monday, August 26 at 5:30 p.m. in US Room 215. Parents, please bring a laptop or a smartphone to load the Scoir app.

Arkansas Children's Hospital ACHiever Program Accepting Applications

Calling all ninth graders: The ACHiever program is accepting applications for ninth grade girls and boys. The program gives participants a true understanding of the many career opportunities in the healthcare industry, while also learning the importance for volunteerism and philanthropy. Throughout the year, the ACHievers will tour different areas of the hospital and volunteer for various ACH Auxiliary and Foundation projects. The program begins in September with orientation and educational sessions beginning in October, and will take place on Monday nights each month from 5:30 to 6:45 p.m. through April 2020. Learn more by visiting: www.giving.archildrens.org/auxiliary or contact Corey Huffty at 501-376-1477 or HufftyCL@archildrens.org.

Upcoming Events

August 26 - Senior Parent College Meeting, 5:30 p.m.

September 2 - Labor Day – No School

October 10 - Family/Teacher Conferences

Find the [US Calendar](#) here.

Athletics

What an exciting time to be a Wildcat!

Golf started the athletic season off this week, and the other fall teams are not far behind. All of the hard work the students have been doing behind the scenes, will now start to be on public display, and Episcopal Collegiate could not be represented by better people than our students and coaches. Hopefully you can join everyone at the family reunion, some call it the Watermelon

Supper. I like to think of it as a time in which the whole family of fall sport Wildcats get together. Tonight, is their time to shine, from the PSL teams, all the way through the varsity teams, the students will be celebrated and applauded for the way they represent the school. It is a special time when you get to see this many teams in one night. I encourage you to join us for the Watermelon Supper, find a student that you don't know, and talk to them. Ask them what they play? Why do they play that sport? I love to ask the second question. Something about listening to a young person talking about something they love is always inspiring. This week more teams will be kicking off their season. The Varsity Wildcat Volleyball team goes on the road twice, and the seventh, eighth, and ninth grade teams open up at home against Conway Christian. We hope to see you tonight, and throughout the season. Our students do a lot for our school, so when you see them tell them thank you for the way they represent our school. We have a great family of Wildcats!

Coach Smith

Director of Athletics

Upcoming Games

Monday, August 26

- Boys and Girls Varsity Tennis - Fountain Lake, 4:00 p.m. - HOME

Tuesday, August 27

- Boys and Girls Varsity Golf - CAC, 3:00 p.m. - Burns Park
- Boys and Girls Varsity Tennis - Baptist Prep, 4:00 p.m. - HOME
- Girls Junior Varsity Volleyball vs. Perryville, 4:30 p.m. - AWAY
- Girls Varsity Volleyball vs. Perryville, 5:30 p.m. - AWAY

Wednesday, August 28

- Boys and Girls Middle School Tennis - Anthony School, 4:00 p.m. - HOME
- Girls Junior Varsity Volleyball vs. Conway St. Joe, 4:30 p.m. - AWAY

- Girls Varsity Volleyball vs. Conway St. Joe, 5:30 p.m. - AWAY

Thursday, August 29

- Boys and Girls Varsity Golf - Harding Academy at River Oaks, 3:30 p.m.
- Girls 7th Grade Volleyball vs. Conway Christian, 4:30 p.m. - HOME
- Girls 8th Grade Volleyball vs. Conway Christian, 5:30 p.m. - HOME
- Girls 9th Grade Volleyball vs. Conway Christian, 6:30 p.m. - HOME

Find the [Wildcat Athletic Calendar](#) here.