




# FASRI September Menu



Monday	Tuesday	Wednesday	Thursday	Pizza Friday	Nutrition Facts
	<p><b><i>Bienvenue FASRI students and parents! Cafe de Vie is proud to serve you .</i></b></p>		<p><b><i>Students will have a choice of 1% low fat Milk Chocolate Milk or Water.</i></b></p>	<p><b><i>International Day is available for all students. Please purchase tickets in the main office.</i></b></p>	
	<p>3. Turkey &amp; Cheese Baguette Tomato &amp; Zucchini Bake Fruit &amp; Cheese</p>	<p>4. <u>Brunch for Lunch</u> Pancakes Sausages Fruit Yogurt</p>	<p>5. Swedish Meatballs Buttery Egg Noodles Dinner Roll Mixed Veggies Applesauce</p>	<p>6. Cheese or Pepperoni Pizza Pasta Salad Chef's Salad Chocolate Chip Cookie</p>	<p><b><i>All of our recipes are prepared with fine and fresh ingredients and exceed the USDA nutrition requirements</i></b></p>
<p>9. Baked Chicken Tenders French Roll Mixed Veggies Chocolate Pudding</p>	<p>10. "lazy Man Perogie" Egg Noodles with Cabbage &amp; Keilbasa Sweet Peas Applesauce</p>	<p>11. Grilled Cheese On Whole Grain Bread Tomato Soup Baby Carrots Watermelon Wedge</p>	<p>12. <u>International Day!</u> Chinese Sesame Chicken Vegetable Lo Mein Egg Roll Mandarin Orange</p>	<p>13. Cheese or Pepperoni Pizza Pasta Salad Chef's Salad Chocolate Chip Cookie</p>	
<p>16. Tortellini Carbonara French Dinner Roll Field Greens Tropical Fruit</p>	<p>17. Chicken Français Brown Rice Les Petite Pois w/ Onion Fruit &amp; Cheese</p>	<p>18. French Meat Pie Sliced Bread Fresh Broccoli Fresh Apple</p>	<p>19. Beef &amp; Cheese Soft Tacos Fiesta Topping Bar Corn Niblets Pineapple Tidbits</p>	<p>20. Cheese or Pepperoni Pizza Pasta Salad Chef's Salad Chocolate Chip Cookie</p>	<p><b><i>Let's COMPOST!</i></b> <b><i>All students may dispose of their compostable waste, such as apple cores, banana peels, veggies into the designated compost bin. Our garden thanks you!</i></b></p>
<p>23. Meatball Grinder w/ Mozzarella Cheese on a wheat roll Fresh Green Beans Mandarin Oranges</p>	<p>24. All Beef Hot Dog Baked Beans Corn Bread Seasonal Fruit</p>	<p>25. Sausage &amp; Rice Casserole Glazed Carrots Fruit Cup</p>	<p>26. Penne Marinara Focaccia Bread Cauliflower &amp; Broccoli Blueberry Tart</p>	<p>27. Cheese or Pepperoni Pizza Pasta Salad Chef's Salad Chocolate Chip Cookie</p>	<p><b><i>Fresh Fruit Available Daily</i></b></p> 